

# Treatment of HCV

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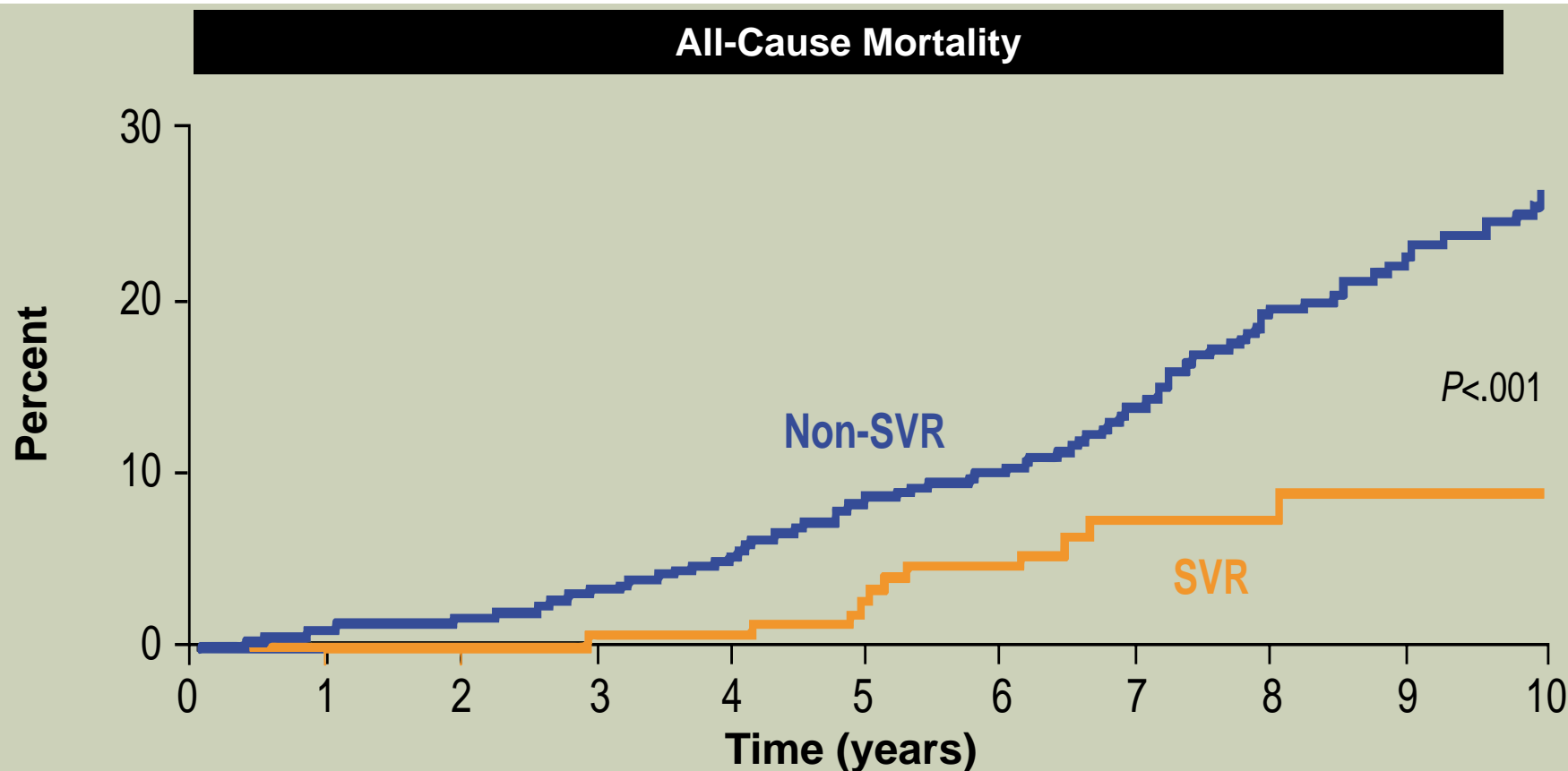
# OBJECTIVES

- Rationale and goals for the universal need of HCV treatment
- Describe FDA approved antivirals used in HCV treatment, their strengths and weaknesses
- Interpret decision trees to determine treatment options

# GOAL OF TREATMENT

*“The goal of treatment of HCV-infected persons is to **reduce all-cause mortality** and liver-related health adverse consequences, including end-stage liver disease and hepatocellular carcinoma, by the achievement of virologic cure as evidenced by an SVR”*

# SVR WAS ASSOCIATED WITH REDUCED LONG-TERM RISK OF ALL-CAUSE MORTALITY IN AN INTERNATIONAL, MULTICENTER STUDY



International, multicenter, long-term follow-up study from 5 large tertiary care hospitals in Europe and Canada. Patients with chronic HCV infection started an interferon-based treatment regimen between 1990 and 2003 (n=530).

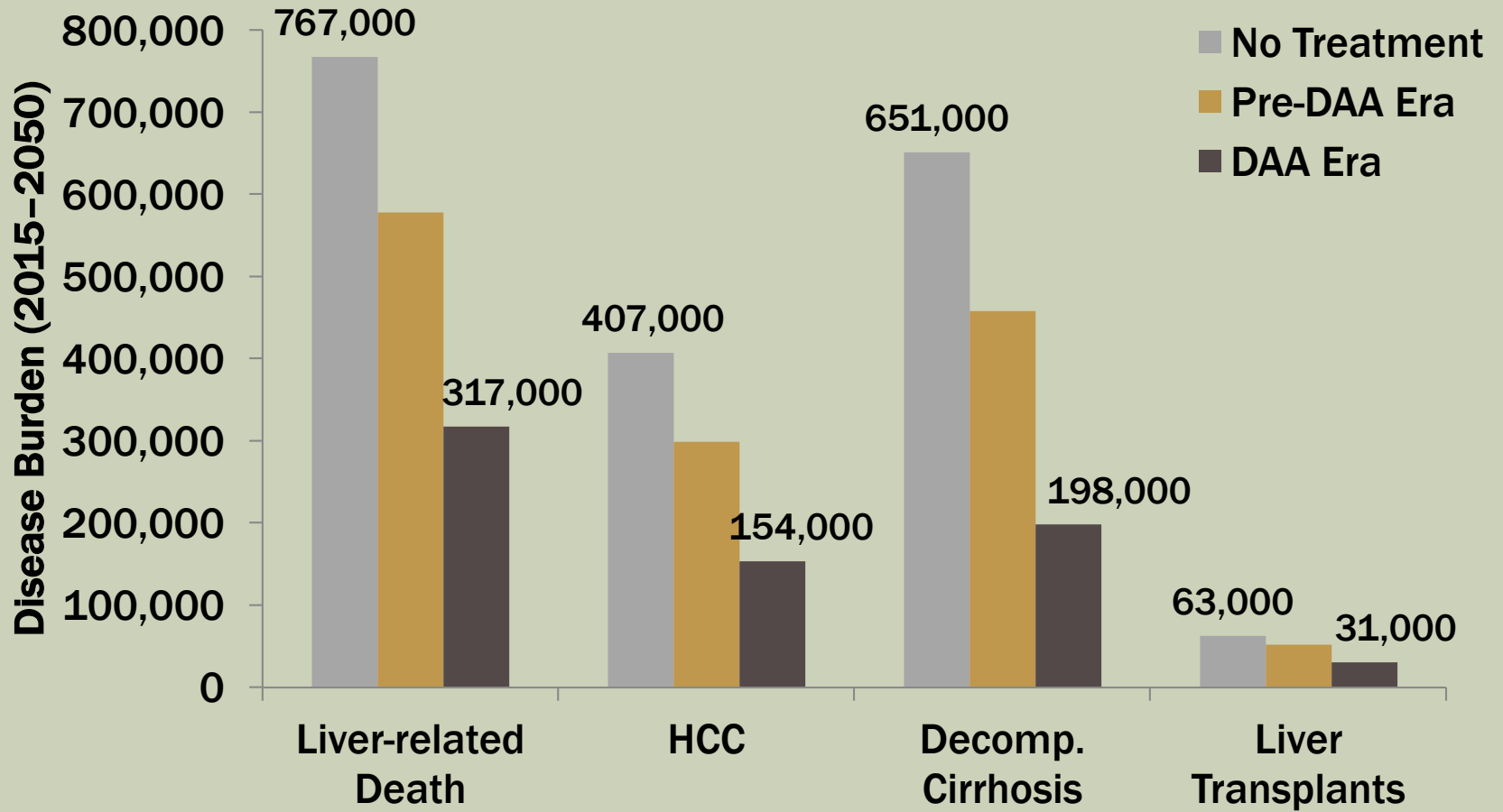
van der Meer AJ, et al. *JAMA*. 2012;308:2584-2593.

# WHY DO WE NEED TO TREAT HCV

- **SVR (cure) of HCV** is associated with:
  - 70% Reduction of Liver Cancer
  - 50% Reduction in All-cause Mortality
  - 90% Reduction in Liver Failure



# HCV-ASSOCIATED DISEASE BURDEN (2015-2050)



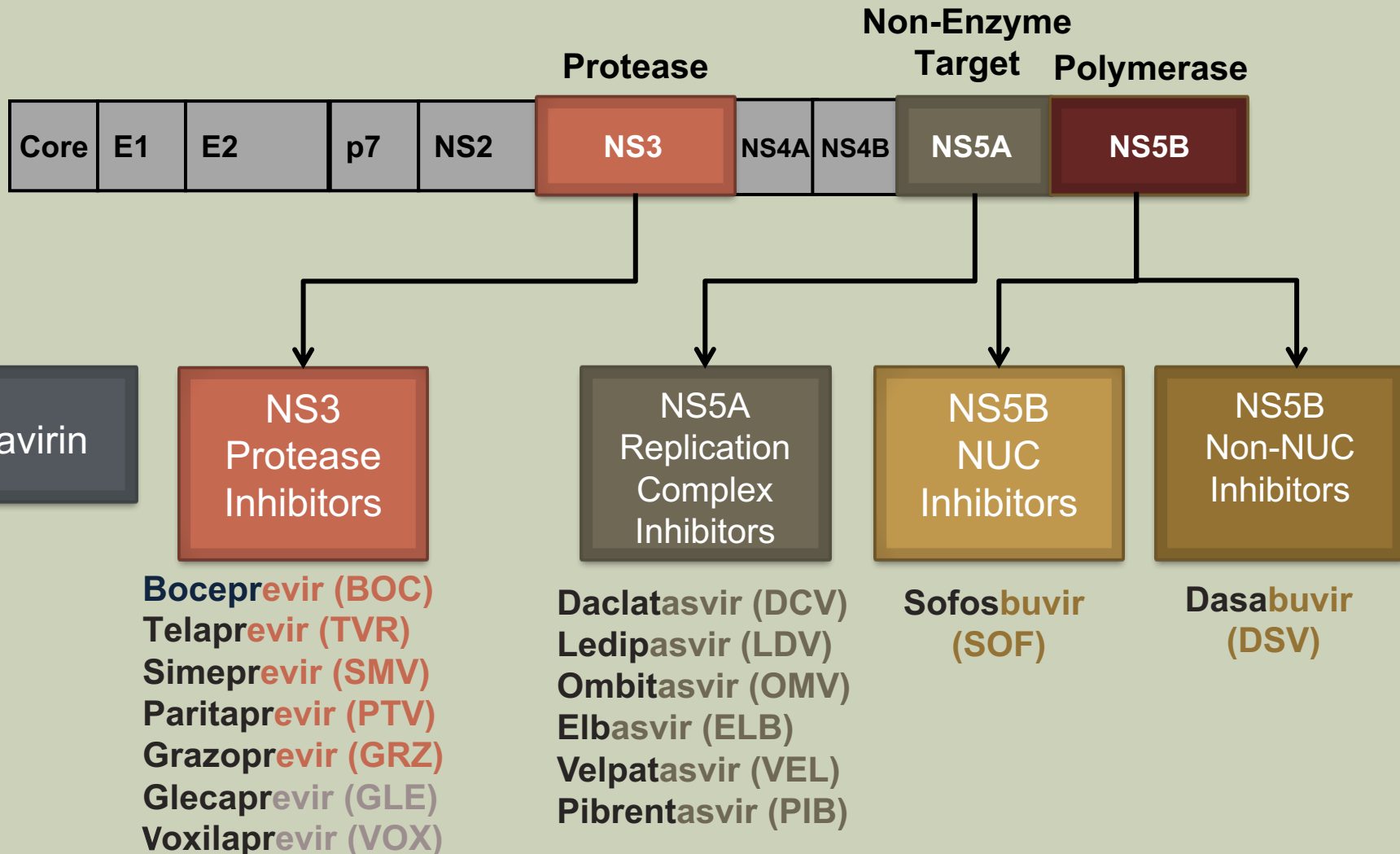
**50-70% reduction in HCV-associated disease burden**

# IMPACT OF TREATMENT COMPARED TO OTHER COMMON DISEASES

- HCV cirrhosis risk = 40% over 30 years
- Hepatocellular carcinoma (HCC) risk in HCV Cirrhosis = 17% over 5 years
- When we **cure 30 patients** with HCV we will prevent:
  - **12 cases of HCV related cirrhosis**
  - **2 case of HCV related HCC**

If we treat 104 patients with hypercholesterolemia with statins (For 5 years), we will prevent **1** first time heart attack and **3/4** of a stroke

# DIRECT-ACTING ANTIVIRAL AGENTS (DAA): KEEPING THEM STRAIGHT





# HCV THERAPIES - DAAS

Medication	NS5B	NS5A Inh	NS3 PI	Other
Sovaldi®	sofos <b>bu</b> vir			
Harvoni®	sofos <b>bu</b> vir	ledip <b>as</b> vir		
Epclusa®	sofos <b>bu</b> vir	velpat <b>as</b> vir		
Zepatier®		elb <b>as</b> vir	grazop <b>re</b> vir	
Viekira Pak®	dasab <b>u</b> vir	ombit <b>as</b> vir	paritap <b>re</b> vir	ritonavir
Daklinza®		daclat <b>as</b> vir		
Olysio®			simep <b>re</b> vir	
Ribavirin				ribavirin
Vosevi®	sofos <b>bu</b> vir	velpat <b>as</b> vir	voxilap <b>re</b> vir	
Mavyret®		pibrent <b>as</b> vir	glecap <b>re</b> vir	

# SOFOSBUVIR (SOVALDI®)



- NS5B nucleotide inhibitor
- Few drug interactions
- Genotypes 1,2,3,4
- **Contraindicated in patients with GFR < 30**
- Most common reported SE
  - Headache
  - Fatigue (with ribavirin)
- **Pangenetic in combination**
  - **Not used as monotherapy**

SE: Side Effects

# LEDIPASVIR/SOFOSBUVIR (HARVONI®)

- Once daily single oral tablet
- Genotype 1 and 4
- Minimal DDIs, no food effect

- 8 week treatment available
  - Naïve/Non cirrhotic/VL < 6 million

- **Do not use in patients with GFR < 30**
- **Avoid use with anti acids**
  - May use with 20 mg of omeprazole *if necessary*

LDV  
NS5A  
inhibitor

SOF - NS5B  
nucleotide  
polymerase  
inhibitor



Approved: Oct 10, 2014

DDI: Drug-Drug Interactions

# VELPATASVIR/SOFOSBUVIR (EPCLUSA®)

- Once daily single oral tablet
- Minimal DDIs, no food effect
- **Genotype 1,2,3,4**

Approved: June 28, 2016

VEL  
NS5A  
inhibitor

SOF - NS5B  
nucleotide  
polymerase  
inhibitor

- **Do not co-administer with PPI**
  - *If medically necessary, take Epclusa with food 4 hours before omeprazole 20 mg*
- **Do not use in patients with GF < 30**

# OBV/PTV/R AND DSV (VIEKIRA PAK)



2 tablets of ombitasvir/paritaprevir/ ritonavir (12.5/75/50 mg) combination tablet every am  
1 dasabuvir 250 mg tablet every am and pm

- Includes 3 direct acting antivirals and ritonavir, triple therapy or PrOD
  - Ombitasvir, paritaprevir, dasabuvir
- Ritonavir (No HCV activity)
  - Used to boost the paritaprevir
- Genotype 1 and 4
- Administer orally twice a day with food
- Many pharmacological interactions
- GT1a requires addition of RBV
- May use with GFR < 30

# OBV/PTV/R AND DSV XR (VIEKIRA XR)

## ■ Extended Release

- All 3 tablets at the same time
- Take with food

Same precautions as Viekira Pak

- Do not split, crush or chew
- Alcohol should not be consumed within 4 hours of taking VIEKIRA XR



# DACLATASVIR (DAKLINZA)



- NS5A inhibitor
- High barrier to resistance
- Once daily oral tablet
  - ***In combination with sofosbuvir***
- With or without food
- Genotype 1,2,3,4
- May use with antacids

No DDIs:	60 mg once daily
DDIs with strong CYP3A inhibitors:	30 mg once daily
DDIs with moderate CYP3A inducers:	90 mg once daily

# ELBASVIR/GRAZOPREVIR ZEPATIER

- Genotypes 1 and 4
- Elbasvir/Grazoprevir
  - NS5A inhibitor - NS3/4A protease inhibitor
- Oral and once daily
- **Must perform resistance testing in genotype 1A**
  - *If resistance present must add Ribavirin and extend therapy from 12 to 16 weeks*
- **DO NOT use in advanced liver disease (Child Pugh B or C)**
- **May use with GFR < 30 ml/min**
- **May use in Dialysis**
- **May use with PPI**



FDA-approved Jan 28, 2016



# CLINICAL CASE #1

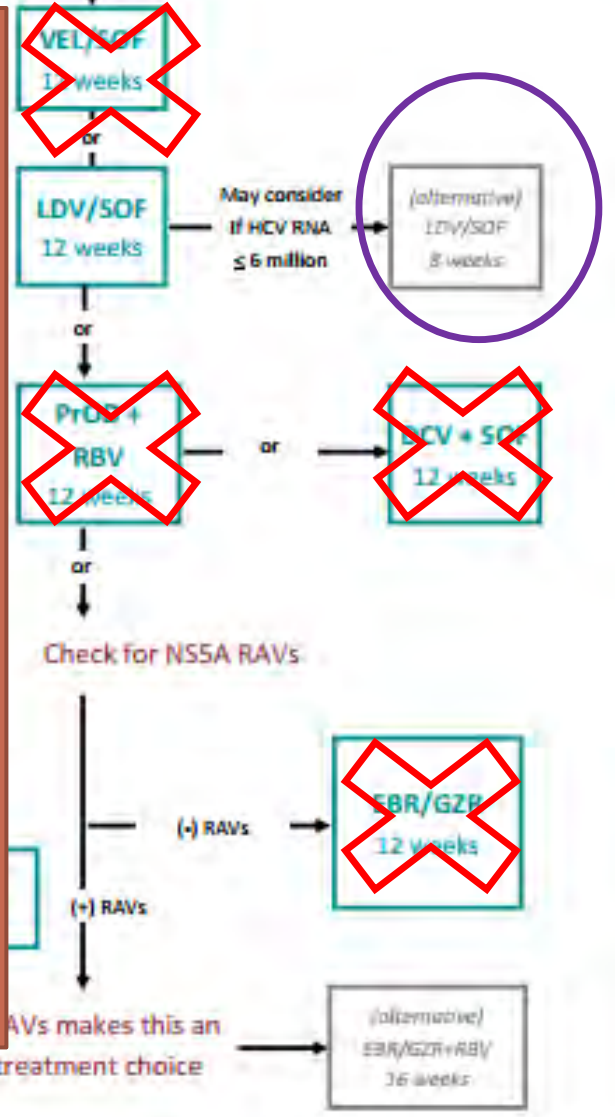
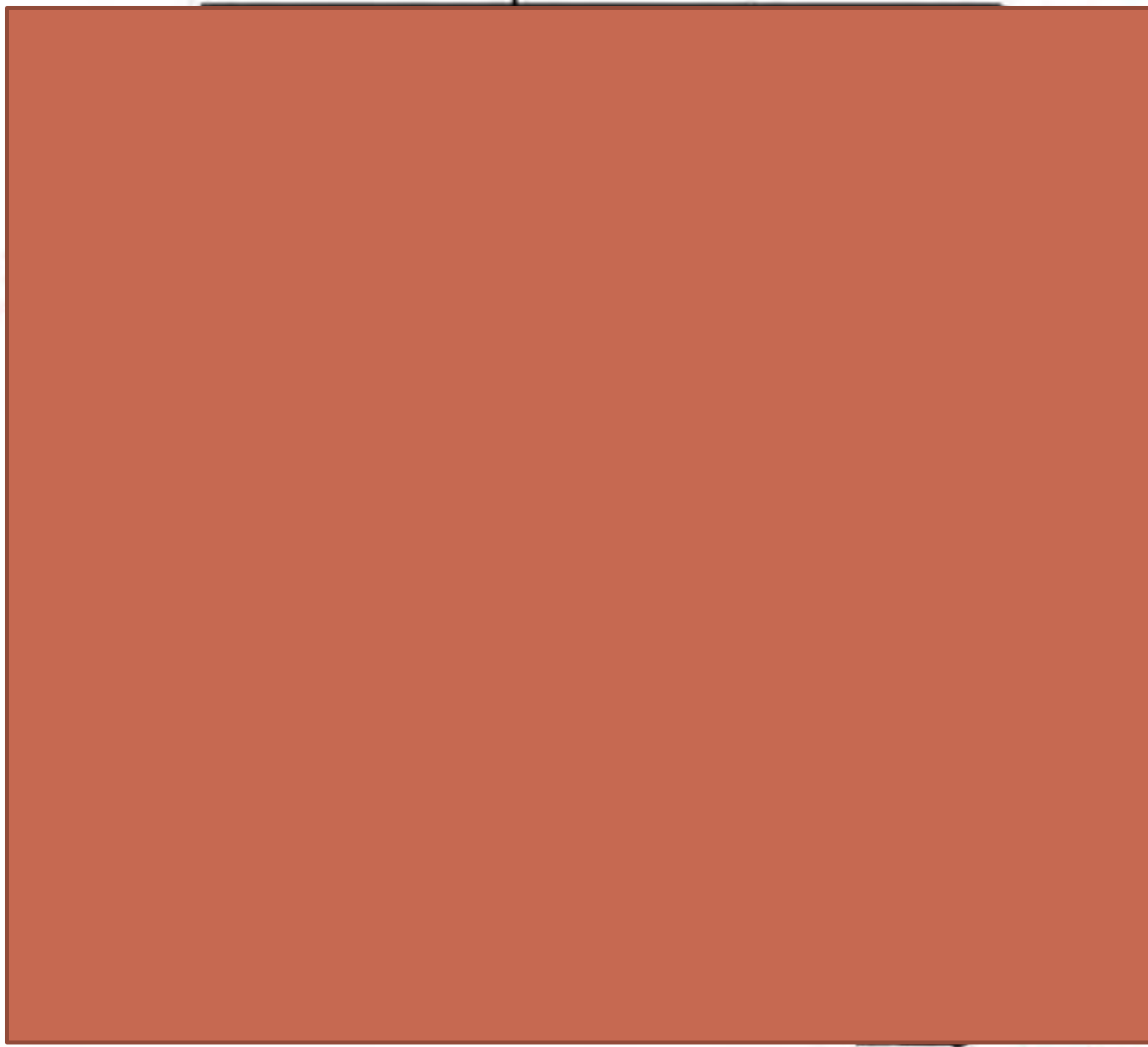
- 55 year old HCV positive male with a hx of IVDU 10 years ago
- Genotype **1a**
- VL **2.4** million/ML
- Treatment **naïve**
- Fibrosis Stage **F0-F1**
- Labs: **GFR of 65 ml/min**, Hg **13** **Platelets 245**
- Other medical conditions
  - HTN on amlodipine
- What are your options?



# Hepatitis C : Genotype 1a Non-Cirrhotic Treatment Regimen

Is patient treatment experienced?

yes **no**



# SOFOSBUVIR/LEDIPASVIR (HARVONI) AND ACID SUPPRESSING AGENTS

## Antacids

- aluminum hydroxide
- magnesium hydroxide
- **Separate administration by four hours**

## H<sub>2</sub>RAs

- famotidine
- ranitidine
- **Administer concurrently or 12 hours apart**
- **Not to exceed doses >40 mg famotidine twice daily**

# SOFOSBUVIR/LEDIPASVIR (HARVONI) AND PROTON PUMP INHIBITORS

- Consider discontinuation of acid suppression therapy if patient is able to tolerate
  - Reduce PPI by 50% per week to lowest dose, then discontinue to minimize rebound acid hypersecretion
- If you have to use a PPI and Harvoni is the best option
  - Administer simultaneously on an empty stomach
    - Only doses  $\leq$  omeprazole 20 mg
    - Pantoprazole mg  $\neq$  omeprazole mg



# CLINICAL CASE # 2

- 65 year old HCV positive female with a hx of a post partum blood transfusion 40 years ago
- Genotype **1a**
- VL 8.8million/ML
- Treatment **naïve**
  - Fibrosis Stage **F3-F4**
  - **No** history of
    - Esophageal varices/ encephalopathy or ascitis
  - Labs: **GFR of 28 ml/min**, Hg 13 **Platelets 109**
  - Other medical conditions
    - Barrett's esophagus (on **omeprazole 40 mg** once a day)
- What are your options?



# Hepatitis C : Genotype 1a Cirrhotic Treatment Regimen

Does the patient have decompensated cirrhosis?

yes

no

Has the patient been treated with direct acting antiviral (DAA) treatment experienced?

no

~~NS5A RAVs~~

~~NS5A RAVs~~

~~(alternative) NS5A RAVs~~

Check NSSA RAVs

(-) RAVs

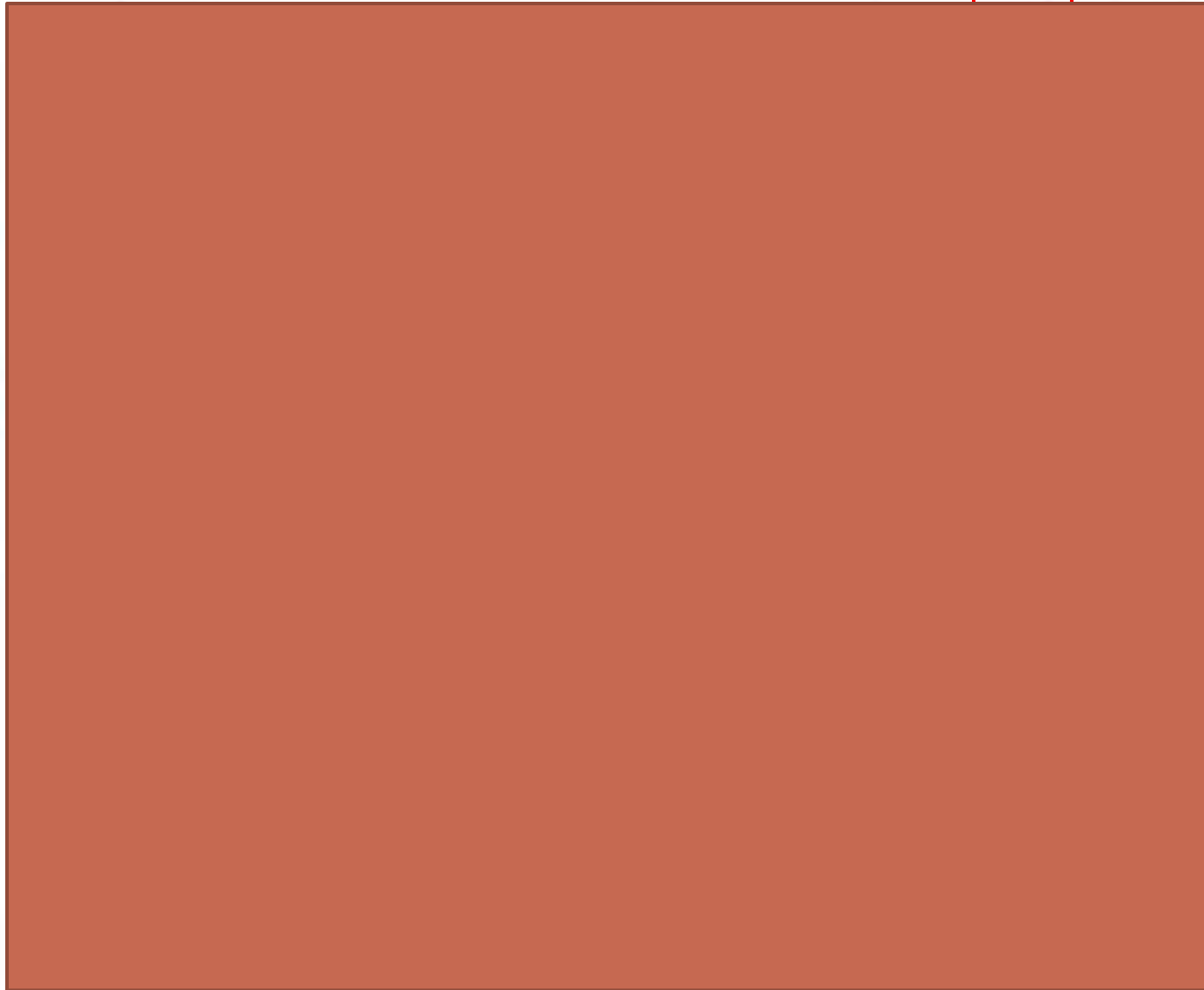
(+) RAVs

EBR/GZR  
12 weeks

~~S (alternative)  
12 weeks~~

~~(alternative) NS5A RAVs~~

\*NS5A RAVs alternative choice  
\*EBR/GZR and PrOD are contraindicated with CTP Class B or C cirrhosis



# ELBASVIR/GRAZOPREVIR ZEPATIER

- Genotypes 1 and 4
- Elbasvir/Grazoprevir
  - NS5A inhibitor - NS3/4A protease inhibitor
- Oral and once daily w or wo food
- **Must perform resistance testing in genotype 1A**
  - *If resistance present must add Ribavirin and extend therapy from 12 to 16 weeks*
- **DO NOT use in advanced liver disease (Child Pugh B or C)**
- **May use with GFR < 30 ml/min**
- **May use in Dialysis**
- **May use with PPI**



FDA-approved Jan 28, 2016



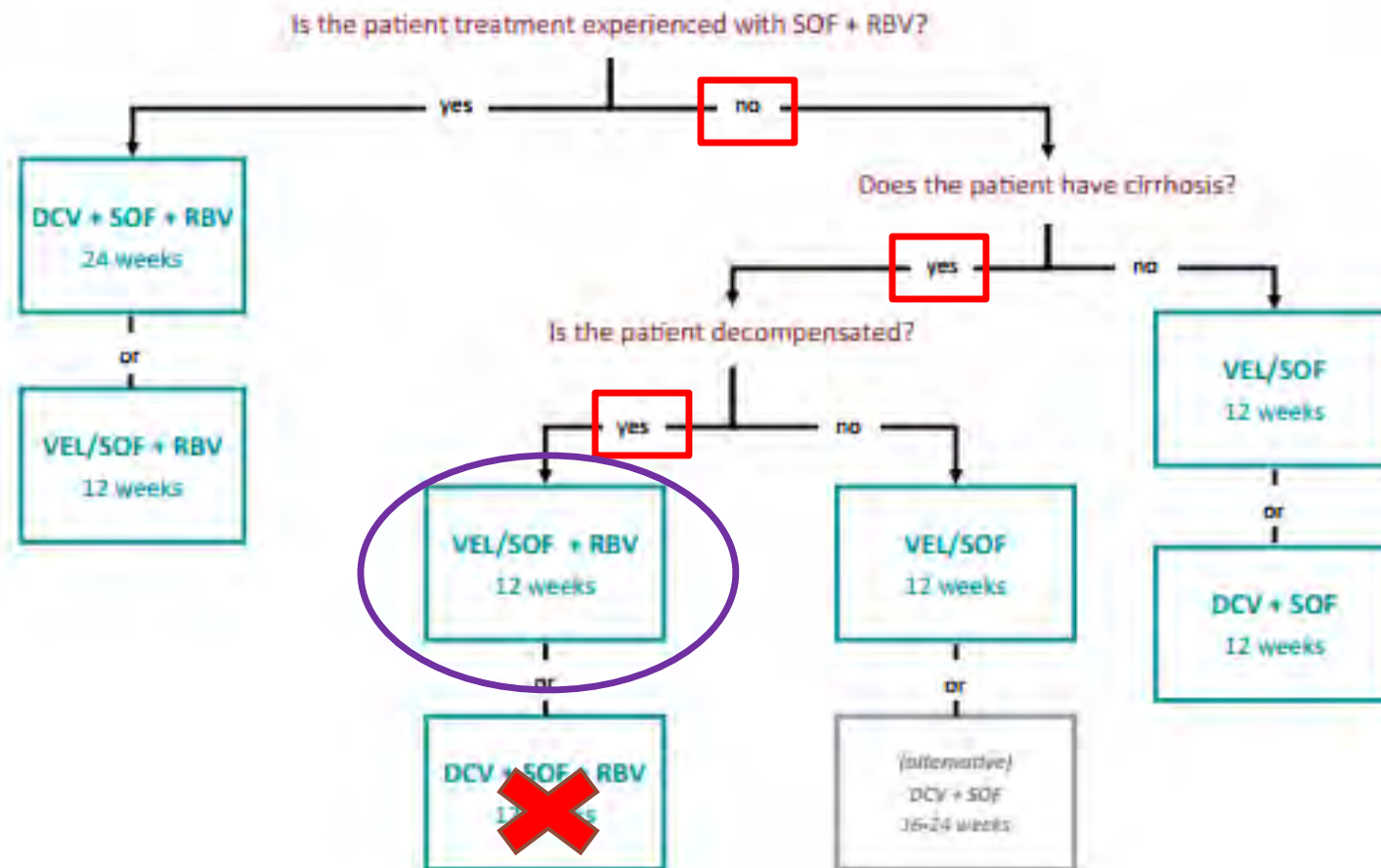
# CLINICAL CASE # 3

- 73 year old HCV positive male with no risk factors
  - Genotype **2**
  - VL 3.4 million/ML
  - Treatment **naïve**
  - Fibrosis Stage **F3-F4**
  - History of **ascites**
  - Labs: **GFR of 69 ml/min, Hg 13.4, Platelets 88**
  - Other medical conditions
    - Prediabetes/40 pack/year smoking/HTN on amlodipine
    - Hypercholesteremia on atorvastatin
- What are your options?



# Hepatitis C Genotype 2 Treatment Regimen Decision Tree

## Genotype 2 Patients



**Do I need any workup before I start Ribavirin?**  
**What are his Drug - Drug Interactions with Epclusa?**

# VELPATASVIR/SOFOSBUVIR (EPCLUSA®)

- Once Daily Single Oral Tablet
- Minimal DDIs, no food effect
- Genotype 1,2,3,4
- Do not co-administer with PPI
  - *If medically necessary, take Epclusa with food 4 hours before omeprazole 20 mg and Only doses  $\leq$  omeprazole 20 mg*
- Do not use in patients with GFR < 30

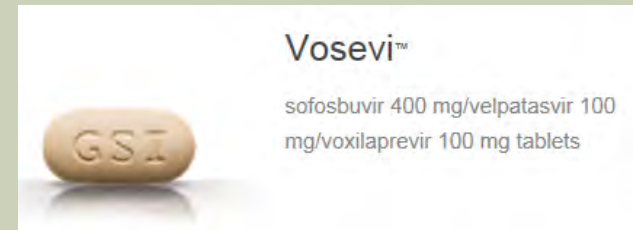
VEL  
NS5A  
inhibitor

SOF - NS5B  
nucleotide  
polymerase  
inhibitor

Approved: June 28, 2016

# SOFOSBUVIR/VELPATASVIR/VOXILAPREVIR (VOSEVI®)

- 400mg/100mg/100mg tablet
  - One tablet daily with food
- **sofosbuvir**
  - NS5B polymerase inhibitor
- **velpatasvir**
  - NS5A Inhibitor
- **voxilaprevir**
  - NS3/4A protease inhibitor
- **Pan-genotypic**
  - genotypes 1,2,3,4,5,6
- **Approved for treatment failures**
- **FDA approved on July 20, 2017**



# SOFOSBUVIR/VELPATASVIR/VOXILAPREVIR - TREATMENT FAILURES

Genotype	Previous Regimen Included	Duration of Treatment
<b>1, 2, 3, 4, 5, 6</b>	<b>NS5SA inhibitor<sup>1</sup></b>	<b>12 weeks</b>
<b>1a, 3</b>	<b>Sofosbuvir without NS5A inhibitor<sup>2</sup></b>	<b>12 weeks</b>

<sup>1</sup>—NS5A medications included in clinical trials: daclatasvir, elbasvir, ledipasvir, ombitasvir, or velpatasvir

<sup>2</sup>—Regimen tested in clinical trials included sofosbuvir with or without any of the following: peginterferon alfa/ribavirin, ribavirin, NS3/4A protease inhibitor (boceprevir, simeprevir or telaprevir). Additional benefit of VOSEVI over sofosbuvir/velpatasvir was not shown in adults with genotype 1b, 2, 4, 5, or 6 infection previously treated with sofosbuvir without an NS5A inhibitor.

# SOFOSBUVIR/VELPATASVIR/VOXILAPREVIR - PRECAUTIONS

- Not recommended in patients with moderate or severe hepatic impairment (Child-Pugh B or C)
  - Due to higher exposure to protease inhibitor voxilaprevir
- Bilirubin increased  $\leq 1.5 \times$  ULN in  $\sim 10\%$  of patients in clinical studies
  - No jaundice
  - Levels decreased after completing treatment

# GLECAPREVIR/PIBRENTASVIR (MAVYRET®)

- 100mg/40mg tablet
  - **Take 3 tablets once daily with food**
- glecaprevir
  - NS3/4A protease inhibitor
- pibrentasvir
  - NS5A inhibitor
- Pan-genotypic
  - Genotypes 1,2,3,4,5,6
- Approved for some treatment failures
- No dosage adjustment in patients with mild, moderate, or severe renal impairment, including dialysis
- FDA Approval August 3, 2017



# GLECAPREVIR/PIBRENTASVIR - TREATMENT NAÏVE

- All genotypes (no cirrhosis)
  - 8 weeks
  
- All genotypes (with cirrhosis - Child-Pugh A)
  - 12 weeks



# GLECAPREVIR/PIBRENTASVIR - TREATMENT EXPERIENCED

Genotype	Previous Treatment	Treatment Duration (No Cirrhosis)	Treatment Duration Compensated Cirrhosis (Child-Pugh A)
<b>1</b>	NS5A inhibitor <sup>1</sup> <u>without</u> prior treatment with NS3/4A protease inhibitor	16 weeks	16 weeks
	NS3/4A protease inhibitor <sup>2</sup> <u>without</u> prior treatment with NS5A inhibitor	12 weeks	12 weeks
<b>1,2,4,5,6</b>	PRS <sup>3</sup>	8 weeks	12 weeks
<b>3</b>	PRS <sup>3</sup>	16 weeks	16 weeks

<sup>1</sup> – In clinical trials, subjects were treated with ledipasvir/sofosbuvir or daclatasvir +interferon+ribavirin

<sup>2</sup> – In clinical trials, subjects were treated with simeprevir+sofosbuvir, or simeprevir, boceprevir, or telaprevir with interferon+ribavirin

<sup>3</sup> – Prior treatment experience with interferon, ribavirin, and/or sofosbuvir, but no prior experience with NS3/4A protease inhibitor or NS5A inhibitor

# GLECAPREVIR/PIBRENTASVIR ADVERSE EFFECTS AND CAUTIONS

- Most common adverse effects (~10%)
- Headache
- Fatigue
- Child-Pugh B
- Not Recommended
- Contraindicated in Child-Pugh C
- No additional monitoring parameters provided in package insert

# GLECAPREVIR/PIBRENTASVIR - DRUG INTERACTIONS

- Glecaprevir is inhibitor of P-gp
  - May increase concentration of drugs that are substrates
    - Digoxin, dabigatran
- Ethinyl estradiol-containing products
  - Coadministration of Mavyret may increase the risk of ALT elevations and is not recommended
- Inducers of P-gp/CYP3A decrease plasma concentrations
  - rifampin, carbamazepine, efavirenz, St. John's Wort
- HIV medications – see package insert

# GLECAPREVIR/PIBRENTASVIR - DRUG INTERACTIONS

- **HMG-CoA Reductase Inhibitors**
  - Levels of statin drugs are increased; doses should be adjusted per package insert
- **Omeprazole**
  - Package insert states no dose adjustments required
    - 40mg daily is highest dose studied
    - 20mg: Coadminister with GLE/PIB
    - 40mg: Give one hour before GLE/PIB
- **No interaction with antacids or H2 blockers**

# RIBAVIRIN (RBV)

## ■ Administration

- Weight-based dosing (Twice daily)
  - 1000 mg if > 75 kg
  - 1200 mg if ≥ 75 kg
- Take evening dose (8 hours apart) in the afternoon to keep from disturbing sleep

## ■ Pregnancy category X

- Contraindicated in pregnant women or male partners of pregnant women
- Use 2 effective forms of contraception during treatment and for at least **6 months** after completion of therapy (both male and female patients)

# RIBAVIRIN

## ■ Adverse Events

- Headache
- Fatigue
- Nausea
- Insomnia
- Depression

## ■ Lab abnormalities:

- Hemolytic anemia
  - Decrease ribavirin dose by 200 mg daily for a 2g or more drop in HgB

## ■ Monitoring RBV

- CBC & CMP
- At baseline, weeks 2 and 4, as clinically indicated
- TSH at week 12
- Preexisting cardiac issue

## ■ Ophthalmic exam

- Preexisting ophthalmic disorders

## ■ HCG

- At baseline
- Monthly during treatment and for 6 months after treatment

# WHO TO TREAT, AND WHEN? WHO TO PRIORITIZE?

## ■ Who to treat?

- **All patients with chronic HCV should be treated, unless:**
  - Life expectancy is  $< 1$  year that cannot be remediated by treating HCV or liver transplantation (AASLD)
  - Uncontrolled comorbidities that can cause HCV treatment discontinuation (Dr. Mera's Opinion)

## ■ When to Prioritize

- Limited resources for medication procurement
- Limited clinical capacity to treat

# WHO TO PRIORITIZE

- Prioritize treatment only if limited by clinical capacity
  - Decompensated cirrhotic
  - Non decompensated cirrhotic first, then F3, F2, F0-F1
  - HCV related nephropathy/vasculitis
  - PWID

Dr. Mera's  
Opinion

Highest Priority for Treatment Owing to Highest Risk for Severe Complications	Strength of Recommendation
Advanced fibrosis (Metavir F3 or F4)	Class I, Level A
Organ transplant	Class I, Level B
Type 2 or 3 essential mixed cryoglobulinemia with endo organ manifestations (vasculitis)	Class I, Level B
Proteinuria, nephrotic syndrome, or MPGN	Class IIa, Level B



# **SPECIAL TREATMENT CONSIDERATIONS**

# SPECIAL TREATMENT CONSIDERATIONS

## DRUG-DRUG INTERACTIONS

- Most anti convulsants are contraindicated
  - Due to decreased antiviral levels
- Regimens with protease inhibitors tend to have more drug interactions
  - PrOD (**Viekira Pak**) (has 2 PI), Simeprevir (**Olysio**)  
elbasvir/grazoprevir (**zepatier**), glecaprevir/pibrentasvir (**Mavyret**)  
Sofosbuvir/velpatasvir/voxilaprevir (**Vosevi**)
- Daclatasvir (**Daklinza**) has numerous DDI and may need dose adjustment
- Sofosbuvir/velpatasvir (**Epclusa**) and sofosbuvir/ledipasvir (**Harvoni**)
  - Decreased absorption with anti acids specially Proton Pump Inhibitors

# SPECIAL TREATMENT CONSIDERATIONS

## RENAL AND HEPATIC IMPAIRMENT

### ■ Renal Impairment:

- elbasvir/grazoprevir (**Zepatier**) and glecaprevir/pibrentasvir (**Mavyret**) is approved in ESRD and dialysis
- PrOD (**Viekira Pak**) is approved with CrCl <30

### ■ Hepatic Impairment (Child Pugh B/C):

- PrOD (**Viekira Pak**) (has 2 PI), Simeprevir (**Olysio**) elbasvir/grazoprevir (**zepatier**) glecaprevir/pibrentasvir (**Mavyret**) and Sofosbuvir/velpatasvir/voxilaprevir (**Vosevi**) are contraindicated
- May require addition of ribavirin or treatment extension

# SPECIAL TREATMENT CONSIDERATIONS GENOTYPES

## ■ Genotype 1a

- Will require Ribavirin if PrOD (**Viekira Pak**) is used
- May treat for 8 weeks with sofosbuvir/ledipasvir (Harvoni) if viral load is < 6 million, treatment naïve and non cirrhotic
- If elbasvir/grazoprevir (zepatier) is used resistance testing needed
- Glecaprevir/pibrentasvir (**Mavyret**) recently approved.
  - 8 week treatment for patients without cirrhosis.

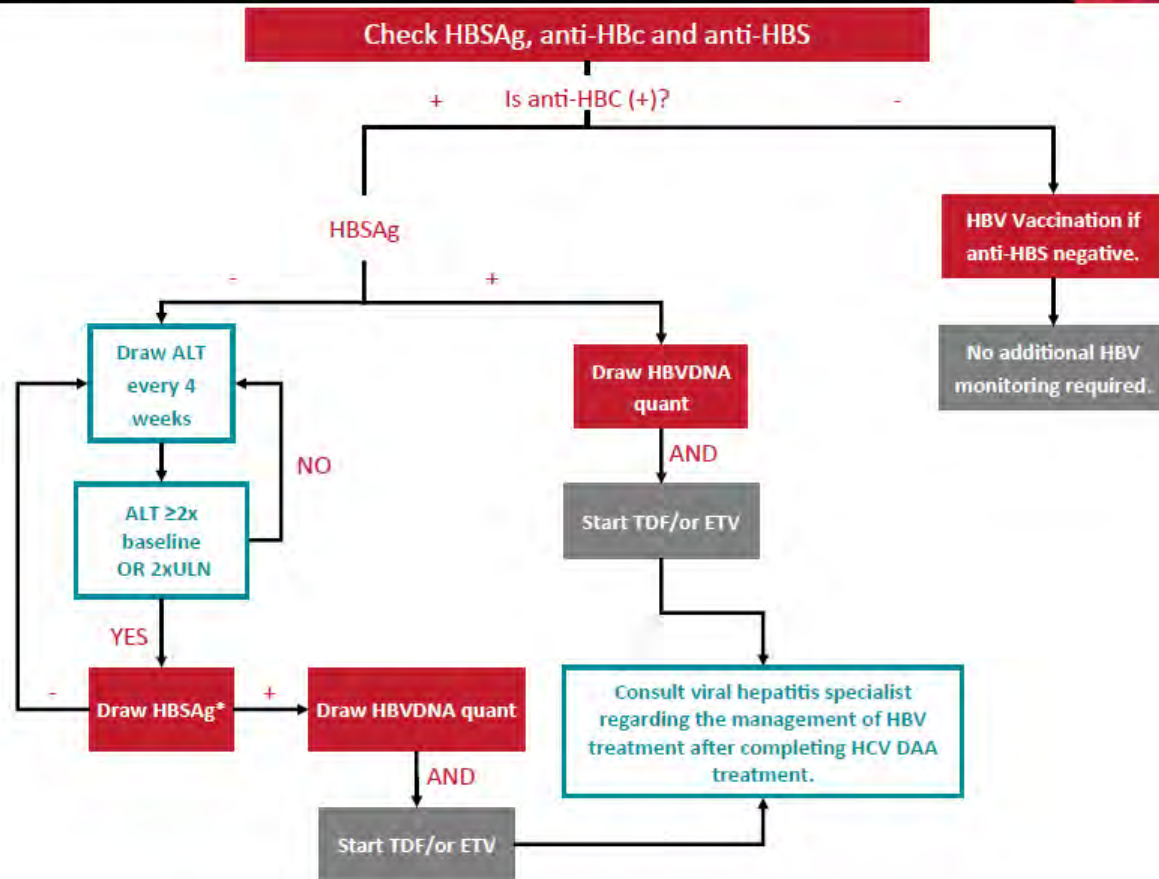
## ■ Genotype 2 and 3

- Sofosbuvir/velpatasvir (Epclusa) is first line therapy but PPI use and low GFR are a problem,
- Glecaprevir/pibrentasvir (**Mavyret**) recently approved

# SPECIAL TREATMENT CONSIDERATIONS HEPATITIS B STATUS

Version: 10/24/2016

## Project ECHO HBV Monitoring for Patients on HCV Treatment



\*HBSAg can be drawn at the same as HBVDNA for convenience or can ask for HBSAg with reflex HBVDNA.

# SUMMARY:

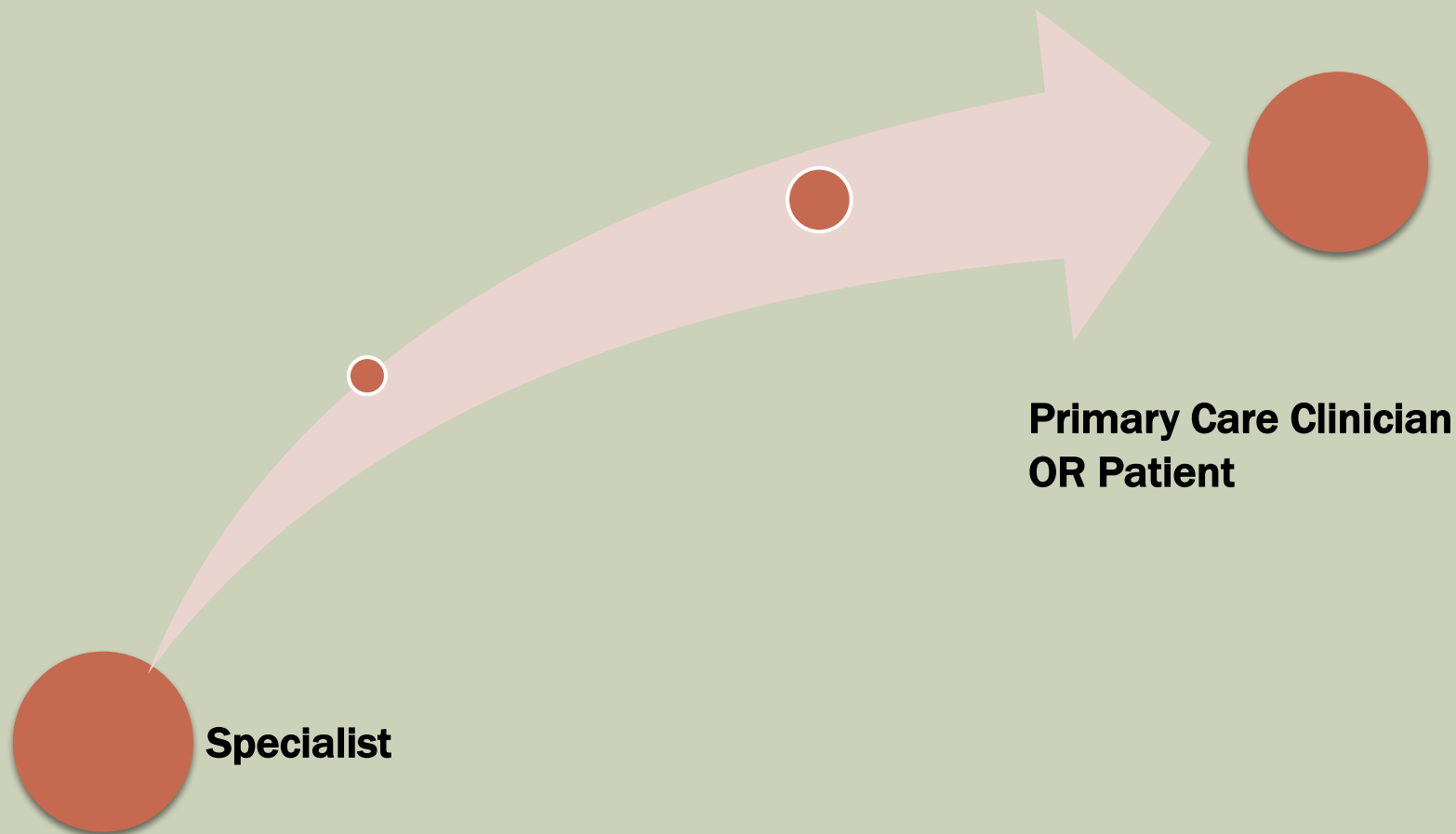
## WHAT DO YOU NEED TO KNOW TO SELECT THE BEST TREATMENT OPTION

- Genotype
- Viral load for GT1a (< 6 million ?)
- Liver Fibrosis Staging
  - Cirrhosis vs no Cirrhosis
  - If Cirrhotic
    - Compensated vs Decompensated
- Previous treatment status
- Kidney function
  - CrCl < or > 30
  - Dialysis
- Drug interaction check
  - Anti seizure meds, PPI, etc.
- Check Hepatitis B status to monitor reactivation

# WHAT NOW?

**Join the ECHO Community and  
start Paving the Road to HCV  
Elimination in Native America**

# TELEMEDICINE IMPROVES ACCESS BY USING TECHNOLOGY TO BRIDGE DISTANCE





# THE ECHO MODEL IMPROVES CAPACITY AND ACCESS SIMULTANEOUSLY



# MOVING KNOWLEDGE INSTEAD OF PATIENTS



# SHARING EVIDENCE BASED BEST MEDICAL PRACTICES



# Benefits to Rural Clinicians

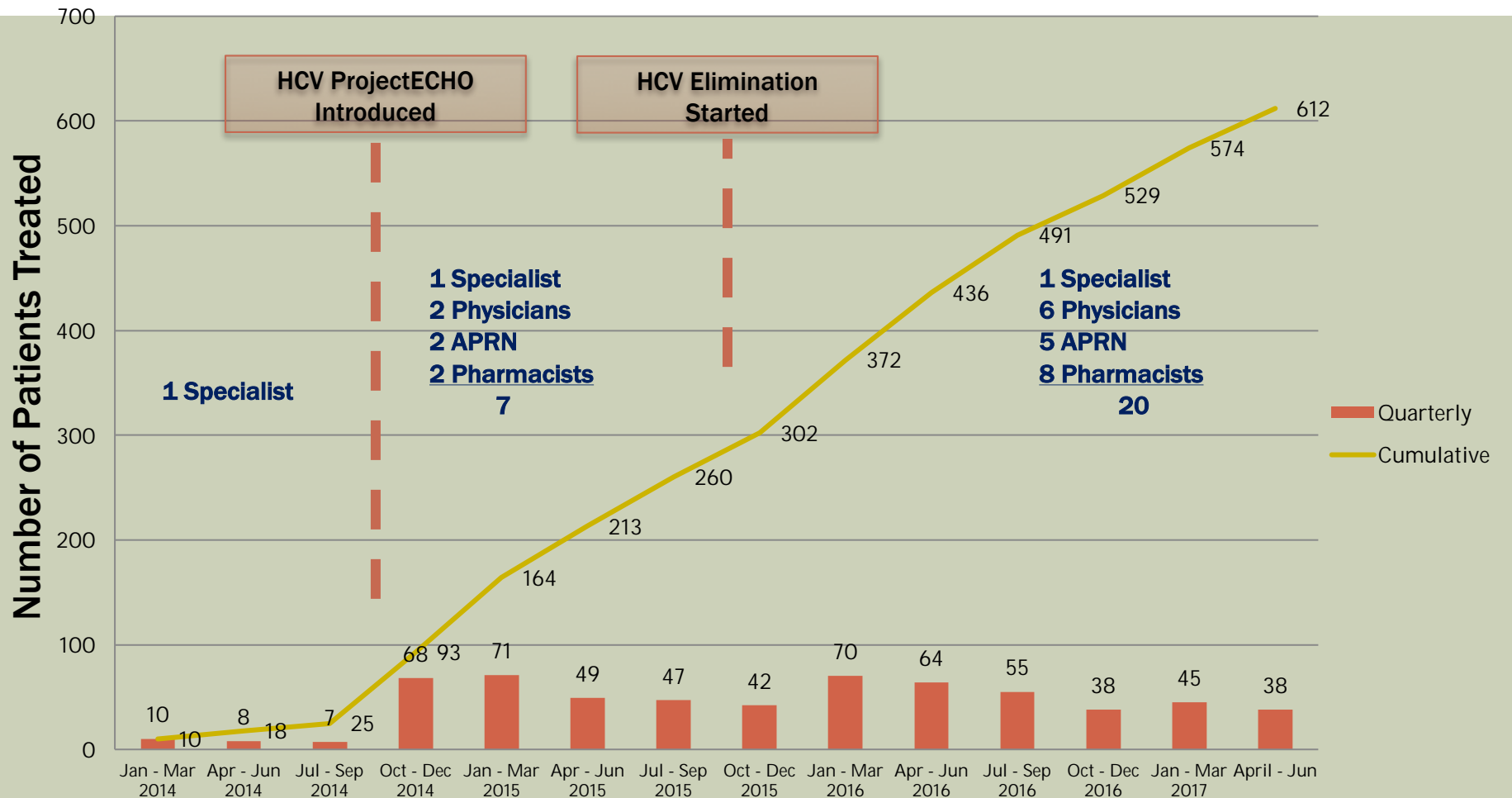
- Professional interaction with colleagues with similar interest
  - **Less isolation with improved recruitment and retention**
- A mix of work and learning
- Obtain HCV certification
- Access to specialty consultation with GI, hepatology, psychiatry, infectious diseases, addiction specialist, pharmacist, patient educator



# Benefits of ECHO® model to Health System

- Quality and Safety
- Rapid Learning and best-practice dissemination
- Reduce variations in care
- Access for Rural and Underserved Patients, reduced disparities
- Workforce Training and Force Multiplier
- **De-monopolize Knowledge**
- Improving Professional Satisfaction/Retention
- Supporting the Medical Home Model
- Cost Effective Care- Avoid Excessive Testing and Travel
- Prevent Cost of Untreated Disease (e.g.: liver transplant or dialysis)
- Integration of Public Health into treatment paradigm

# CNHS HCV PROGRAM: CLINICAL CAPACITY EXPANSION\* 1/2014 - 6/2017



\*preliminary data

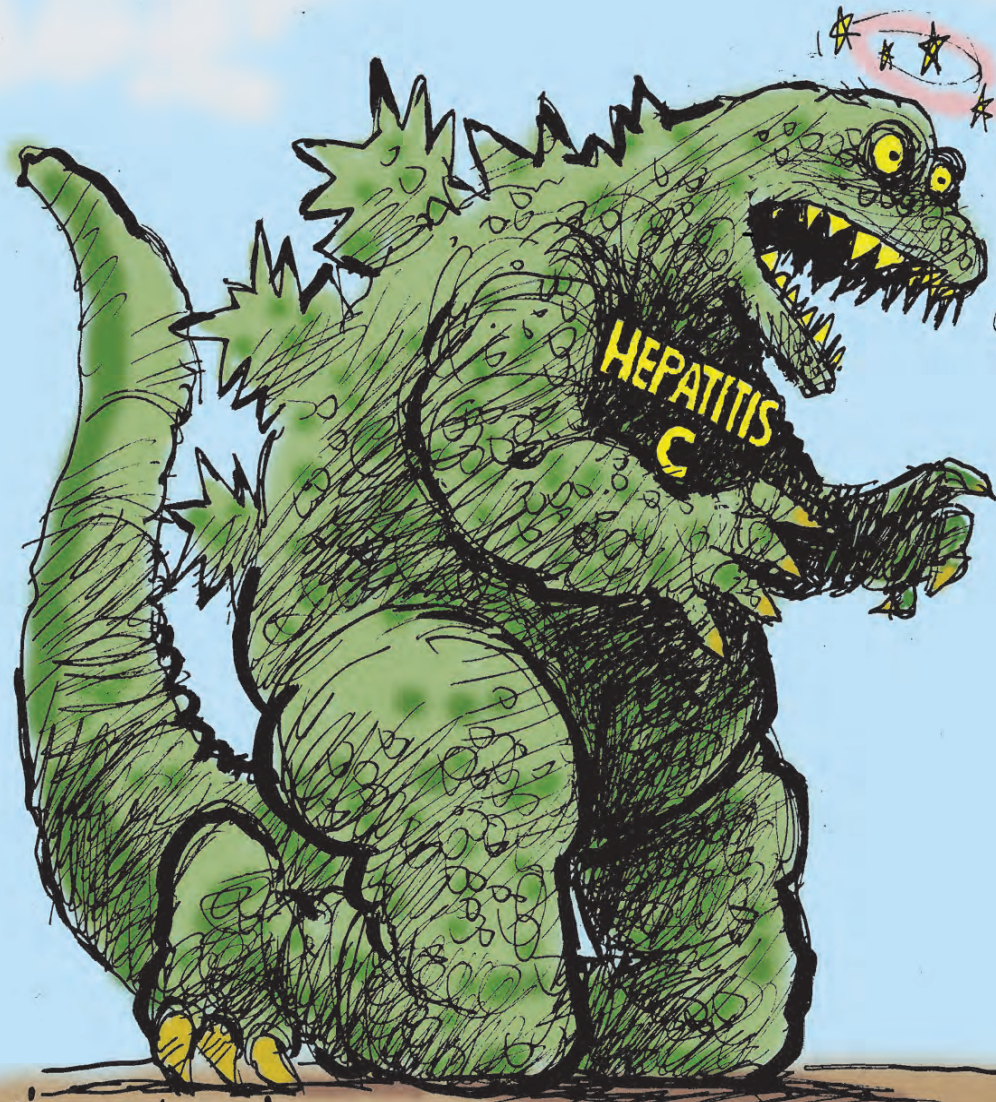
# HELPFUL RESOURCES

- <http://www.hcvguidelines.org/>
- <http://www.hepatitisc.uw.edu/>
  - On-line curriculum on liver disease and HCV, includes clinical studies, clinical calculators, slide lectures
- ECHO guidelines

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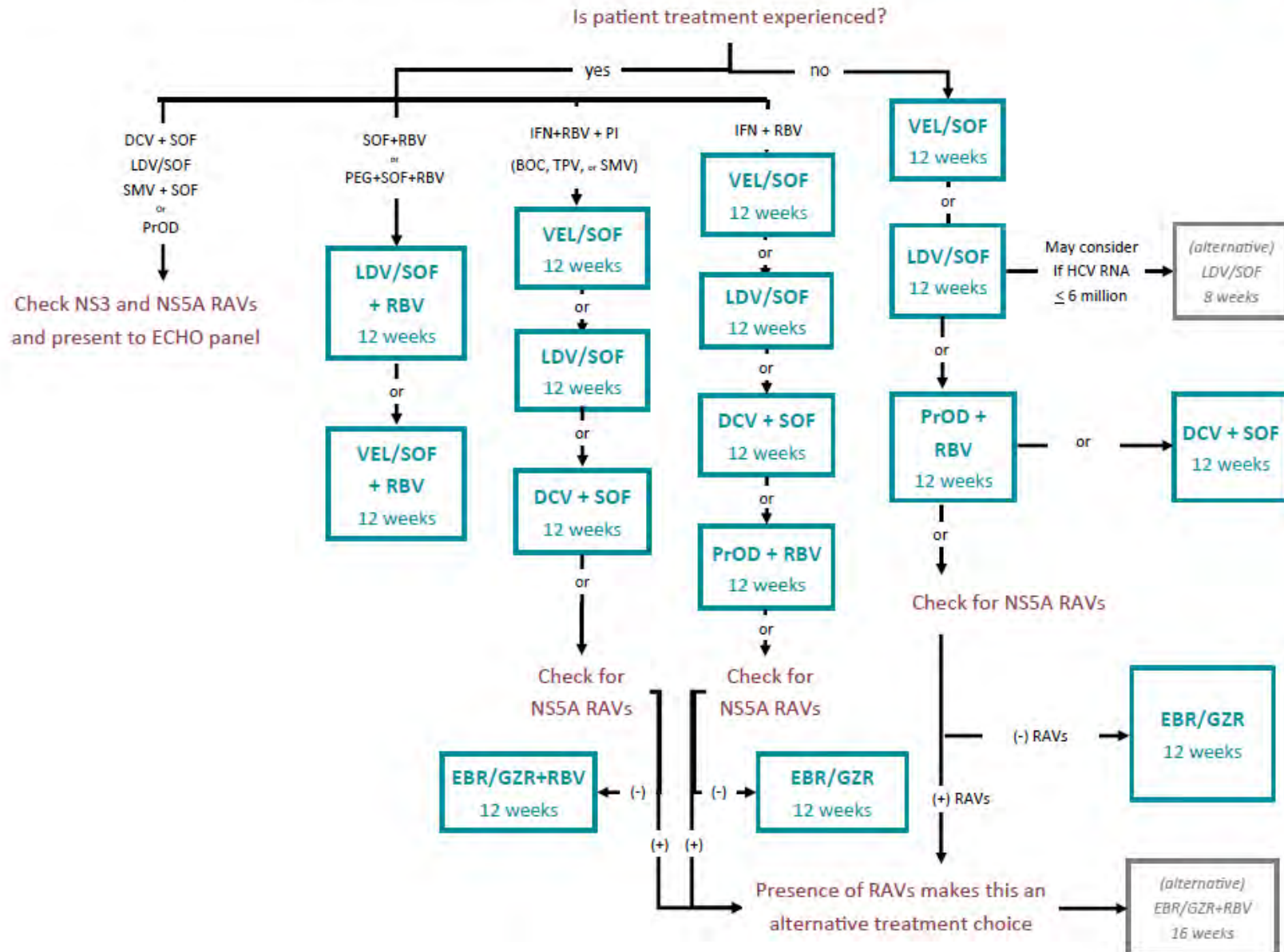
IT TOOK US 25 YEARS  
TO BRING HIM TO  
HIS KNEES... NOW LET'S  
FINISH HIM OFF!...



MIKE LUCKOVICH 2014

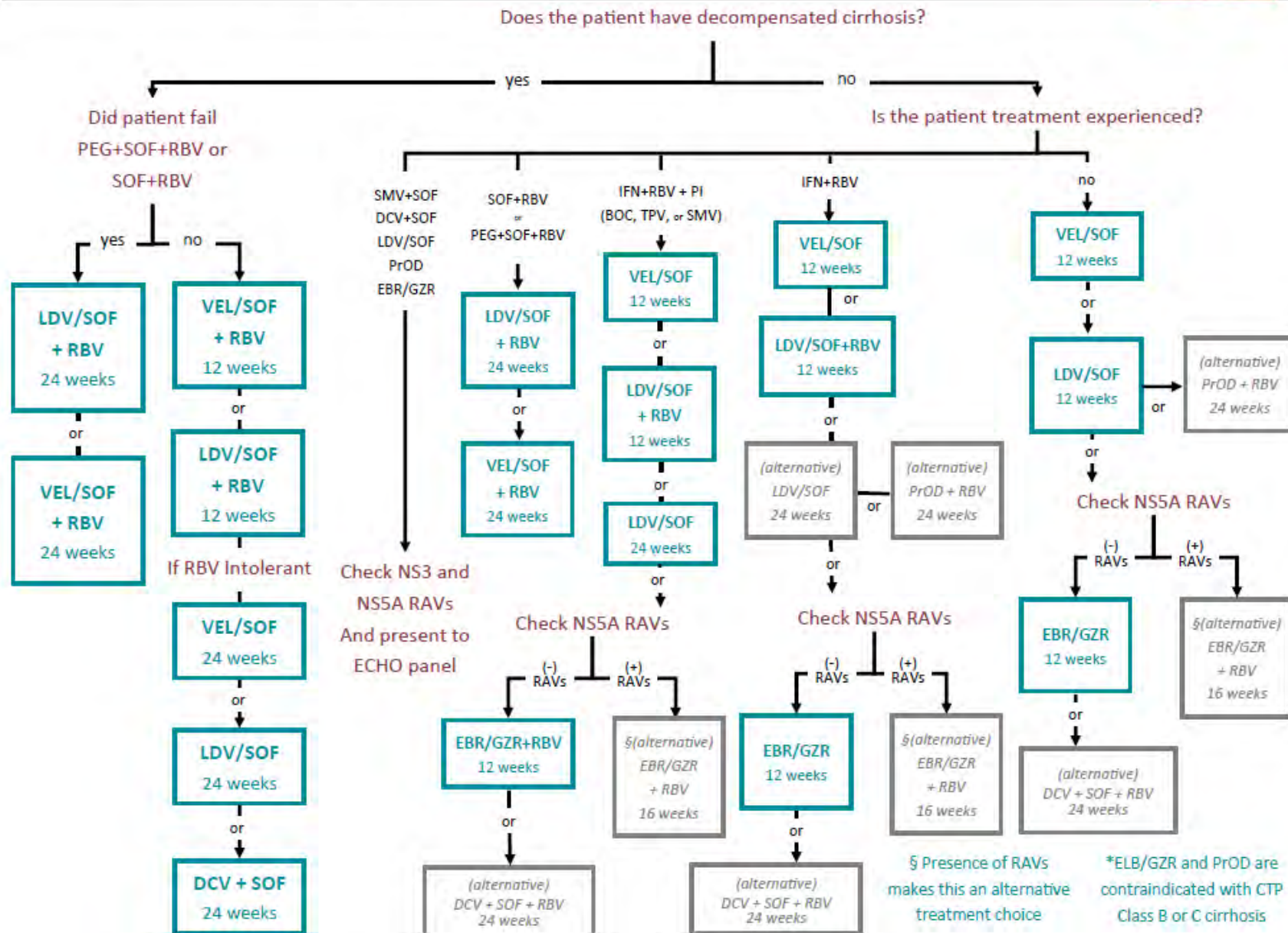
# ECHO DECISION TREES

# Hepatitis C : Genotype 1a Non-Cirrhotic Treatment Regimen

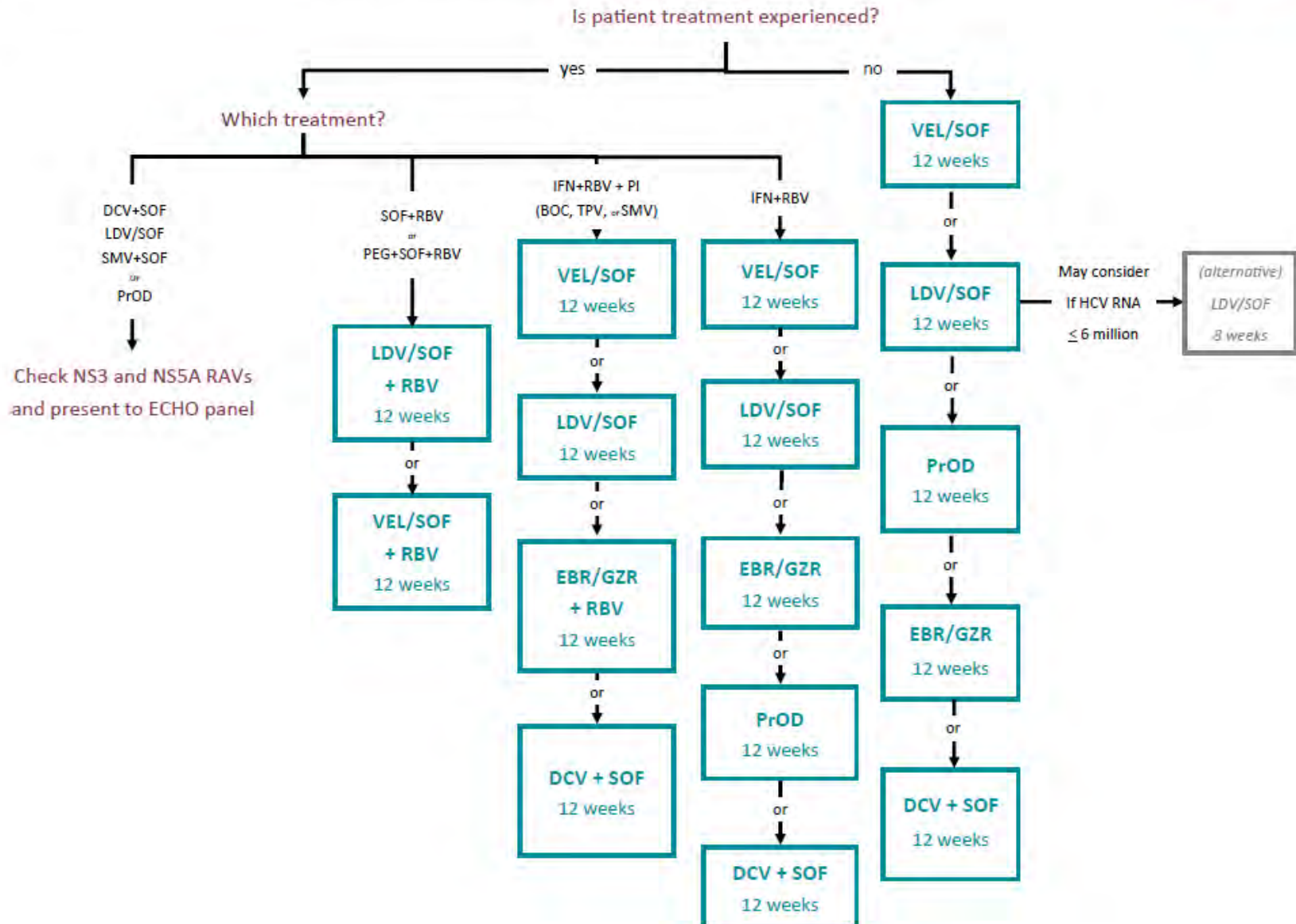




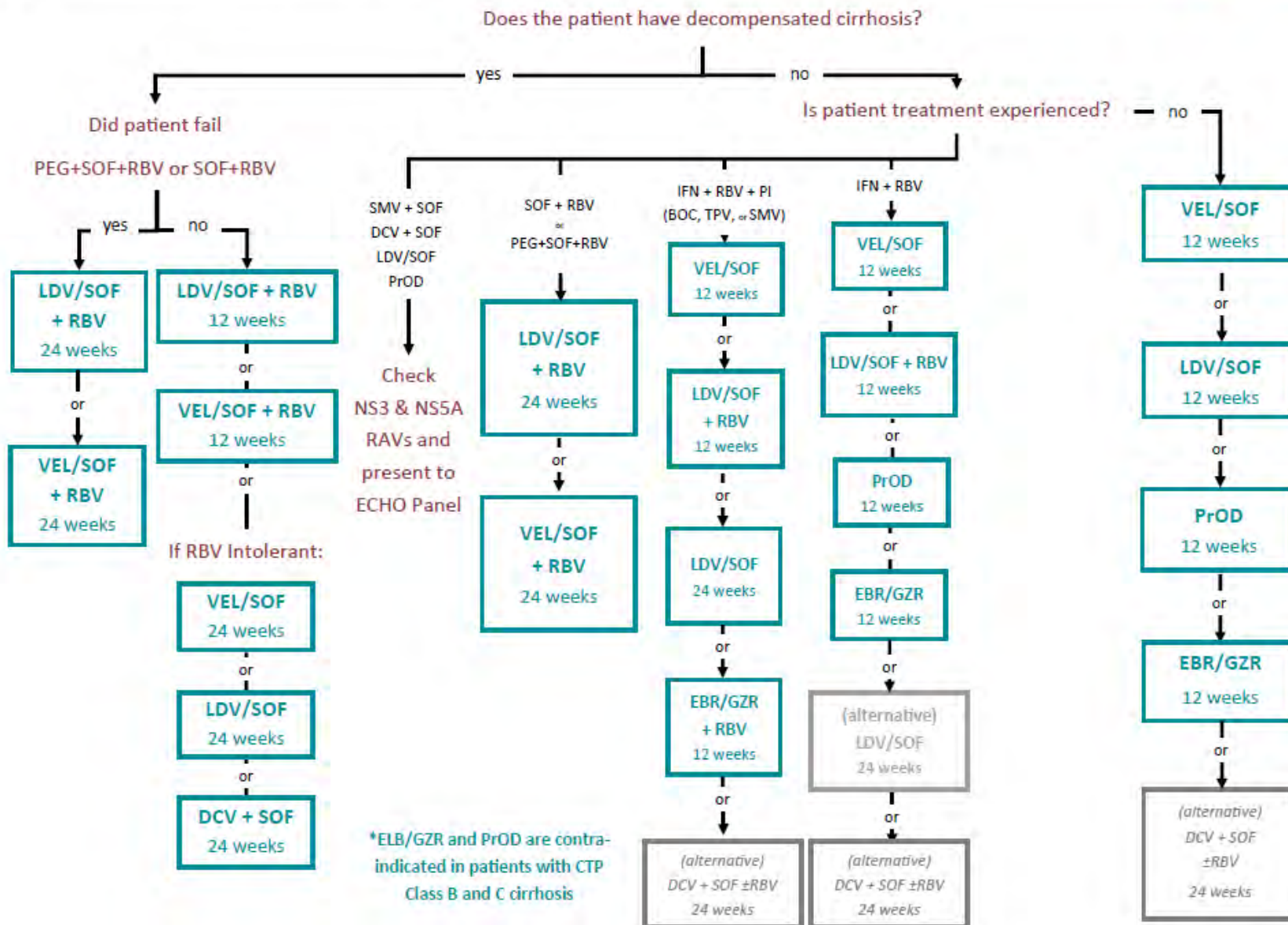
# Hepatitis C : Genotype 1a Cirrhotic Treatment Regimen



# Hepatitis C : Genotype 1b Non-Cirrhotic Treatment Regimen



# Hepatitis C : Genotype 1b Cirrhotic Treatment Regimen

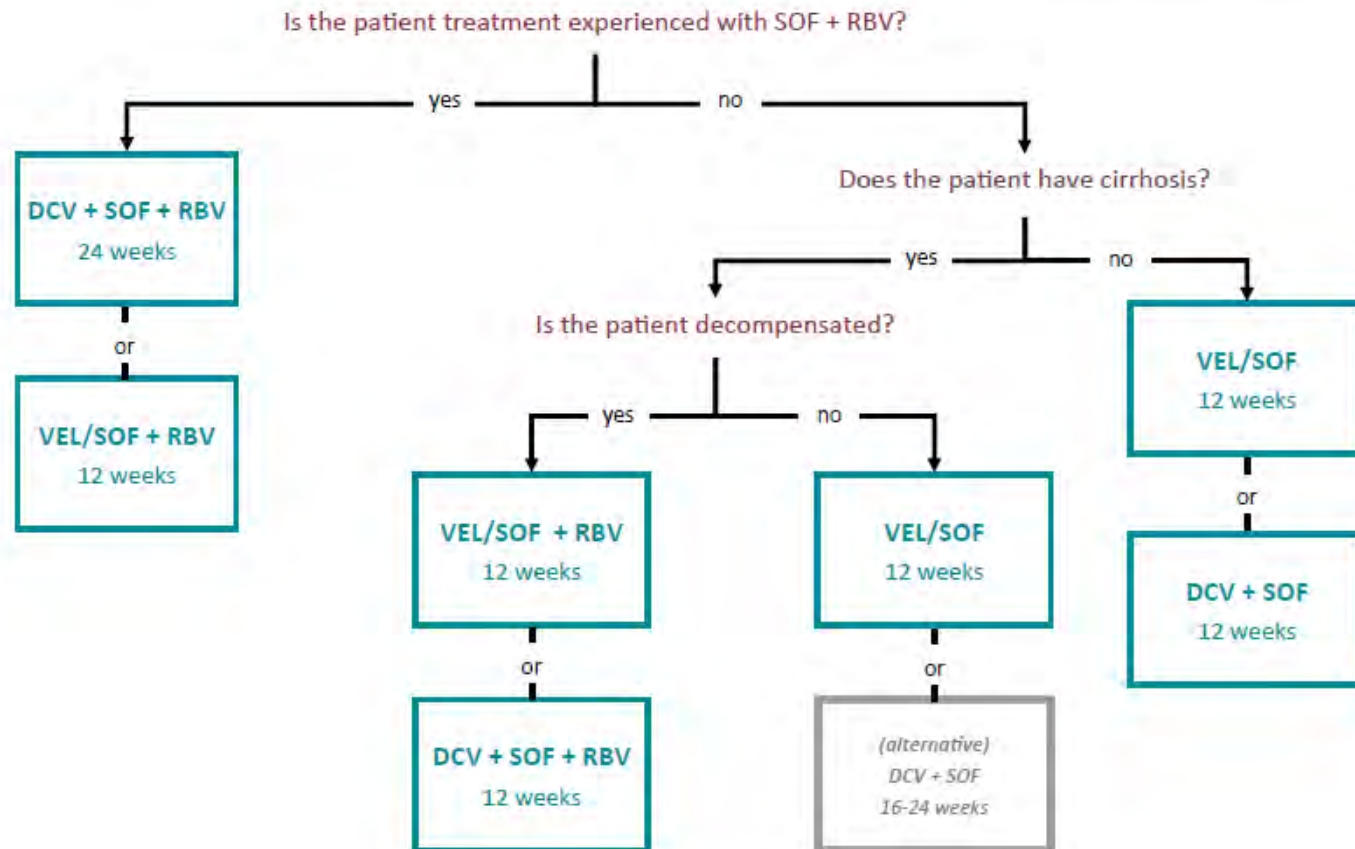






# Hepatitis C Genotype 2 Treatment Regimen Decision Tree

## Genotype 2 Patients









# Hepatitis C Genotypes 4 Treatment Regimen Decision Tree

## Genotype 4 Patients

