# Cass Lake IHS Hepatitis C Clinic

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### About Cass Lake IHS

- Located in Northern Minnesota
- Outpatient Ambulatory Care Clinic
  - ▶ 1 physician
  - 4 nurse practitioners
- Active user population of ~12,000 clients
- Pharmacy also serves 4 area tribal clinics
- Services provided
  - Medical
  - Dental
  - Pharmacy
  - Lab
  - Radiology
  - Physical Therapy
  - Podiatry



#### HCV in Minnesota

Persons Living with Chronic HCV in MN by Race Rates (per 100,000 persons\*), 2016



MN Department of Health

### Previous Hep C Treatment Process

#### Refer to outside specialist

- Typically Bemidji, Duluth, Fargo (range from 30 min-2 hours away)
- No further screening/testing done here after Ab/RNA positive
- Often patients referred with only Ab + (Not detectable RNA)
- Patients screened positive and lost to follow up
- Unclear what percentage of patients received care/completed treatment
- Paid for by patient's insurance or purchased referred care
- No medications filled at our pharmacy

## My Background

- Pharmacy School: University of California San Diego
- Pharmacy Practice Residency (PGY1): University of Illinois at Chicago
- ► HIV/Hep C Specialty Residency (PGY2): University of Illinois at Chicago
  - Cook County CORE Center
  - Illinois Department of Corrections: Hep C Telemedicine Program
  - ▶ UIC Hepatitis C Clinic
  - Inpatient liver service
- ▶ JPS Hospital, Fort Worth Texas: Healing Wings HIV Clinic
- ► RISE CLINIC Nigeria

## Getting Started

- My ideas down on paper- July
  - Gathering baseline data
  - How I saw clinic working
  - Current referral process
- Spoke with my manager- July
- Attend NPAIHB training in Portland- September
- Provided lunch and learn to interested providers- October
  - First patients referred days after presentation
- Presented formally to Med Staff meeting- November

#### Pharmacist Run HCV Clinic

- Patient with + HCV antibody and HCV RNA detectable
- Referral to pharmacist
- Initial pharmacy visit
  - Discuss treatment
  - ► Assess readiness/appropriateness for treatment
  - ▶ If ready/willing to be treated order required labs
  - ▶ If not ready for treatment (ex. Substance abuse)
    - Counsel on prevention of transmission
    - Requirements for treatment
- Presentation to project ECHO
- ▶ Initiate prior authorization or Patient assistance
- Start treatment
- Pharmacist monitoring/follow up throughout treatment and SVR
- SVR Counseling
  - ▶ Risk of reinfection
  - Necessary follow up (ex. Cirrhotic patients still require ultrasounds and monitoring for HCC)
  - > Opportunity to discuss other medical issues with motivated patients (ex. Tobacco cessation, diabetes management)



### Recruiting Patients

Currently all patients have been referred by primary care providers

Future

- Lab report for 2017 cases
- iCare panel of HCV + patients

#### Current Clinic Status

#### 14 patients referred

- 1 patient approved- Patient assistance
- 3 patients waiting on insurance approval
- 2 patients pending ECHO presentation
- 4 patients waiting to be scheduled for 1<sup>st</sup> pharmacist visit
- 4 patients not eligible for treatment at this time
  - Insurance restrictions
    - Actively using drugs
    - Waiting to meet sobriety requirements

#### Future Goals

- More dedicated clinic time
- Education to tribal providers
- Go back to historically positive patients
  - ▶ iCare Panel
  - Lab reporting records
- Start needle exchange program
- Incorporate point of care testing into pharmacist clinic
  - Needle exchange
  - OTC Clinic

# Questions?