

N C C D P H P

HEALTHY TRIBES

RESOURCE DIGEST

Welcome to Centers for Disease Control and Prevention's (CDC) tribal resource digest for the week of September 30, 2019. The purpose of this digest is to help you connect with the tools and resources you may need to do valuable work in your communities.

Announcements

Storytelling Resource

At the recent Tribal Practices for Wellness in Indian Country partner gathering, CDC included a session about the importance of storytelling and communicating our successes. With our ever-changing communication landscape, we want to make sure we can communicate clearly, effectively, and with authenticity. A resource sheet was developed with some freely available information and tools on ways to tell our stories and share our successes in different formats and for different audiences. We hope you find these resources helpful for all of the work you do.

[CDC Success Stories Tool](#)

[Why Inspiring Stories Make Us React: The Neuroscience of Narrative](#)

[Share Your Story: A How-to Guide for Digital Storytelling \(SAMHSA\)](#)

[Using Storytelling to Address Oral Health Knowledge in American Indian and Alaska Native Communities](#)

[Share Success Stories](#)

[Success Stories: Combining storytelling and data to show your program's impact](#)

[PhotoVoice's vision is for a world in which everybody has the opportunity to represent themselves and tell their own story.](#)

[Photography, Storytelling, and Community Connections: How to Develop a PhotoVoice Project from the Public Library Association](#)

[Assessing Community Needs and Resources – Implementing PhotoVoice in Your Community from the Community Tool Box \(University of Kansas\)](#)

[Canva templates to design posters, flyers, infographics, and more!](#)

[Free icons for everything! – The Noun Project](#)

Webinar

Facing Alzheimer's Through Community Strengths

The rise in Alzheimer's and other dementias is a challenge for all communities, including those in Indian Country. The webinar will cover what is Alzheimer's and other dementias, how dementia relates to diabetes and heart disease, and why dementia affects multiple generations. While responding to this growing health problem may seem daunting, there are ways to get started using your communities' existing strengths and partners. Register [here](#).

Date: **October 16, 2019 3:00pm to 4:00pm ET**

CDC Update: Lung Injury Associated with E-Cigarettes or Vaping

<https://www.cdc.gov/media/>

What You Need to Know

- Though the investigation is ongoing, and the specific chemical exposure causing the outbreak remains unknown at this time, today's report provides the first national comprehensive data on the characteristics of cases reported to CDC, including sex, age, and select substances used in e-cigarette, or vaping products.
- The latest findings from the investigation into lung injuries associated with e-cigarette use, or vaping, suggest products containing THC play a role in the outbreak.
- Most of the patients (77%) in this outbreak reported using THC-containing products, or both THC-containing products and nicotine-containing products.
- A second report published today in MMWR from Wisconsin and Illinois had similar findings regarding the use of products containing THC. The report contains more details on the characteristics of cases in those states, including demographics, as well as substances and product types used.
- While this investigation is ongoing, CDC recommends people consider refraining from using e-cigarette, or vaping, products, particularly those containing THC.
- If you are an adult who used e-cigarettes containing nicotine to quit cigarette smoking, do not return to smoking cigarettes.
- If you have recently used an e-cigarette or vaping product and you have symptoms like those reported in this outbreak, see a healthcare provider.
- Regardless of the ongoing investigation, e-cigarette or vaping products should not be used by youth, young adults, women who are pregnant, as well as adults who do not currently use tobacco products.

The most up-to-date, publicly available information on this investigation, including CDC recommendations, can be found on the CDC's website at: www.cdc.gov/lunginjury

Contact Information:

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The *Digest* serves as your personal guide to repositories of open and free resources where you can find content to enrich your program or your professional growth. Please note that CDC does not endorse any materials or websites not directly linked from the CDC website. Links to non-Federal organizations found in this digest are provided solely as a courtesy. CDC is not responsible for the content of the individual organization web pages found at these links.

If you have comments or suggestions about this weekly update, please email Anisha Quiroz at AQUIROZ@cdc.gov with the words "TRIBAL DIGEST" in the subject line.