

# NATIVE FITNESS X

NIKE WORLD HEADQUARTERS

BEAVERTON, OREGON

## Why should you attend?

- Receive skills in basic aerobic training
- Learn creative fitness training techniques
- Learn culturally specific approaches to health & wellness
- Certificate of Completion (upon request)

## Who Should Attend?

- Diabetes Coordinators
- Tribal Fitness Coordinators
- Community Wellness Trainers
- Youth Coordinators
- Tribal Leaders



## SAVE THE DATE

JULY 30 & 31, 2013

For Registration Information:

Western Tribal Diabetes Project \* Northwest Portland Area Indian Health Board  
Toll Free: 1-800-862-5497 \* Email: [wtdp@npaihb.org](mailto:wtdp@npaihb.org)



# NATIVE FITNESS X REGISTRATION FORM

NIKE WORLD HEADQUARTERS- BEAVERTON, OREGON

July 30 & 31, 2013

## Conference Registration Details:

- To register, please submit one registration form for each participant
- First time attendees will be given preference
- Please limit registration to three (3) participants per organization or tribe and coordinate with your diabetes program
- Please apply only if you can attend the entire length of the training
- Participants must be 18 years or older

- Each participant will receive one pair of Nike Athletic Shoes
- Please note the participants name on registration payments
- Payments can be made by check or money order
- Prepayment is required, we cannot accept payment on-site
- Registration is non-refundable
- Registration fee is \$200**

*By completing this registration form, you are authorizing the Northwest Portland Area Indian Health Board, as well as its collaborating partners to utilize any photographic images taken at the conference to be used for promotional purposes.*



Name: \_\_\_\_\_ Job Title: \_\_\_\_\_

Tribe: \_\_\_\_\_ Organization: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_

State: \_\_\_\_\_ Zip Code: \_\_\_\_\_

Email: \_\_\_\_\_ Phone: \_\_\_\_\_

Check, Purchase Order, or Money Order # \_\_\_\_\_

### Shoe Type: (Circle One)

N7 Air Native      Air Pegasus      Nike Free

Shoe Size  
(indicate mens or womens): \_\_\_\_\_

\*No exchanges on shoes

### Hotel Accommodations:

Hilton Garden Inn  
(503)439-1717  
Group rate @ \$139.00  
Cutoff date: July 9, 2013

Fairfield Inn & Suites  
(503)972-0048  
Group rate @ \$139.00  
Cutoff date: June 29, 2013

Online registration: [www.surveymonkey.com/s/NativeFitnessX](http://www.surveymonkey.com/s/NativeFitnessX)  
OR: fax/mail registration and payment to:  
Western Tribal Diabetes Project- NPaiHB  
2121 SW Broadway Suite 300, Portland, OR 97201  
Email: [wtdp@npaihb.org](mailto:wtdp@npaihb.org) / Phone: 503-416-3296 / Fax: 503-228-4801

Please reference: "NW Portland Area Indian Health Board" when reserving your room in order to receive the group rates. Participants are responsible for their own travel and lodging costs. **You will need a credit card to reserve your hotel room.**

**THIS TRAINING INCLUDES PHYSICAL ACTIVITY SO REMEMBER TO WEAR YOUR NIKE WORKOUT ATTIRE!**