

NATIVE FITNESS XI

NIKE WORLD HEADQUARTERS

BEAVERTON, OREGON

Why should you attend?

- Receive skills in basic aerobic training
- Learn creative fitness training techniques
- Learn culturally specific approaches to health & wellness
- Certificate of Completion (upon request)

Who Should Attend?

- Diabetes Coordinators
- Tribal Fitness Coordinators
- Community Wellness Trainers
- Youth Coordinators
- Tribal Leaders

SAVE THE DATE

JULY 29 & 30, 2014

For Registration Information:

Western Tribal Diabetes Project * Northwest Portland Area Indian Health Board
Toll Free: 1-800-862-5497 * Email: wtdp@npaihb.org



Northwest Portland Area
Indian Health Board
Indian Leadership for Indian Health

NATIVE FITNESS XI REGISTRATION FORM

NIKE WORLD HEADQUARTERS - BEAVERTON, OREGON

July 29 & 30, 2014

Conference Registration Details:

- To register, please submit one registration form for each participant
- First time attendees will be given preference
- Please limit registration to three (3) participants per organization or tribe and coordinate with your diabetes program
- Please apply only if you can attend the entire length of the training
- Participants must be 18 years or older

- Each participant will receive one pair of Nike Athletic Shoes
- Please note the participants name on registration payments
- Payments can be made by check or money order
- Prepayment is required, we cannot accept payment on-site
- Registration is non-refundable
- Registration fee is \$250**

By completing this registration form, you are authorizing the Northwest Portland Area Indian Health Board, as well as its collaborating partners to utilize any photographic images taken at the conference to be used for promotional purposes.



Name: _____ Job Title: _____

Tribal Organization: _____ City: _____

Address: _____ State / Zip: _____

Phone: _____ Email: _____

Check, Purchase Order, or Money Order # _____

Shoe Type: (Choose One)

N7 Air Native Air Pegasus Nike Free

Shoe Size _____

Mens or Womens _____

*No exchanges on shoes

Online registration:

<https://www.surveymonkey.com/s/QXWV2DF>

Or: fax/mail your registration and payment to:
Western Tribal Diabetes Project- NPaiHB
2121 SW Broadway Suite 300, Portland, OR 97201

Email: wtdp@npaihb.org

Phone: 503-416-3296 / Fax: 503-228-4801

Hotel Accommodations:

Hilton Garden Inn
(503) 439-1717

Homewood Suites
(503) 614-0900

Fairfield Inn & Suites
(503) 972-0048

Group rate @ \$149.00

Group rate @ \$189.00

Group rate @ \$149.00

Cutoff date: July 7, 2014

Cutoff date: July 1, 2014

Cutoff date: June 28, 2014

Please reference: "NW Portland Area Indian Health Board"
when reserving your room in order to receive the group rates.
Participants are responsible for their own travel and lodging
costs. You will need a credit card to reserve your hotel room.

THIS TRAINING INCLUDES PHYSICAL ACTIVITY SO REMEMBER TO WEAR YOUR NIKE WORKOUT ATTIRE!

Native Fitness 11

Agenda

July 29th & 30th, 2014

Monday July 28th	
LOCATION: NIKE WORLD HEADQUARTERS (Tiger Woods Center)	
3:00pm – 6:00pm	Pre-Registration
Tuesday July 29th	
LOCATION: NIKE WORLD HEADQUARTERS (Tiger Woods Center)	
7:30am – 8:30am	Registration
8:30am - 8:45am	Opening Remarks – Joe Finkbonner (NPAIHB Executive Director)
8:45am – 9:15am	Opening- Welcome & Blessing – Sam McCracken (Nike Native American Business) Kerri Lopez (NPAIHB Diabetes Project Director)
9:15am – 9:30am	Introductions/ Agenda/ Housekeeping – John Blievernicht & Kerri Lopez
9:30am – 11:30am	Breakout Session #1 – NAFC Trainers <ul style="list-style-type: none"> ▪ – Brian Laban (Inside PP) ▪ - Brenda Gene (Inside) ▪ – John Blievernicht (Ronaldo) ▪ – Elfreida Barton (Ronaldo SS)
11:30am – 12:30pm	Nike and Native American Business Program- Sam McCracken
12:30pm – 1:30pm	Lunch Provided
1:30pm – 3:30pm	Breakout Session #2 – NAFC Trainers <ul style="list-style-type: none"> ▪ – Brian Laban (Inside PP) ▪ - Brenda Gene (Inside) ▪ – John Blievernicht (Ronaldo) ▪ – Elfreida Barton (Ronaldo SS)
3:30pm – 4:00pm	Housekeeping and closing
Wednesday July 30th	
LOCATION: NIKE WORLD HEADQUARTERS (Tiger Woods Center)	
8:30am – 8:45am	Welcome – Victoria Warren Mears Tribal Epicenter (Director)
8:45am – 9:30am	“The Heart of Health” – Kerri Lopez and Donnie Lee
9:30am – 11:30am	Breakout Session #3 – NAFC Trainers <ul style="list-style-type: none"> ▪ – Brian Laban (Ronaldo or Michael Johnson Track) ▪ – Brenda Gene (Ronaldo SS in shade on side) ▪ – Elder Exercise – Elfreida Barton (Inside) ▪ – Matt Blievernicht DPT (Inside)
11:30am – 12:00pm	Lunch Provided – get your lunch and get ready for presentation
12:00pm – 2:00pm	Key Note Speaker - Darryl Tonemah (lunch provided)
2:00pm – 3:30pm	Breakout Session #4 – NAFC Trainers <ul style="list-style-type: none"> ▪ – Brian Laban (Ronaldo or Michael Johnson Track) ▪ – Brenda Gene (Ronaldo SS in shade on side) ▪ – Elder Exercise – Elfreida Barton (Inside) ▪ – Matt Blievernicht DPT (Inside)
3:30pm – 4:00pm	▪ All group workout – NAFC Trainers – Tiger Woods

4:00pm – 4:30pm

Closing – Receive Sports Incentive

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