

TULALIP HEALING TO WELLNESS COURT

To provide the support and resources necessary for our participants to begin living sober lives and reconnecting with their families, community, and culture.

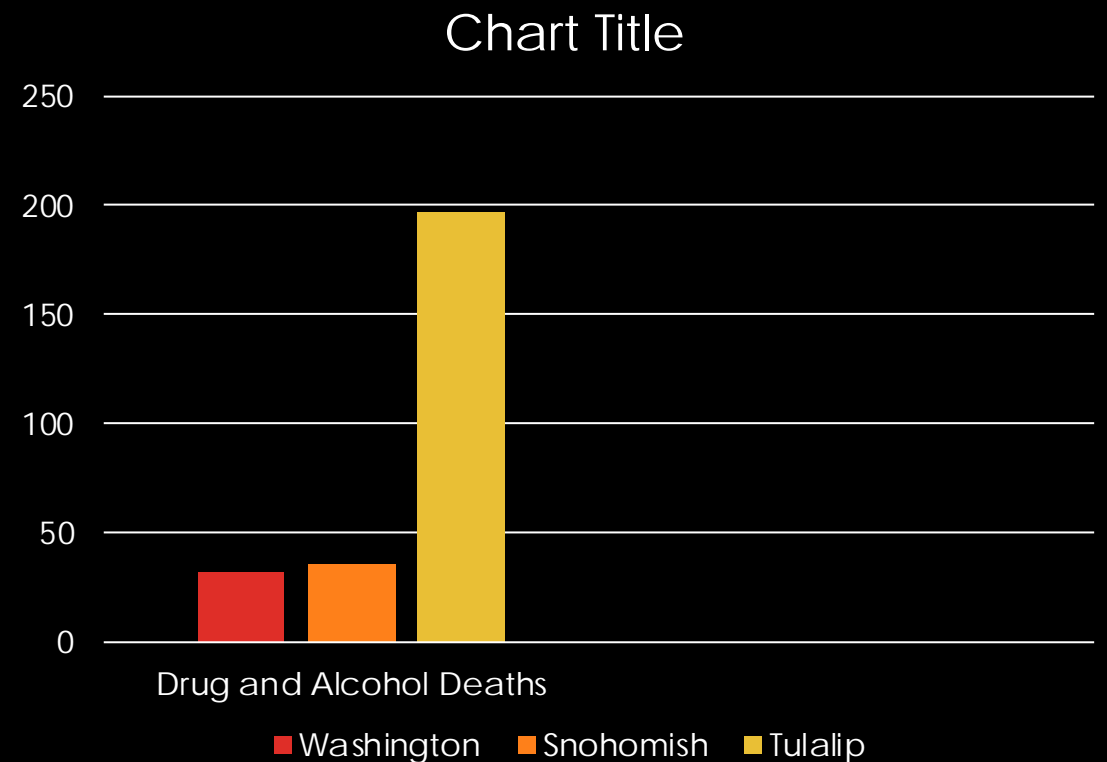


WHY DID OUR COMMUNITY NEED A
HEALING TO WELLNESS COURT?

DRUG AND ALCOHOL DEATHS

2015 Drug and Alcohol Mortality rates

Population	Deaths*
Washington	32.4
Snohomish	35.4
Tulalip	196.8



What is a Healing to Wellness Court

- Culturally-adapted “drug court”
- Research-based model
 - Most effective method of working with drug and alcohol offenders
 - Uses incentives and short/quick sanctions to encourage compliance
 - Research and resources: www.ndci.org
- Uses case management, wrap-around services, and effective supervision to change behavior and lives

TRADITIONAL COURT VS DRUG COURT

Traditional Court

Event Oriented

Offense Specific

The Judge remains neutral

Responsibility equals punishment

Drug Court

Process Oriented

Behavior Specific

The Judge is an interactive participant

Responsibility equals a behavioral change

WHO'S ON THE TEAM?

Wellness Court Team members

- Judge
- Prosecutor
- Defense Attorney
- CD Treatment Provider
- MH Treatment Provider
- Case Manager
- Program Manager
- Law Enforcement
- Research and Treatment Specialist
- Supervision Officer
- Healing Lodge
- Community Member

How does the team work?

- Shared Goals:
 - Participant recovery
 - Community reintegration
 - Reconnect to their Culture
 - Law abiding behavior
- Collaborative decision making facilitated by Judge
- Sharing limited and motivated by individual role and their profession's ethics

STAGES 1-5


Every Stage: Attend Court; 3 support groups a week; comply with curfew; home and filed visits; provide random urinalysis samples; attend cultural activity; journal; meet with case manager; comply with supervision; comply with treatment

Stage 1 – Stabilization

- Physical/Dental assessment
- Identify and address housing barriers

Stage 2 - Accountability

- Moral Reconciliation Therapy (MRT)
- Recovery plan assignment




Stage 3 – Life Skills

- Maintain sober housing
- Thinking for a change classes
- Establish sober network
- Life skills training

Stage 4 – Independence

- Obtain employment (min. 20 hrs per week) or enroll in school (min. 10 credits per quarter)
- Begin community give back hours (40 hours)



Stage 5 – Mastery

- Maintain employment or be attending school
- Complete community give back hours
- Restrictions lifted

COMMENCEMENT CEROMONY – GRADUATION

SANCTIONS

- Verbal warning/admonishment
- Court observation
- Day reporting
- Elders Panel
- Essays
- Community service
- Increased support group meetings
- Life skills assignment
- Team round table
- Jail
- Termination discussion

INCENTIVES

- Gift Cards
- Necklaces/bracelets
- Pins
- Later curfew
- Stage advancement
- Basket items
- Fish bowl drawing
- Certificates of achievement
- Decreased court appearances
- Recognition of praise by the Judge

Stage 1 – Butterfly
symbolizes transformation

Stage 2 – Salmon
symbolizes determination,
renewal, and prosperity

Stage 3 – Whale
Symbolizes emotion, inner
truth, and creativity

Stage 4 - Bear
Symbolizes courage, physical
strength, and leadership

Stage 5 – Eagle
Symbolized divine spirit,
creation, and freedom



TOOLS – RESOURCES FOR PARTICIPANTS

Internal resources

- Healing Lodge
 - Recovery coaching
 - Sweat lodge & cultural programming
- CD & MH Treatment
- Vivitrol and Suboxone
- TERO – Job Training
- TANF
- Thinking for a Change
- Moral Reconciliation Therapy (MRT)

External resources

- Privately operated sober housing
- NWIC and community college
- Goodwill – Job training
- Housing Hope
- Methadone
- NA/AA meetings



THE IMPORTANCE OF INCORPORATING CULTURE

- Restore identity – sense of loss, non-belonging
- Involves community – tribal member designed and delivered
- Promotes a healthy lifestyle and builds a positive self-image
- Compliments treatment services
- Incorporates history and language education
- Assists in preventing relapse



WELLNESS COURTS/DRUG
COURTS SAVE LIVES!

QUESTIONS/COMMENTS

