

# Safety is NO Accident:

Prevent injuries and violence in Oregon  
[www.HealthOregon.org/phweek](http://www.HealthOregon.org/phweek)

OREGON  
**PUBLIC HEALTH WEEK 2011**

## SPEAKER series

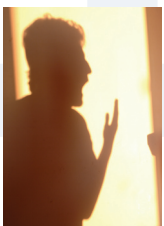
All events are free and open to the public. Speaker series events will have American Sign Language interpreters available.



**The Future of Public Health**  
**Howard Frumkin, MD, DrPH**,  
 School of Public Health  
 University of Washington  
**Monday April 4**  
**9 – 10 a.m.**  
**PSOB 1A and webinar**



**Preventing Falls – Whose role is it?**  
**Lynn Beattie, PT, MPT, MHA**,  
 National Council on Aging  
**Monday April 4**  
**Noon – 1 p.m.**  
**PSOB 1B and webinar**



**Not on Our Watch: Preventing domestic violence murder suicides**  
**Bruce Goldberg, MD;**  
**Erin Greenawald, JD;**  
**Sybil Hebb, JD; Mel Kohn, MD, MPH;**  
**Gabby Santos; Cynthia Stinson**  
**Tuesday April 5**  
**9 – 10 a.m.**  
**PSOB 1E**



**Making the Connection: Intimate partner violence and public health**  
**Elizabeth Miller, MD, PhD**,  
 UC Davis Children's Hospital  
**Tuesday April 5**  
**Noon – 1 p.m.**  
**PSOB 1E and webinar**



**Bike and Pedestrian Safety: Is Portland as safe as we think?**  
**William Lambert, PhD, OHSU;**  
**Sharon White, City of Portland**  
**Wednesday April 6**  
**9 – 10 a.m.**  
**PSOB 1E**



**Public Health – Leading change and advancing health**  
**Michael Bleich, PhD, RN, FAAN**,  
 OHSU School of Nursing  
**Wednesday April 6**  
**Noon – 1 p.m.**  
**PSOB 1E and webinar**



**Prescription Opioid Overdose in Oregon: A public health perspective**  
**Katrina Hedberg, MD, MPH;**  
**Gary Oxman, MD, MPH;**  
**Kim Toevs, MPH**  
**Thursday April 7**  
**9 – 10 a.m.**  
**PSOB 1A**



**It's the Skin You're In: Why African Americans live sicker and die younger**  
**Thomas LaVeist, PhD**,  
 Johns Hopkins Bloomberg School of Public Health  
**Thursday April 7**  
**3 – 4 p.m., reception to follow**  
**Oregon Convention Center and live stream**



**Putting Health in the People's Hands: The future direction of chronic disease prevention and health promotion**  
**Ursula Bauer, PhD, MPH**, National Center for Chronic Disease Prevention and Health Promotion, Centers for Disease Control and Prevention  
**Friday April 8**  
**Noon – 1 p.m.**  
**HSB 137 and webinar**


HSB: Barbara Roberts  
 Human Services Bldg  
 (Salem)  
 PSOB: Portland State  
 Office Bldg




**Youth Speak Out About Working Safe: Oregon Young Employee Safety Coalition Video Contest winners**  
**Thursday April 7**  
**Noon – 1 p.m.**  
**PSOB 1B**

## PRESENTATIONS and trainings

**Safety in Motion**  
**Monday April 4**  
**12:30 – 1:30 p.m. HSB 137**

**Engaging Men to Prevent Sexual and Domestic Violence**  
  
**Tuesday April 5**  
**6:30 – 8 p.m.**  
**Mercy Corps Action Center**

**Partnering with Interpreters to Promote a Greater Cultural Understanding**  
  
**Tuesday April 5**  
**6:30 – 8 p.m.**  
**Oregon Medical Association Headquarters.**  
 Space is limited. RSVP to [www.theOMA.org](http://www.theOMA.org)

**Slips, Trips and Falls**  
**Wednesday April 6**  
**12:30 – 1:30 p.m.**  
**HSB 137**

**QPR – Question, Persuade, Refer – Suicide Prevention**  
**Friday April 8**  
**Noon – 1 p.m. PSOB 1C**

## CONTEST events



**The Way I See It: A youth perspective on health**  
 Youth Photo Contest Awards, screening of film "Bullied" and Youth Panel

**Wednesday April 6, 6 – 8 p.m.**  
**PSU Smith Memorial Union, Vanport Room 338**

## HEALTHY activities

**Tai Chi: Moving for better balance**  
**Monday April 4**  
**1 – 2 p.m.**  
**PSOB 1D**

**Gravity is Your Friend! Good posture made easy**  
**Tuesday April 5**  
**Noon – 1 p.m.**  
**PSOB 1C**

**Work Happy: Moving in the workplace**  
**Wednesday April 6**  
**Noon – 1 p.m.**  
**PSOB 1C**

**Stress Relief Using a Mindfulness-based Approach**  
**Thursday April 7**  
**Noon – 1 p.m.**  
**PSOB 1D**

**Nia**  
**Thursday April 7**  
**1 – 2 p.m.**  
**PSOB 1D**

**Introduction to Tulen Self-defense**  
**Friday April 8**  
**Noon – 1 p.m.**  
**PSOB 1D**

OHA 9516 (02/2011)

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OREGON  
**PUBLIC HEALTH  
WEEK 2011**

## SCHEDULE

### for Oregon Public Health Week 2011

|                               | Monday, April 4   | Tuesday, April 5   | Wednesday, April 6  |
|-------------------------------|---|--|---|
| <b>TIME</b>                   | <b>Focus: Unintentional Injury Prevention</b>   | <b>Focus: Violence Prevention</b>  | <b>Focus: Visions of Public Health</b>  |
| <b>All day exhibits</b>       | (PSOB and HSB lobbies)<br><br><b>Safe Kids Fundraiser</b><br>11 a.m. – 1 p.m. (PSOB Lobby)  | (PSOB and HSB lobbies)   | (PSOB and HSB lobbies)<br><br><b>Safe Kids Fundraiser</b><br>11 a.m. – 1 p.m. (PSOB Lobby)  |
| <b>9 – 10 a.m.</b>            | Speaker Series:<br>The Future of Public Health (PSOB 1A and webinar).<br><b>Howard Frumkin, MD, DrPH,</b><br>School of Public Health University of Washington | Speaker Series: Not on Our Watch: Preventing domestic violence murder suicides (PSOB 1E).<br>Bruce Goldberg, MD;<br>Erin Greenawald, JD;<br>Sybil Hebb, JD; Mel Kohn, MD, MPH;<br>Gabby Santos; Cynthia Stinson  | Speaker Series:<br>Bike and Pedestrian Safety: Is Portland as safe as we think? (PSOB 1E).<br>William Lambert, PhD, OHSU;<br>Sharon White, City of Portland   |
| <b>Noon – 1 p.m.</b>          | Speaker Series: Preventing Falls - Whose role is it? (PSOB 1B and webinar). <b>Lynn Beattie, PT, MPT, MHA,</b><br>National Council on Aging                   | Speaker Series: Making the Connection: Intimate partner violence and public health (PSOB 1E and webinar).<br><b>Elizabeth Miller, MD, PhD,</b> UC Davis Children's Hospital  | Speaker Series: Public Health - Leading change and advancing health (PSOB 1E and webinar).<br><b>Michael Bleich, RN, PhD, FAAN,</b><br>OHSU School of Nursing   |
|                               |   | <b>Healthy Activity: Gravity is Your Friend! Good posture made easy</b> (PSOB 1C).<br>Claudia Holderegger, DC  | <b>Healthy Activity: Work Happy: Moving in the workplace</b> (PSOB 1C).<br>Beverly Burke, RN, MPH   |
| <b>12:30 p.m. – 1:30 p.m.</b> | Safety in Motion (HSB 137).<br>Laurie LaBrasseur, ARM   |  | Slips, Trips and Falls (HSB 137).<br>Laurie LaBrasseur, ARM   |
| <b>1 – 2 p.m.</b>             | <b>Healthy Activity: Tai Chi: Moving for better balance</b> (PSOB 1D). Jim Dalton, MAT  |  |   |
| <b>2 – 4 p.m.</b>             | <b>PHD Open House</b> – staff only (OEPH)   | <b>PHD Open House</b> – staff only (OFH)   | <b>PHD Open House</b> – staff only (OMHS)   |
|                               |   | <b>Public Health Lab Tour</b> – staff only   | <b>Public Health Lab Tour</b> – staff only  |
| <b>After 5 p.m.</b>           | Public Health Social Hour (5 - 7 p.m. at Guild Public House).<br>Hosted by Upstream Public Health   | Engaging Men to Prevent Sexual and Domestic Violence (6:30 - 8 p.m. at Mercy Corps Action Center). Ron Clark, Cliff Leek, Tim Logan, Mario Olivares, Jack Straton  | <b>Contest Event: The Way I See It: A youth perspective on health</b> (6 - 8 p.m. at PSU Smith Memorial Union, Vanport Room 338). Youth Photo Contest Awards, screening of film "Bullied" and Youth Panel |
|                               |   | Partnering with Interpreters to Promote a Greater Cultural Understanding (6:30 - 8 p.m. at Oregon Medical Association Headquarters). David Cardona, MD, MPH, CMI (Space is Limited – Please RSVP: <a href="http://www.theOMA.org">www.theOMA.org</a> ) | <b>See acronym key on reverse side.</b>   |

www.HealthOregon.org/phweek

For complete addresses and directions, go to

[www.HealthOregon.org/phweek](http://www.HealthOregon.org/phweek)



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## SCHEDULE

### for Oregon Public Health Week 2011

|                         | Thursday, April 7  | Friday, April 8  |
|-------------------------|--|--|
| <b>TIME</b>             | <b>Focus: Safety and Equity</b>  | <b>Focus: Health Policy</b>  |
| <b>All day exhibits</b> | (PSOB and HSB lobbies)<br><br><b>Safe Kids Fundraiser</b><br>11 a.m. – 1 p.m. (PSOB Lobby)   | (Capitol Galleria, HSB lobbies)  |
| <b>9 – 10 a.m.</b>      | Speaker Series: Prescription Opioid Overdose in Oregon: A public health perspective (PSOB 1A). Katrina Hedberg, MD, MPH; Gary Oxman, MD, MPH; Kim Toevs, MPH   |  |
| <b>Noon – 1 p.m.</b>    | <b>Contest Event: Youth Speak Out About Working Safe: Oregon Young Employee Safety Coalition Video Contest winners</b> (PSOB 1B). Dede Montgomery, MS, CIH; Mandy Green, MPH   | Putting Health in the People's Hands: The future direction of chronic disease prevention and health promotion<br><b>Ursula Bauer, PhD, MPH</b> , National Center for Chronic Disease Prevention and Health Promotion, Centers for Disease Control and Prevention (HSB 137 and webinar) |
|                         | <b>Healthy Activity: Stress Relief Using a Mindfulness-based Approach</b> (PSOB 1D). Tim Holbert   | <b>QPR — Question, Persuade, Refer — Suicide Prevention</b> (PSOB 1C). Donna Noonan, MPH; Jason Yarmer   |
| <b>1 – 2 p.m.</b>       | <b>Healthy Activity: Nia</b> (PSOB 1D). Cessa Karson-Whitethorn, MPH and Nia White Belt  | <b>Healthy Activity: Introduction to Tulen Self-defense</b> (PSOB 1D). Kari Greene, MPH  |
| <b>2 – 4 p.m.</b>       | <b>PHD Open House</b> – staff only (ODPE)  | <b>PHD Open House</b> – staff only (OCHHP and OSPHD)   |
| <b>3 – 5 p.m.</b>       | Speaker Series: It's the Skin You're In: Why African Americans live sicker and die younger (Oregon Convention Center and live stream) Thomas LaVeist, PhD, Johns Hopkins Bloomberg School of Public Health (Lecture 3 - 4 p.m., reception to follow) |  |

#### Acronym key

|              |   |
|--------------|---|
| <b>HSB</b>   | Barbara Roberts Human Services Building (Salem) |
| <b>OCHHP</b> | Office of Community Health and Health Planning  |
| <b>ODPE</b>  | Office of Disease Prevention and Epidemiology   |
| <b>OEPH</b>  | Office of Environmental Public Health           |
| <b>OFH</b>   | Office of Family Health                         |
| <b>OMHS</b>  | Office of Multicultural Health and Services     |
| <b>OSPHD</b> | Office of the State Public Health Director      |
| <b>PSOB</b>  | Portland State Office Building                  |

All events are free. They are open to the public unless otherwise specified. Speaker series events will have American Sign Language interpreters available.

NORTHWEST HEALTH  
FOUNDATION

The Community's Partner for Better Health

Community Health Priorities  
Join the Conversation  
**CHP**  
A Project of the Northwest Health Foundation  
www.CommunityHealthPriorities.org



Oregon  
**Health**  
Authority