

## 2014 Webinar Series

# Improving the Mental and Emotional Well-Being of Communities through the National Prevention Strategy

Presented by the Region VIII Federal Partners



Each webinar in this series highlights ways Federal agencies are working with communities to increase the number of Americans who are healthy at every stage of life – physically and mentally - by shifting the nation from a focus on sickness and disease to one based on prevention and wellness.

The National Prevention Strategy was developed as a result of the Affordable Care Act. The strategy outlines how Federal departments from a variety of sectors are implementing prevention efforts to improve the health of the nation.

The target audience for the series is staff from Federal, State, and local governments; Tribal nations and communities; community based-organizations; academia; advocacy groups; and faith-based organizations. The general public is also welcome!

For more information about the National Prevention Strategy, the Region VIII Federal Partners Workgroup, and the 2014 Webinar series, including how to register, go to:  
[https://hrsa.connectsolutions.com/nsp\\_webinar/event/registration.html](https://hrsa.connectsolutions.com/nsp_webinar/event/registration.html)

**Community and Historical Trauma: Surviving and Recovering** - This webinar will provide a framework for understanding community and historical trauma, and key strategies for survival and recovery. The webinar will highlight American Indians, refugees, and those individuals and communities that have been impacted by community violence. **Thursday, February 20, 2:00-3:30 p.m. (MT)**

**Recognizing and Responding to Trauma: The ACE Study and Trauma-Informed Care** - This webinar will provide an overview of the Adverse Childhood Experiences (ACE) study completed by Kaiser Permanente in 2009 and the model of trauma-informed care. The impact of trauma is pervasive across all health, education, and social service programs, and its recognition is of critical importance for service provision that leads to healthy outcomes. **Thursday, March 20, 2:00-3:30 p.m. (MT)**

**Reducing Stigma and Misunderstanding of Mental Health** - One of the greatest barriers to people getting the mental health care they need is the significant misunderstanding and stigma related to mental health. In this webinar, we will share innovative national and regional programs that promote mental and emotional well-being. **Thursday, May 22, 2:00-3:30 p.m. (MT)**

**Prescription Drug Abuse: Why Does it Matter and What Can We Do?** - Prescription drug abuse is one of the most dangerous and underreported issues in our country today. This webinar will highlight the prevalence of prescription drug abuse, outline the five pillars of the White House Strategy, and share state and community initiatives that reduce prescription drug abuse. **Thursday, July 17, 2:00-3:30 p.m. (MT)**

**Recovery Oriented Systems of Care** - Recovery is "A process of change through which individuals improve their health and wellness, live a self-directed life, and strive to reach their full potential." (SAMSHA, 2011) This webinar will highlight the role that individuals, families, and communities share in promoting recovery through work, housing, and social connectivity. **Thursday, September 18, 2:00-3:30 p.m. (MT)**

**Suicide Prevention and Response: Successful Community Strategies** - This webinar will include an overview of suicide data related to specific populations such as American Indians, youth, older adults, and individuals living with disabilities; Region VIII's mobilization of the National Strategy for Suicide Prevention; and successful suicide prevention strategies. **Thursday, November 20, 2:00-3:30 p.m. (MT)**

To receive notices about these webinars and other region VIII news, please send an email to [LISTSERV@LIST.NIH.GOV](mailto:LISTSERV@LIST.NIH.GOV) with "subscribe Region VIII <your name>" in the message body.

For questions related to this webinar series, please contact Cheri Pruitt [cheri.pruitt@hrsa.hhs.gov](mailto:cheri.pruitt@hrsa.hhs.gov).