**NPAIHB Behavioral Health Committee – Meeting Minutes**

Coquille, OR – April 2018

**Participants:** Chandra Yates, Darryl Scott, Caroline Cruz

**Staff**: Stephanie Craig Rushing, Ticey Mason, Tam Lutz, Kerri Lopez

* **eMAR: Activity Reports and Quarterly Reports**
  + Stephanie Asked: What would you like to know about our project activities that will be included in our quarterly reports to you?
  + Attendees reported: Grant Opportunities, Activities specific to our Tribe. Opportunities. Hyperlinks to our projects.
* **MCH Opioid (Tam Lutz shared a grant application that she’s working on)**
  + EpiCenter collaborations are eligible to apply for NIMHD funding.
  + 2 year grant. The research plan is only 6 pages long. Due: May 14th
  + Applicants must address a priority topic that isn’t being adequately addressed.
  + We have an MCH Workgroup at the Board that has created a guiding framework.
  + Priority topic identified: Maternal substance use and neonatal withdrawal. We need to better understand current tribal policies and practices to improve pre- and post-natal care for mothers and babies.
  + Goal: After reviewing available data and doing an inventory of best practices => create a tool support the development and evaluation of tribal interventions.
  + Problem: Some substance-using moms intentionally don’t seek pre-natal care because they want to avoid the system. Meth addition is so strong, that parenting instincts doesn’t kick in.
  + The grant will explore several questions: Which tribes have a MCH nurse? What barriers are there for pregnant women who are in treatment? What capacity do Tribes have to provide “standards of care” for mom’s MAT and breastfeeding? Is it a punitive system? Are there better models that we could learn from and expand?
  + Tam is looking for stories that highlight the challenges that they are facing re: substance use and pregnancy. Data suggests that outcomes are best for mom and baby, when they are on a medical assisted therapy during pregnancy and mom can breastfeed after delivery.
    - If you would like to talk to Tam about this grant proposal, you can email her: [tlutz@npaihb.org](mailto:tlutz@npaihb.org)
* **Marijuana** 
  + Since it has become legal, we need an education campaign to balance the pro-pot message. (Klamath)
  + Public health messaging would be helpful for all age-levels – include focus on Marijuana and brain development.
  + Request: Write an article about marijuana and include it in Health News and Notes, make available to Tribal papers (Stephanie will follow-up)
* **Committee Report on Thursday:** Lisa Griggs (none of our participants will be here on Thursday ☺)