

# SAVE-THE-DATE

## 8th Annual THRIVE Conference

### June 25-29, 2018

**WHO:** For American Indian and Alaska Native Youth 13-19 years old

- 1 Chaperone for every 4 youth attending. \*\*Background checks are required for all adults facilitating or attending who did not attend in 2017.
- Activities, materials, lunch and snacks Mon-Thurs. will be provided.
- Travel, parking, lodging, breakfast and dinners are not included.

**WHERE:** To be determined in Portland, Oregon

**LODGING:** Once a location is set we will circulate group rates for a local hotel.

**WHY:** Build protective factors and increase your skills and self-esteem, connect with other young Natives, learn about healthy behaviors (suicide prevention, healthy relationships, etc.) and how to strengthen your nation through culture, prevention, connections, and empowerment!

**WHAT:** This conference will be made up of FIVE (or six) workshop tracks and at registration each youth will need to rank their preference for which workshop they want to be in. Tracks may include: digital storytelling, movement, nutrition, art creation, physical activity, beats lyrics leaders (song writing and production), We Are Native youth ambassador leadership (additional application required), or a science and medical track sponsored by the Oregon Health and Science University.

**NEW WORKSHOPS IN 2018!!**  
Registration (free) will open  
the first week in April!!

**#WeNeedYouthere**

**Contact Information:**

Northwest Portland Area Indian Health Board's project THRIVE  
Celena McCray, project coordinator  
Ph. 503-228-4185 x 270  
Email. [cmccray@npaihb.org](mailto:cmccray@npaihb.org)  
Website. <http://www.npaihb.org/epicenter/project/thrive>

