

## PARENT LETTER & PERMISSION SLIP



The **2018 8<sup>th</sup> Annual THRIVE Conference** will be at the Native American Youth and Family Center in Portland, OR from June 25-29, 2018. **The conference is open to Native youth ages 13-19.**

The conference is being hosted by *THRIVE*, the suicide prevention program at the Northwest Portland Area Indian Health Board (NPAIHB) with funding from the Indian Health Service's *Meth & Suicide Prevention Initiative* and the Substance Abuse and Mental Health Services Administration's *Garrett Lee Smith* youth suicide prevention grants.

At the conference, participants will learn about the signs of suicide, the impacts of drug and alcohol abuse, how to be a resource for friends and family, and much more. Sessions will incorporate American Indian/Alaska Native culture, traditional learning strategies, and skill-building activities that educate youth about healthy behaviors. Participants will also learn to positively express their emotions and feelings about these challenging topics through interactive, educational workshop tracks. The four tracks are briefly described below:

- **Gen-I Bootcamp (stop motion film w/special guest)** - The aim is to help the youth generate and disseminate a youth-driven social marketing campaign. This workshop will focus on creating a stop-motion film with the help of a special guest (will be revealed at the time of THRIVE). Through the art of stop motion animations, participants will explore their creativity and create characters, sets, learn to use editing software, and utilize exciting digital effects!
- **Beats Lyrics Leaders (songwriting and production)** - Explore your way through cultures and heritage with music! BLL offers a hands-on approach to learning as they teach each participant, young and old, the ins-and-outs of beat making, lyric/songwriting, and recording.
- **Science and Medical Track (Oregon Health and Science University)** - Meet Native professionals working in health and science fields, explore the amazing technology of the Oregon Health & Science University's Simulation Center, learn how translational research impacts health, learn how alcohol impacts the brain, and more. Join us to see this work in action and learn about many aspects of healthy living.
- **We R Native Ambassadors (youth leadership)** - Do you have the desire to create positive change in your community? Do you have creative ideas that you would like to share with your fellow Native youth? If yes, join the WRN team as a Youth Ambassador! You will get leadership training that will empower you to make a positive difference in your community.
- **\*NEW\* Native Fitness and Traditional Foods (physical fitness and nutrition)** – Feeling healthy can mean a lot of things. Whether it's being in the best shape of your life or feeling mentally good about your self-esteem, friendships, and family. This workshop will explore ways to improve your mental health through activities that get you moving and it will also teach youth how to make natural healthy foods. Participants will leave feeling physically, mentally, and spiritually . . . healthy.

Registration for the conference is FREE! While the conference is free (including lunch Monday – Thursday, breakfast and dinner are not included), travel to and from Portland, OR and lodging are the responsibilities of the youth, families, &/or Tribe. Each group of youth that attends must be accompanied by at least one chaperone from their community. **Adults 18+ must complete and pass a background check (paid for by NPAIHB) - or - submit a letter from your organization which states that you have completed and passed a background check.**

**Parent/guardian written permission *and* the youth's signatures are both required *before* he/she can attend.** If you have no objections to the following statements, please sign and return the attached permission slip. It will remain on file throughout the conference. If at any time, you have any questions, concerns or comments regarding the *2018 8<sup>th</sup> Annual THRIVE Conference*, please feel free to contact Celena McCray at [cmccray@npaihb.org](mailto:cmccray@npaihb.org) or (503) 416-3270. Please return the signature page by **June 8, 2018**, fax attn: THRIVE at 503.228.4801 or email to [cmccray@npaihb.org](mailto:cmccray@npaihb.org).

**PERMISSION SLIP AND PARTICIPANT CONTRACT**

2018 8<sup>th</sup> Annual THRIVE Conference

June 25 – 29, 2018



**Teen Rules & Expectations:**

- I will not leave the assigned program area at any time, without permission of my chaperone and my workshop facilitator. I will stay for the duration of the conference unless negotiated with conference staff.
- I will observe established hours set forth by the conference agenda and my chaperone.
- I will not bring or use tobacco, alcohol, drugs (except those prescribed by my doctor), fireworks, firearms, pocket knives, or weapons of any kind. If I see anyone breaking this rule I will report it immediately.
- I understand that public displays of affection can be distracting to the group and it is not appropriate and I will refrain from them.
- I will dress appropriately to the occasion. My language will be appropriate and respectful of others.
- I will be responsible for all my personal property.
- I will respect other’s personal property and personal space.
- I understand that bullying, belittling, disrespecting and putting down others is not allowed at any time.
- I will use personal electronics including cell phones at appropriate times and be respectful of conference workshops, speakers, and activities.
- As a conference participant, I give permission to projects at the NPAIHB and any of the facilitating organizations to use my image (photographs, videos, audio) and any quotes I may provide for positive program publicity and other educational purposes. I understand that these may be used in the newspaper, TV and radio announcements, reports/publications, and educational films.
- **Please list any allergies. Include medicine, food, etc.:** \_\_\_\_\_
- Other Health Concerns: \_\_\_\_\_
- In case of an emergency, I give permission for my child to receive medical treatment.  
In case of such an emergency, please contact: \_\_\_\_\_ Phone: \_\_\_\_\_
- **Adults 18+ must complete and pass a background check (paid for by NPAIHB) - or - submit a letter from your organization which states that you have completed and passed a background check.**

**Please check boxes if they apply:**

My child is in foster care

I do not give permission for my child to be filmed or photographed.

**I certify to the best of my knowledge and belief that all of my statements and answers are true, correct, complete, and made in good faith. Please complete the following and sign.**

**(For parent/guardian):**

I, \_\_\_\_\_, give my permission for \_\_\_\_\_  
Print Name (Parent/ Legal Guardian) Print Teen's Name

to participate in the 2018 8<sup>th</sup> Annual THRIVE Conference in Portland, Oregon.

Parent/Guardian Signature \_\_\_\_\_ Date: \_\_\_\_\_

**Please return signature page by Friday June 8 to:**

Fax – Attn: THRIVE at 503-228-4801 OR Scan and Email to: [cmccray@npaihb.org](mailto:cmccray@npaihb.org)