

Zero Overdose Training and Technical Assistance Services

In-person leadership implementation team consultation: Prior to an in-person consultation with Zero Overdose consultants, organizations are requested to complete a provided organizational readiness survey which will be used to steer the focus of our onsite consultation and training development. While onsite the Zero Overdose consultants will review an organization's readiness assessment and assist leadership in the development of a work plan, implementation team and training curriculum.

In-person staff trainings: Ranging from 2 to 6 hours, small group to department wide, a training curriculum can be developed to meet the staff training needs of an organization.

Webinars: Interactive webinars are an effective way to both provide introductory information, and personalized support following in-person trainings or site visits. Webinars are typically 1.5 hours and recorded. Videos along with other presentation materials are made available for later review. The webinar topics are

Coaching calls: Zero Overdose staff can conduct monthly coaching calls. It is recommended for coaching calls to continue for 6 to 9 months following an onsite consultation and training to discuss work plan progress, overcome challenges and barriers, and to provide topical subject matter expertise.

Trainings

Approaching Overdose as Preventable (webinar or in person 1.5 hours)

- Understanding overdose and overdose prevention
- Why overdose prevention in community health settings
- Identifying your at risk population
- Overdose safety planning
- Overdose care pathways
- Steps to organizational change

Overdose Prevention and Safety Planning

While safety plans have long been a frontline tool to reduce risk of suicide, their adaptation for use with patients at risk of accidental overdose is quickly gaining attention. The OD Safety Plan is a one-page template used to outline individualized overdose risk factors, prevention and coping strategies, as well as supports and resources with patients at risk of accidental overdose. Similarly to suicide safety plans, the OD Safety Plan is developed collaboratively by a patient and their provider and written using patient's own words.



As the developers of the OD Safety Plan, we tailor overdose prevention and safety plan training to meet the needs of our clients. Provider training on use of the OD Safety Plan is typically 2.5 hours, and provided as in-person, or through 2-part webinar. Implementation and sustainability support at the site or organizational level is developed to meet client's unique needs.

Developing an Overdose Care Pathway

Developing and Implementing an Organizational Overdose Care Pathway

* Overdose Care Pathways

- Managing overdose risk from a population health perspective
- Assessing practice readiness, strengths and challenges
- Planning practice change
- Utilization of care teams and health records
- Engaging staff and patients
- Tracking your population
- Responding to crisis
- Continuous quality improvement

Overdose Responder Training and Increasing Access to Naloxone

Naloxone, the emergency medication for overdose reversal is a vital medication used by emergency responders and now, in many states available to patient's at risk of overdose, family members and community members alike. Staff from Zero Overdose received advanced training from the Harm Reduction Coalition in New York City and able to provide a variety of level Naloxone trainings:

Overdose responder training (10-15 minutes)

- Learn how to identify and respond to an overdose using Naloxone
- Appropriate for any level provider, staff, patient or community member

Overdose responder trainer training (45-60 minutes)

- Includes the overdose responder training plus,
- Skills needed to lead a responder training.
- Geared for staff who work directly with patients, or may do community trainings

Increasing access at the site / organizational level (Individualized training / support)

- Assessment of regional resources and organizational readiness
- Developing naloxone policy, procedures and workflow
- Staff training and implementation support



Screening Brief Intervention and Referral to Treatment (SBIRT)

SBIRT is an approach to the delivery of early intervention and treatment to people with substance use disorders and those at risk of developing these disorders. Primary care and behavioral health centers as well as community outreach services provide opportunities for early intervention with at-risk substance users before more severe consequences occur.

Training opportunities as in-person, webinar and follow up coaching calls are available in the implementation of SBIRT for primary care and behavioral health staff. Additional training and support including administrative support for effective and sustainable coding and reimbursement.

Assessing and Managing Suicide Risk (AMSR)

Assessing and Managing Suicide Risk: Core Competencies for Mental Health Professionals (AMSR) is a one-day workshop for mental health professionals that will help them better assess suicide risk, plan treatment, and manage the ongoing care of clients at-risk for suicide. Behavioral health providers play a crucial role in preventing suicides. Yet many providers report that they feel inadequately trained to assess, treat, and manage patients at risk for suicide. As we face increasing prevalence of suicide and overdose AMSR meets providers' need for research-informed, skills-based training.

AMSR is appropriate for all mental health professionals including: social workers licensed counselors, psychologists, psychiatrists.

Medication Assisted Treatment (MAT)

Medication assisted treatment (MAT) is the use of medications in combination with counseling and behavioral therapies for the treatment of substance use disorders. A combination of medication and behavioral therapies is effective in the treatment of substance use disorders, and can help some people to sustain recovery.

We understand that there can be a gap between knowledge of this evidenced based treatment and successful implementation. Today, more than ever, the ability to offer all available treatments to those impacted by opioid use disorders is of critical need.

We bring our expertise in the development and implementation of MAT services in community health settings to provide individualized training and technical assistance at organizational, as well as, provider and team levels.