

Oregon Native Youth Survey Instructions

You have been asked to participate in a study called the Oregon Native American Youth Survey. We want to understand how the lives of American Indian youth change as they get older. We will talk with youth from different tribes over a period of three years and ask them about things in their lives that both help them grow and create challenges. We want to learn more about family, friends, school, and youth themselves. When we learn about these things, we hope to come up with ways to make it easier for all American Indian teens as they grow.

Your responses will be kept private. There are NO RIGHT OR WRONG ANSWERS. This is NOT A TEST. Your name will not be on the survey so no one in your school or community will know your answers. When we talk about what we learn from this study, we will talk about all youth who take part, not specific people.

Your honest answers will help us, your community, and other Indian communities to better understand the needs of young people so that better and more helpful programs and services can be developed.

1. Again, this is not a test. There are no right or wrong answers – just answers that fit the best for you.
2. If you don't find an answer that fits exactly, use one that comes closest. If a question does not apply to you, leave it blank, or pick the answer that says it doesn't apply.
3. Mark your answers clearly:
 - Please use a pencil
 - Completely fill in the circles.
 - Completely erase any answer you want to change or put an "X" through the answer you don't want if you make a mistake or change your mind.
 - Make no other marks or comments on the answer pages.

4. Some of the questions have the following format:

Please fill in the circle for the word that best describes how you feel.

Example: Pepperoni pizza is one of my favorite foods.

NO! no yes YES!
○ ○ ○ ○

- Mark the big "NO!" if you think the statement is definitely not true for you.
- Mark the little "no" if you think the statement is mostly not true for you.
- Mark the little "yes" if you think the statement is mostly true for you.
- Mark the big "YES!" if you think the statement is definitely true for you.



Thank you! We really appreciate your participation.

**These questions ask for some general information about you.
Please mark the response that best describes you and your home.**

1. How old are you?
 - 11 or younger 16
 - 12 17
 - 13 18
 - 14 19
 - 15 20 or older

2. Are you in school?
 - No
 - Yes

- 2a. If yes, what grade are you in (or, if you are not currently in school, what was the last grade you completed)?
 - 5th or under 10th
 - 6th 11th
 - 7th 12th
 - 8th GED Program
 - 9th College

3. I am...
 - Female
 - Male

4. I have Hispanic or Latino background:
 - No
 - Yes

- 4a. If Yes, I am...(select one or more):
 - Mexican, Mexican-American, or Chicano
 - Puerto Rican
 - Cuban
 - Dominican
 - Central American
 - South American
 - Other Hispanic origin (please describe):

5. I am...(fill in all that apply):
 - American Indian or Alaska Native
 - Asian
 - Black or African American
 - Native Hawaiian or other Pacific Islander
 - White

6. Who spent the most time helping you out or taking care of you in the past 6 months? (choose one)
 - Your mother
 - Your father
 - Your step-mother
 - Your step-father
 - Your grandmother
 - Your grandfather
 - Other (please specify: _____)

7. Think of the adults that live with you. Which of these people do you miss the most when you can't be with them? (choose one)
 - Mother Step-mother
 - Father Step-father
 - Grandmother Guardian
 - Grandfather Older brother or sister
 - Uncle None
 - Aunt Other (please specify: _____)

8. What languages are spoken in your home?
 - a. Tribal language
 - Never
 - Sometimes
 - Often
 - Always
 - b. English
 - Never
 - Sometimes
 - Often
 - Always
 - c. Spanish
 - Never
 - Sometimes
 - Often
 - Always
 - d. Other language (please specify: _____)
 - Sometimes
 - Often
 - Always

9. How many people live with you, including yourself?
 - 1 6
 - 2 7
 - 3 8
 - 4 9
 - 5 10 or more

10. Who pays most of the bills (food, clothes, rent, etc) at your home?
 - Mother Step-mother
 - Father Step-father
 - Grandmother Guardian
 - Grandfather Older brother or sister
 - Uncle None
 - Aunt Other (please specify: _____)

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This section asks about your experiences at school, if you attended school in the past year. (If you did not attend school in the past year, skip to question 16)

- | | NO! | no | yes | YES! |
|--|-----------------------|-----------------------|-----------------------|-----------------------|
| 11. Putting them all together, what were your grades like in the past 12 months ?
<input type="radio"/> Mostly F's <input type="radio"/> Ungraded classes
<input type="radio"/> Mostly D's <input type="radio"/> Not sure
<input type="radio"/> Mostly C's
<input type="radio"/> Mostly B's
<input type="radio"/> Mostly A's | | | | |
| 12. Thinking back over the past 12 months in school, how often did you enjoy being in school?
<input type="radio"/> Almost always
<input type="radio"/> Often
<input type="radio"/> Sometimes
<input type="radio"/> Seldom
<input type="radio"/> Never | | | | |
| 13. At my school, there is a teacher or some other adult who believes that I will be a success. | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 14. My teacher(s) notice when I am doing a good job and lets me know about it. | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 15. There are lots of chances for students in my school to get involved in sports, clubs and other activities outside of class. | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |

The next question asks about harassment at school or in the community. Harassment can include threatening, bullying, picking on people, name calling or swearing, offensive notes or graffiti, unwanted touching and physical attacks.

16. During the past **12 months**, have you ever been harassed at school or anywhere else because of any of the following issues (pick one or more):
- Harassment about your race or ethnic origin
 - Unwanted sexual comments or attention
 - Harassment because someone thought you were gay, lesbian, or bisexual
 - Harassment about your weight, clothes, acne, or other physical characteristics
 - Harassment about your group of friends
 - Other reasons (please specify: _____)
 - I have not been harassed

The next section asks about your experience with tobacco, alcohol, and other drugs. It also asks some other personal questions. Remember, your answers are private.

- | In the past four weeks , how often (if at all) have you: | 0 times | 1-2 times | 3-6 times | 7 or more times |
|--|-----------------------|-----------------------|-----------------------|-----------------------|
| 17. Drank alcohol? | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 18. Used marijuana? | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 19. Used nonprescription over-the-counter drugs for the feeling they cause? (examples: diet pills, pep pills like No-Doz, and cold or cough medicine that says DM or Tuss on the bottle) | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 20. Used methamphetamine (meth, crystal meth, crank), LSD, cocaine, heroin, or other illegal drugs? | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 21. Used derbisol? | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 22. Used prescription drugs (such as Vicodin, OxyContin or Tylox, Xanax, Valium, Ritalin or Ambien) without a doctor's orders? | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| In the past 12 months , how often (if at all) have you: | | | | |
| 23. Been suspended from school? | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 24. Carried a handgun? | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 25. Sold illegal drugs? | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 26. Stolen or tried to steal a car or motor vehicle? | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 27. Been arrested? | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 28. Been a member of a gang or associated with gang members? | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 29. Bullied or harassed kids in school or in your community? | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |

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30. Have you ever given birth to a child or ever fathered a child?

- I have never had sex
- Yes
- No
- Don't know

31. I have been physically abused.

- Yes
- No
- Don't know
- Don't want to answer

In the past **12 months**, how often (if at all) have you:

	Never	Once	More than once
32. Won a sports meet, art show, music competition or other type of competition?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
33. Been honored for something good you did in your community?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
34. Spent at least one day learning or practicing traditional Native languages, arts, crafts, or music?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
35. Got an A in a class?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
36. Felt that you could reach the goals you set for yourself?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

In the past **four weeks**...

	NO!	no	yes	YES!
37. Has there been a time when nothing was fun for you and you just weren't interested in anything?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
38. Has there been a time when you felt you couldn't do anything well or that you weren't as good looking or smart as other people?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
39. Have you had times when you felt that life was hopeless and that there was nothing good for you in the future?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

40. If a suicidal friend asked me not to tell anyone, I would:

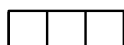
- Definitely tell someone
- Probably tell someone
- Probably not tell someone
- Definitely not tell someone

41. If a friend began to lose interest in activities and friends and sometimes said things like s(he) wasn't much good to anyone, would you:

	Definitely would	Probably would	Probably would not	Definitely would not
a. Mind your business and let him/her have his/her privacy.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
b. Ask him/her if something was bothering him/her.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
c. Try to get him/her to go talk to some trusted adult about what's bothering him/her.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
d. Tell a trusted adult about what you notice about your friend.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
e. Tell another friend about what you notice about your friend.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

42. If a friend told you s(he) was thinking about killing him/herself would you:

	Definitely would	Probably would	Probably would not	Definitely would not
a. Tell my friend to call a hotline.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
b. I would take him/her seriously.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
c. Talk to an adult about him/her.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
d. Talk to my friend without getting anyone else's help.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
e. Get advice from another friend.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
f. Respect his/her privacy and keep it a secret.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>



43. During the past **12 months**, did you ever feel so sad or hopeless almost every day for two weeks or more in a row that you stopped doing some usual activities? Yes No

44. During the past **12 months**, did you ever seriously consider attempting suicide? Yes No

45. During the past **12 months**, how many times did you actually attempt suicide?

- 0 times 4-5 times
 1 time 6 or more times
 2-3 times

46. If you attempted suicide during the past **12 months**, did any attempt result in an injury, poisoning, or overdose that had to be treated by a doctor or nurse? Yes No

How much do the following statements describe you?

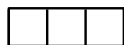
	NO!	no	yes	YES!
47. I try to help others when I can.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
48. I can talk about my problems with my friends.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
49. I can do just about anything I put my mind to.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
50. I am optimistic about my future.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
51. I do a pretty good job dealing with obstacles and challenges.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
52. I try to take responsibility for what I do.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
53. I am involved in sports, clubs or other activities at school and/or in my community.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
54. I try to do my best.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

The next few questions ask about the community you live in.

	Very hard	Sort of hard	Sort of easy	Very easy
55. If you wanted to get some alcohol (beer, wine, or hard liquor like vodka, whiskey, or gin), how easy would it be for you to get some?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
56. If you wanted to get some marijuana, how easy would it be for you to get some?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
57. If you wanted to get an illegal drug like meth, cocaine, heroin or LSD, how easy would it be for you to get some?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
58. If you wanted to get a handgun, how easy would it be for you to get one?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
59. If you needed the advice or help of someone in the community (not part of your family), how easy would it be to find someone to help?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
60. If you wanted to find someone to do a ceremony, how easy would it be?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

How wrong would most adults (over 21) in your community think it was okay for young people your age:

	Very wrong	Wrong	A little bit wrong	Not wrong at all
61. To drink alcohol?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
62. To smoke marijuana?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
63. To use other illegal drugs?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
64. Steal anything worth more than \$5?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
65. Pick a fight with someone?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
66. To commit suicide?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
67. To disrespect an elder?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>



How much do each of the following words or statements describe your community?

	NO!	no	yes	YES!
68. Crime	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
69. Opportunities to interact with elders	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
70. Drug selling	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
71. Honoring people who do good work	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
72. People getting into fights in public	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
73. There are people in my community who are proud of me when I do something well	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
74. Drunken people	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
75. If I had to move, I would miss the community I now live in	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
76. Safe	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
77. Family members beating each other up or engaging in other physical or sexual abuse	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
78. There are people in my community who give me guidance and support when I make mistakes or make bad decisions.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
79. Opportunities to participate in traditional cultural and spiritual activities.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

The next few questions ask about your family.

	NO!	no	yes	YES!
80. When I am not at home, one of my family members knows where I am and who I am with.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
81. People in my family ask me what I think before most family decisions affecting me are made.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
82. I share my thoughts and feelings with someone in my family.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
83. If I had a personal problem, I could ask someone in my family for help.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
84. People in my family often insult or yell at each other.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
85. Someone in my family notices when I am feeling sad or upset.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
86. I feel safe in my home.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
87. My parents/guardian or someone in my family notices when I am doing a good job and they let me know about it.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
88. People in my family support each other when times get rough.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

89. Has anyone in your family ever had a severe alcohol or drug problem?
 No Yes
- 89a. If yes, how hard has this been for you?
 Not hard at all
 A little hard
 Hard
 It's been extremely hard for me

90. Has anyone in your family or close to you died in your lifetime? No Yes
- 90a. If yes, has there been more than one death among your family and friends?
 No Yes
- 90b. How close was this person to you? If more than one person has died, please respond for the person who was closest to you.
 Very close: this was a very important person in my life (such as a caregiver or good friend)
 Somewhat close (such as an extended family member or friend you spent some time with)
 Not very close (for example, knew them, but not very well, or didn't spend a lot of time together)

91. Has anyone in your family or close to you died by suicide? (if not, please go to question #92)
 No Yes

91a. If yes, has there been more than one suicide among your family and friends?
 No Yes

92. Has anyone in your family or close to you **attempted** suicide and did not die?
 No Yes

92a. If yes, has there been more than one suicide **attempt** among your family and/or friends?
 No Yes

The next few questions ask about culture, belief and tradition.

93. How important is it to you to follow religious or spiritual beliefs which are based upon:	Not at all important	Not very important	Somewhat important	Very important
a. Traditional Indian beliefs?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
b. Christian beliefs such as Catholic, Baptist, Lutheran, etc.?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
c. Other beliefs (please write in which beliefs): _____	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

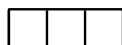
94. How important is it to you to have Indian values and practices, such as respect for elders or generosity?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
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How often have you done the following...	Never	Once or twice in my life	A few times in my life	A few times every year	Several times per year
95. Gone hunting in a traditional Native way?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
96. Gone fishing in a traditional Native way?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
97. Gone digging for roots or gathered herbs or medicines in a traditional Native way?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
98. Gathered berries in a traditional Native way?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
99. Gathered materials for baskets and done basket weaving in a traditional Native way?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
100. Gone canoeing in a traditional Native way?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

101. Have you been to a powwow in the past **12 months**?
 No Yes

101a. If you have been to a powwow in the past 12 months, about how many have you been to?
 Once 2-4 powwows 5-7 powwows 8-10 powwows More than 10 powwows

How often have you done the following...	Never	Once	A few times in my life	A few times every year	At least once per month
102. Done traditional Native beading?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
103. Gone to a sweat?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
104. Used water, tobacco, fire, cornmeal, sweet grass, cedar, or other herbs or medicines to pray	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
105. Smudged?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
106. Participated in longhouse, shorthouse, Seven-Drum/Washut services?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
107. Engaged in learning your tribal language, either formally or informally?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>



108. Have you participated in any cultural/spiritual/outdoor activities sponsored by your tribe?

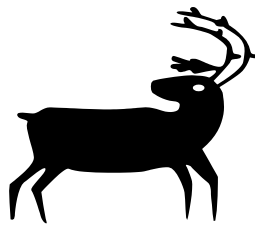
Please list:

How often?

a) _____	_____
b) _____	_____
c) _____	_____
d) _____	_____
e) _____	_____
f) _____	_____
g) _____	_____

109. I have taken this survey before.

- No
- Yes If so, where? _____
If so, when? _____



Thank you again!

We really appreciate your participation.