**Hepatitis C Consultation Visit**

You have Hepatitis C genotype: 1a 1b 2 3 4 5 6

The level of fibrosis (scar tissue) in your liver: (no fibrosis) F0 F1 F2 F3 F4 (cirrhosis)

Medication recommendation: Daklinza/Sovaldi Epclusa Harvoni Zepatier Mavyret Vosevi

Hepatitis A status:

Hepatitis B status:

Medications to stop during treatment:

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**Treatment**

* Usually 1-3 pills one time a day for 8-12 weeks
* **When you get your medication do not start it – come in for a visit to begin taking**
* Monitoring at every 4 weeks while taking medication then 12 weeks after finished

**Benefits of treatment**

* High rate of cure for most people (90-99%)
* Improvement in liver function
* Decreased chance of further liver damage or development of cirrhosis
* Reduced risk of liver cancer (hepatocellular carcinoma)

**Risks of treatment**

* Missing or stopping medications can cause treatment failure and viral resistance
* Side effects are common but manageable: headache (10-30%), fatigue (10-20%), nausea (5-10%)
* These medications are considered quite safe when prescribed correctly and monitored
* Hepatitis B reactivation

These medications have not been studied in pregnancy. It is recommended that people avoid getting pregnant or getting someone pregnant while on these medications

**Treatment Authorization**

* Medications cost $50,000-$150,000 but are covered by insurance if you meet treatment criteria
* Patient assistance programs can help with copayments if your insurance does not fully cover
* Most insurance companies require a certain specialty pharmacy be used – regular pharmacy contact is required for medication fills and refills
* It can take 1-4 weeks for the authorization process to occur

**Keeping Your Liver Healthy**

* Safe alcohol limits for you:
* Avoid tobacco use and daily marijuana use
* Limit Tylenol/Acetaminophen to 2000mg per day (4 per day of the extra strength 500 mg tablets or 6 per day of the regular strength 325 mg tablets)