




Facebook: PSA video found at @nativehealthohsu (<https://www.facebook.com/nativehealthohsu/>). Please share on 5/15/20 or beyond. When sharing, please include the caption below.

We stand with @nativehealthohsu, @weRnative, @wearehealers, and @npaihb in the campaign to Exercise Safe Sweats.

Elders are the foundation of our communities, the living legacies of traditions, and they must be KEPT SAFE. Now more than ever is the time to seek out their wisdom on how we can adapt our ceremonies and practices at home. We must protect the ones we love. Join us in the fight to keeping our #elderssafe #togetherstronger

Instagram: Feel free to choose from the various posts below to whatever suits your individual profile best. Please share on 5/15/20 or beyond. When sharing, please include caption, tags, and hashtags.

Still Photo	Caption	Tags	Hashtags
	<p>Video @nativehealthohsu to learn more The safety of our KNOWLEDGE KEEPERS is under threat. COVID-19 is a sad reminder of our ancestors we have lost to diseases of the past. TRADITION tells us to take care of our Elders. Generations of RESILIENCE have made us stronger. Seek out your Elder's wisdom on how to adapt our ceremonies and practices at home. TOGETHER we can protect our #knowledgekeepers.</p>	<p>@nativehealthohsu @elcuad @wernative @werhealers @npaihb @lukaskorver @onebowlproductions @atribecalledred @thompsonbrotherslacrosse</p>	<p>#protectourelders #keepknowledg ekeeperssafe #covid19 #elderssafe #togetherstronger</p>

	<p>I am being Prayerful by sweating at home to protect my community and the ones I love. Will you join me? TOGETHER... WE WILL... GROW STRONGER.</p> <p>Watch video @nativehealthohsu to learn more.</p>	<p>@nativehealthohsu @elcuad @wernative @werhealers @npaihb @lukaskorver @onebowlproductions @atribecalledred @thompsonbrotherslacrosse</p>	<p>#ceremonyathome #covid19 #sweatathome #togetherstronger</p>
	<p>Video @nativehealthohsu to learn more Our Elders are the foundation of our communities, the living legacies of our traditions, and they must be KEPT SAFE. Now more than ever is the time to seek out their wisdom on how we can adapt our ceremonies and practices at home. We must protect the ones we love. Join us in the fight to keeping our #elderssafe</p>	<p>@nativehealthohsu @elcuad @wernative @werhealers @npaihb @lukaskorver @onebowlproductions @atribecalledred @thompsonbrotherslacrosse</p>	<p>#stayhomesaveslives #practiceathome #covid19 #sweatathome #togetherstronger</p>