Prevent injuries and violence in Oregon

Preventing Falls – Whose role is it?
Lynn Beatrice, PT, MPT, MHA, National Council on Aging
Monday April 4
12:30 – 1:30 p.m.
PSOB 1B and webinar

Making the Connection: Intimate partner violence and public health
Elizabeth Miller, MD, PhD, UC Davis Children’s Hospital
Tuesday April 5
 Noon – 1 p.m.
PSOB 1E and webinar

It’s the Skin You’re In: Why African Americans live sicker and die younger
Thomas LaVeist, PhD, John's Hopkins Bloomberg School of Public Health
Thursday April 7
3 – 4 p.m., reception to follow
PSOB 1E and webinar

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Public Health – Leading change and advancing health
Michael Bleich, PhD, RN, FAAN, OHSU School of Nursing
Wednesday April 6
 Noon – 1 p.m.
PSOB 1E and webinar

Putting Health in the People’s Hands: The future direction of chronic disease prevention and health promotion
Ursula Bauer, PhD, MPH. National Center for Chronic Disease Prevention and Health Promotion, Centers for Disease Control and Prevention
Friday April 8
 Noon – 1 p.m.
HSB 137 and webinar

Tai Chi; Moving for better balance
Monday April 4
1 – 2 p.m.
PSOB 1D

Gravity is Your Friend! Good posture made easy
Tuesday April 5
Noon – 1 p.m.
PSOB 1C

Work Happy: Moving in the workplace
Wednesday April 6
Noon – 1 p.m.
PSOB 1C

Stress Relief Using a Mindfulness-based Approach
Thursday April 7
Noon – 1 p.m.
PSOB 1D

Nia
Thursday April 7
1 – 2 p.m.
PSOB 1D

Introduction to Tulen Self-defense
Friday April 8
 Noon – 1 p.m.
PSOB 1D
# Safety is NO Accident:
Prevent injuries and violence in Oregon

## SCHEDULE for Oregon Public Health Week 2011

<table>
<thead>
<tr>
<th>TIME</th>
<th>Monday, April 4</th>
<th>Tuesday, April 5</th>
<th>Wednesday, April 6</th>
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</thead>
<tbody>
<tr>
<td><strong>All day exhibits</strong></td>
<td>Focus: Unintentional Injury Prevention</td>
<td>Focus: Violence Prevention</td>
<td>Focus: Visions of Public Health</td>
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<tr>
<td>(PSOB and HSB lobbies)</td>
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<tr>
<td><strong>Safe Kids Fundraiser</strong></td>
<td>11 a.m. – 1 p.m. (PSOB Lobby)</td>
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<tr>
<td>9 – 10 a.m.</td>
<td>Speaker Series: The Future of Public Health (PSOB 1A and webinar). Howard Frumkin, MD, DrPH, School of Public Health University of Washington</td>
<td>Speaker Series: Not on Our Watch: Preventing domestic violence murder suicides (PSOB 1E). Bruce Goldberg, MD; Erin Greenawald, JD; Sybil Hebb, JD; Mel Kohn, MD, MPH; Gabby Santos; Cynthia Stinson</td>
<td>Speaker Series: Bike and Pedestrian Safety: Is Portland as safe as we think? (PSOB 1E). William Lambert, PhD, OHSU; Sharon White, City of Portland</td>
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<tr>
<td>Noon – 1 p.m.</td>
<td>Speaker Series: Preventing Falls - Whose role is it? (PSOB 1B and webinar). Lynn Beattie, PT, MPT, MHA, National Council on Aging</td>
<td>Speaker Series: Making the Connection: Intimate partner violence and public health (PSOB 1E and webinar). Elizabeth Miller, MD, PhD, UC Davis Children’s Hospital</td>
<td>Speaker Series: Public Health - Leading change and advancing health (PSOB 1E and webinar). Michael Bleich, RN, PhD, FAAN, OHSU School of Nursing</td>
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<td>12:30 p.m. – 1:30 p.m.</td>
<td>Healthy Activity: Gravity is Your Friend! Good posture made easy (PSOB 1C). Claudia Holderegger, DC</td>
<td>Healthy Activity: Work Happy: Moving in the workplace (PSOB 1C). Beverly Burke, RN, MPH</td>
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<td>1 – 2 p.m.</td>
<td>Safety in Motion (HSB 137). Laurie LaBrasseur, ARM</td>
<td>Slips, Trips and Falls (HSB 137). Laurie LaBrasseur, ARM</td>
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<tr>
<td>2 – 4 p.m.</td>
<td>Healthy Activity: Tai Chi: Moving for better balance (PSOB 1D). Jim Dalton, MAT</td>
<td>PHD Open House – staff only (OEPH)</td>
<td>PHD Open House – staff only (OMHS)</td>
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<tr>
<td>After 5 p.m.</td>
<td>PHD Open House – staff only (OEPH)</td>
<td>PHD Open House – staff only (OFH)</td>
<td>Public Health Lab Tour – staff only (OMHS)</td>
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<tr>
<td><strong>Public Health Social Hour</strong> (5 – 7 p.m. at Guild Public House). Hosted by Upstream Public Health</td>
<td>Engaging Men to Prevent Sexual and Domestic Violence (6:30 - 8 p.m. at Mercy Corps Action Center). Ron Clark, Cliff Leek, Tim Logan, Mario Olivares, Jack Straton</td>
<td>Contest Event: The Way I See It: A youth perspective on health (6 - 8 p.m. at PSU Smith Memorial Union, Vanport Room 338). Youth Photo Contest Awards, screening of film “Bullied” and Youth Panel</td>
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<tr>
<td><strong>After 5 p.m.</strong></td>
<td>Partnering with Interpreters to Promote a Greater Cultural Understanding (6:30 - 8 p.m. at Oregon Medical Association Headquarters). David Cardona, MD, MPH, CMI (Space is Limited – Please RSVP: <a href="http://www.theOMA.org">www.theOMA.org</a>)</td>
<td>See acronym key on reverse side.</td>
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For complete addresses and directions, go to [www.HealthOregon.org/phweek](http://www.HealthOregon.org/phweek)
### SCHEDULE

**Thursday, April 7**  
**TIME**  
Focus: Safety and Equity  
All day exhibits  
(PSOB and HSB lobbies)  
Safe Kids Fundraiser  
11 a.m. – 1 p.m. (PSOB Lobby)  

**9 – 10 a.m.**  
Speaker Series: Prescription Opioid Overdose in Oregon: A public health perspective (PSOB 1A), Katrina Hedberg, MD, MPH; Gary Oxman, MD, MPH; Kim Toevs, MPH  

**Noon – 1 p.m.**  
Contest Event: Youth Speak Out About Working Safe: Oregon Young Employee Safety Coalition Video Contest winners (PSOB 1B), Dede Montgomery, MS, CIH; Mandy Green, MPH  
Healthy Activity: Stress Relief Using a Mindfulness-based Approach (PSOB 1D), Tim Holbert  

**1 – 2 p.m.**  
Healthy Activity: Nia (PSOB 1D), Cessa Karson-Whitethorn, MPH and Nia White Belt  

**2 – 4 p.m.**  
Speaker Series: It’s the Skin You’re In: Why African Americans live sicker and die younger (Oregon Convention Center and live stream) Thomas LaVeist, PhD, Johns Hopkins Bloomberg School of Public Health (Lecture 3 – 4 p.m., reception to follow)  

**3 – 5 p.m.**  

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**Friday, April 8**  
**TIME**  
Focus: Health Policy  
All day exhibits  
(Capitol Galleria, HSB lobbies)  

**9 – 10 a.m.**  
Putting Health in the People’s Hands: The future direction of chronic disease prevention and health promotion Ursula Bauer, PhD, MPH, National Center for Chronic Disease Prevention and Health Promotion, Centers for Disease Control and Prevention (HSB 137 and webinar)  

**Noon – 1 p.m.**  
QPR — Question, Persuade, Refer — Suicide Prevention (PSOB 1C), Donna Noonan, MPH; Jason Yarmer  
Healthy Activity: Introduction to Tulen Self-defense (PSOB 1D), Karl Greene, MPH  

**1 – 2 p.m.**  
PHD Open House – staff only (ODPE)  

**2 – 4 p.m.**  
PHD Open House – staff only (OCHHP and OSPHD)  

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All events are free. They are open to the public unless otherwise specified. Speaker series events will have American Sign Language interpreters available.

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**Acronym key**  
- **HSB**: Barbara Roberts Human Services Building (Salem)  
- **OCHHP**: Office of Community Health and Health Planning  
- **ODPE**: Office of Disease Prevention and Epidemiology  
- **OEPH**: Office of Environmental Public Health  
- **OFH**: Office of Family Health  
- **OMHS**: Office of Multicultural Health and Services  
- **OSPHD**: Office of the State Public Health Director  
- **PSOB**: Portland State Office Building