

# NATIVE FITNESS XIV

NIKE WORLD HEADQUARTERS  
BEAVERTON, OREGON

## Why Should You Attend?

- Receive skills in basic aerobic training
- Learn creative fitness training techniques
- Learn culturally specific approaches to health & wellness
- Certificate of Completion (upon request)



## Who Should Attend?

- Diabetes Coordinators
- Tribal Fitness Coordinators
- Community Wellness Trainers
- Youth Coordinators
- Tribal Leaders

# SAVE THE DATE

AUGUST 30-31, 2017

Western Tribal Diabetes Project \* Northwest Portland Area Indian Health Board

Toll Free: 1-800-862-5497 \* Email: [wtdp@npaih.org](mailto:wtdp@npaih.org)



Northwest Portland Area  
Indian Health Board

