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Diabetes Audit Results, Portland Area, 2004-2014

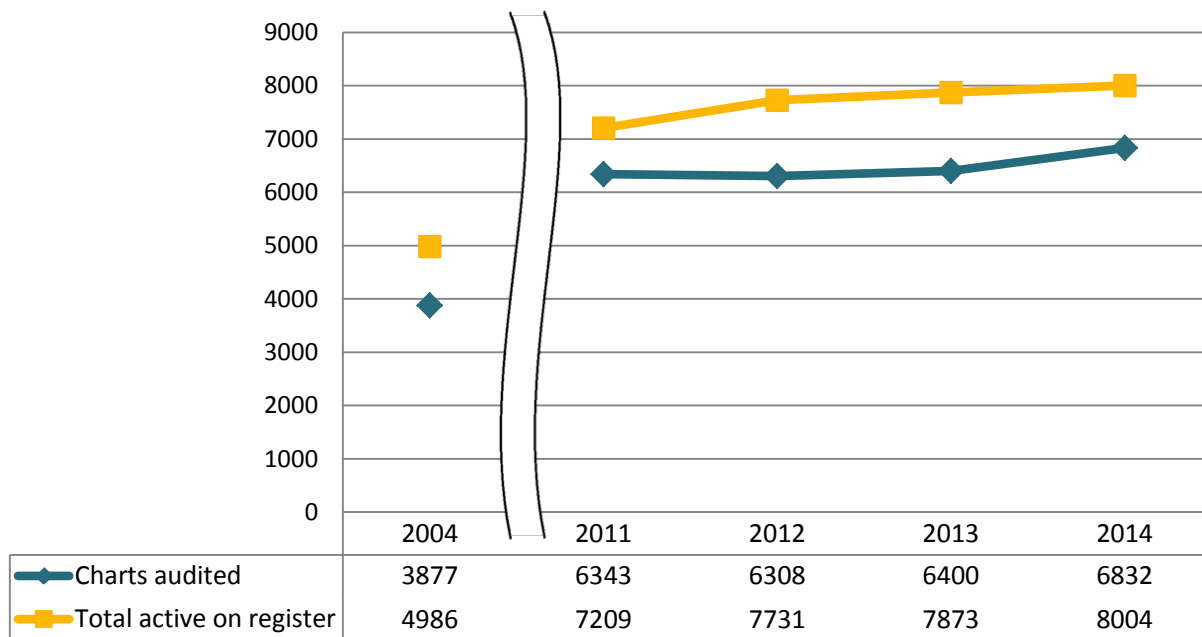
Site-Specific Trends

The following report contains information from your program's annual diabetes audit submission to the Indian Health Service over the past few years. The report was prepared for your site by the Western Tribal Diabetes Project at the Northwest Portland Area Indian Health Board, which receives Special Diabetes Program for Indians (SDPI) funding to assist Northwest tribes in managing their diabetes information. If you have any questions about the report, or if you would like this report in Excel format, please contact the Western Tribal Diabetes Project at wtdp@npaihb.org or (800) 862-5497.

Notes:

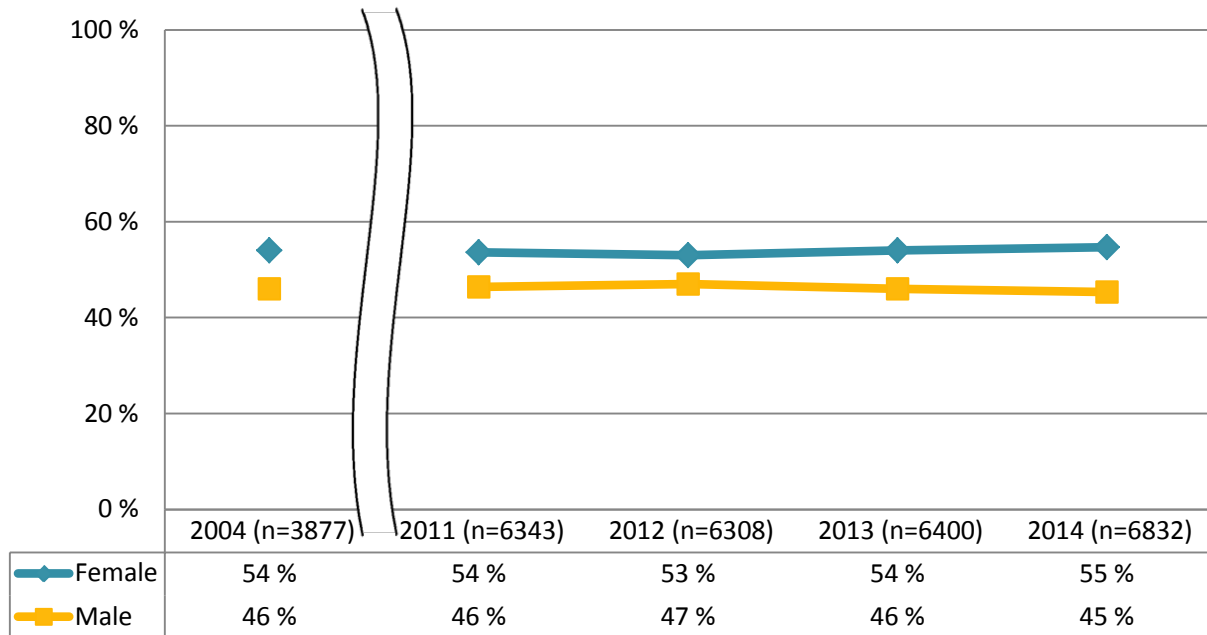
- Due to rounding, charts will occasionally not add up to 100%.
- Data are presented by the year in which the data were submitted. Most likely, the patient care reflected in the audit was delivered in the previous year. For example, the columns 2013 in these charts reflect care that was delivered in 2012.
- Blank spaces have been left for some indicators in years when information was not reported.

Patients in the Diabetes Register

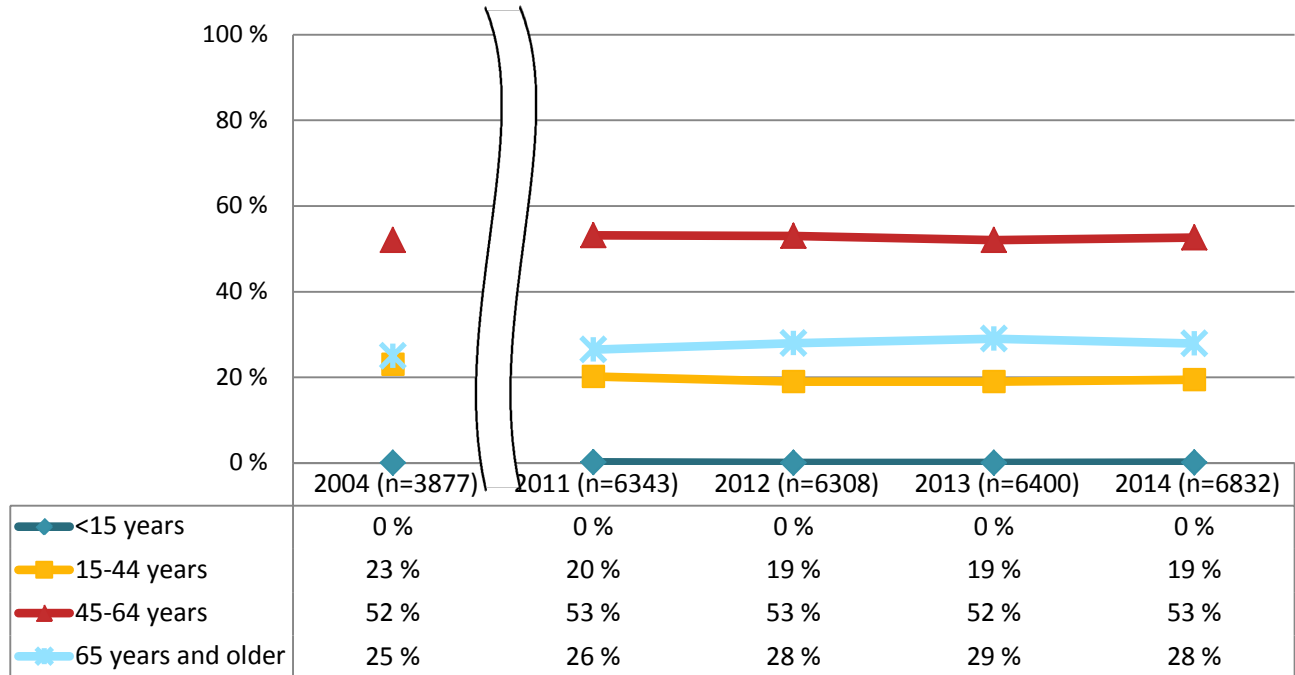


Diabetes Audit Results, Portland Area, 2004-2014

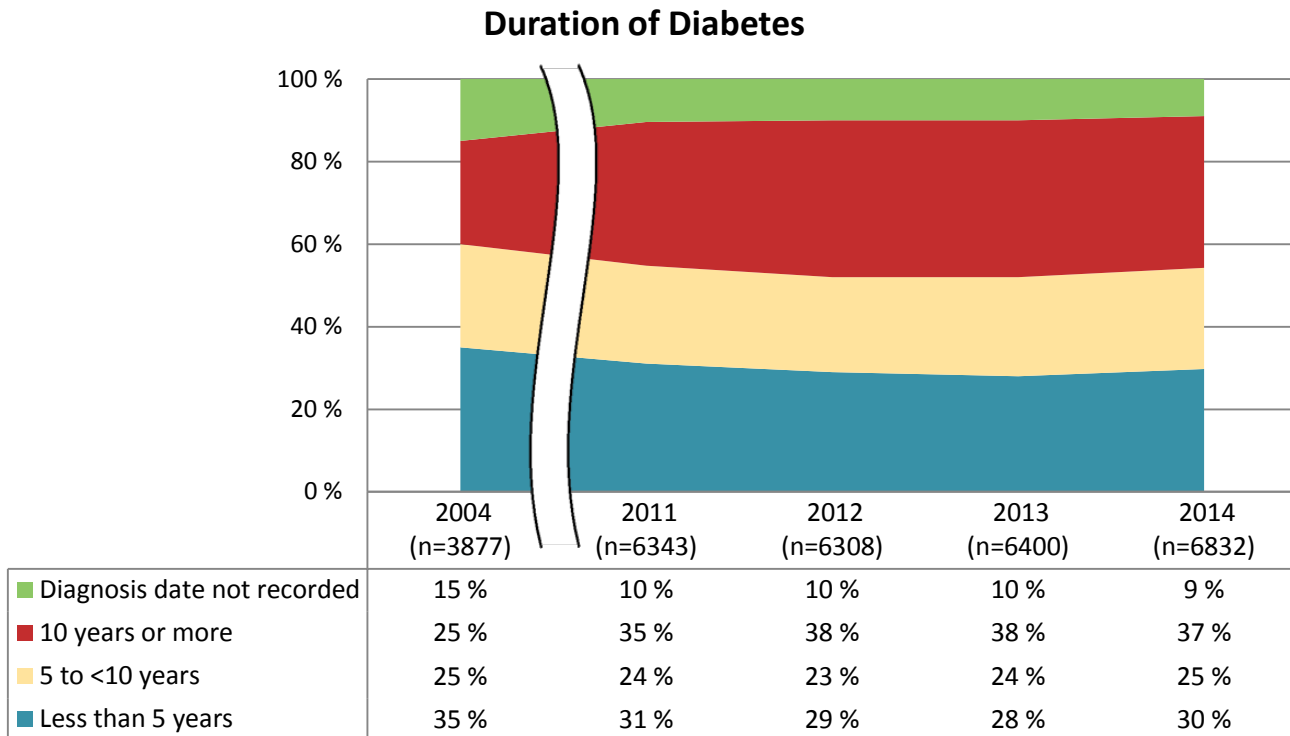
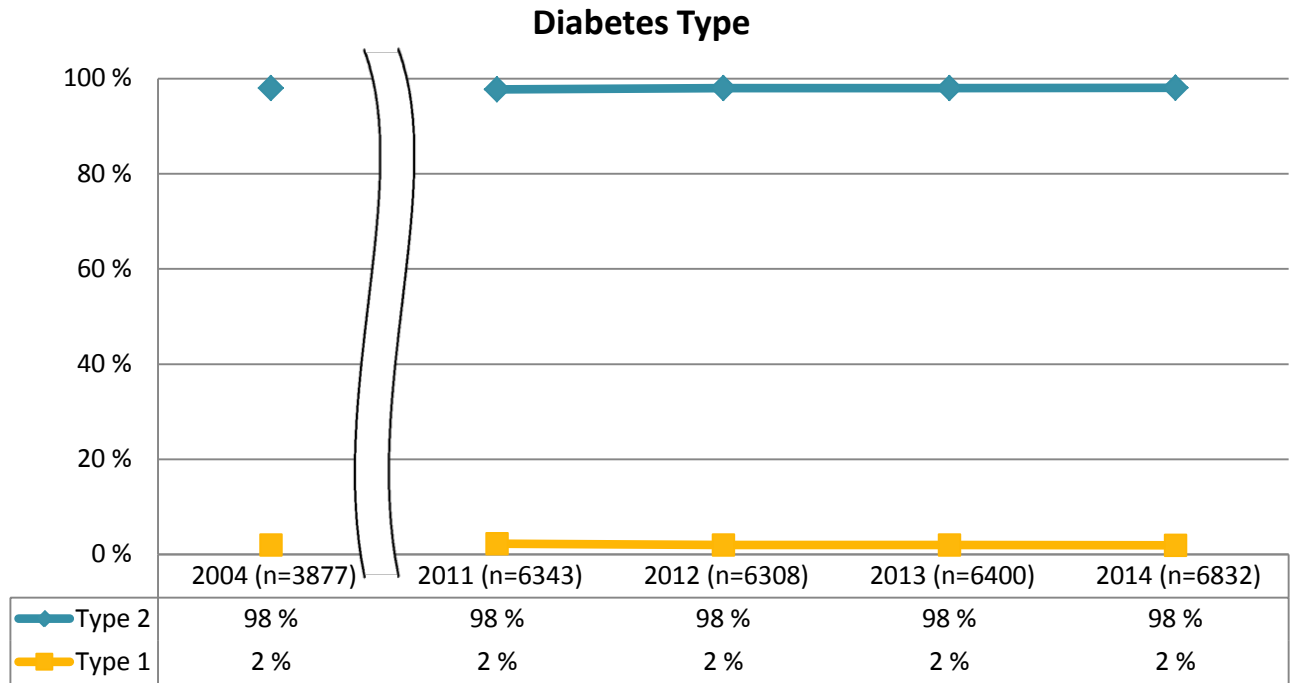
Gender of Patients with Diabetes



Age of Patients with Diabetes



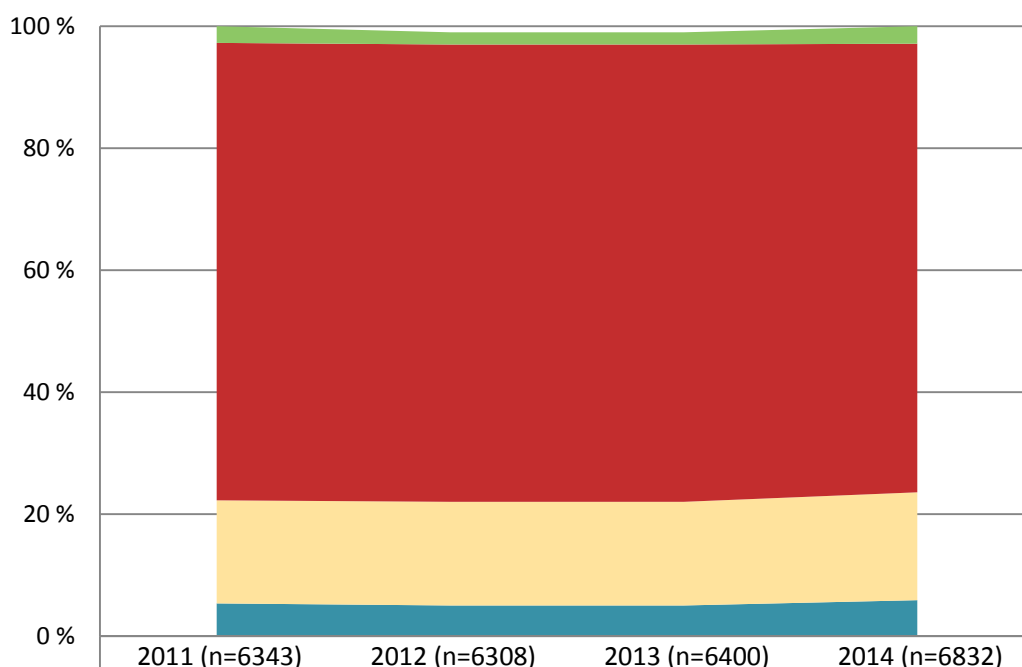
Diabetes Audit Results, Portland Area, 2004-2014



A blank indicates a category not reported on in a given year; FY = Fiscal Year, the year in which data were submitted.

Diabetes Audit Results, Portland Area, 2004-2014

Weight Control



■ Height or weight missing	3 %	2 %	2 %	3 %
■ Obese (BMI 30.0 or above)	75 %	75 %	75 %	74 %
■ Overweight (BMI 25.0-29.9)	17 %	17 %	17 %	18 %
■ Normal (BMI < 25.0)	5 %	5 %	5 %	6 %
Overweight or obese (BMI 25 or above)	92 %	92 %	92 %	91 %

Notes

Body Mass Index (BMI) is calculated using the last weight in the audit year recorded on a non-prenatal visit, along with the most recent height measured since the patient's 19th birthday. The formula is

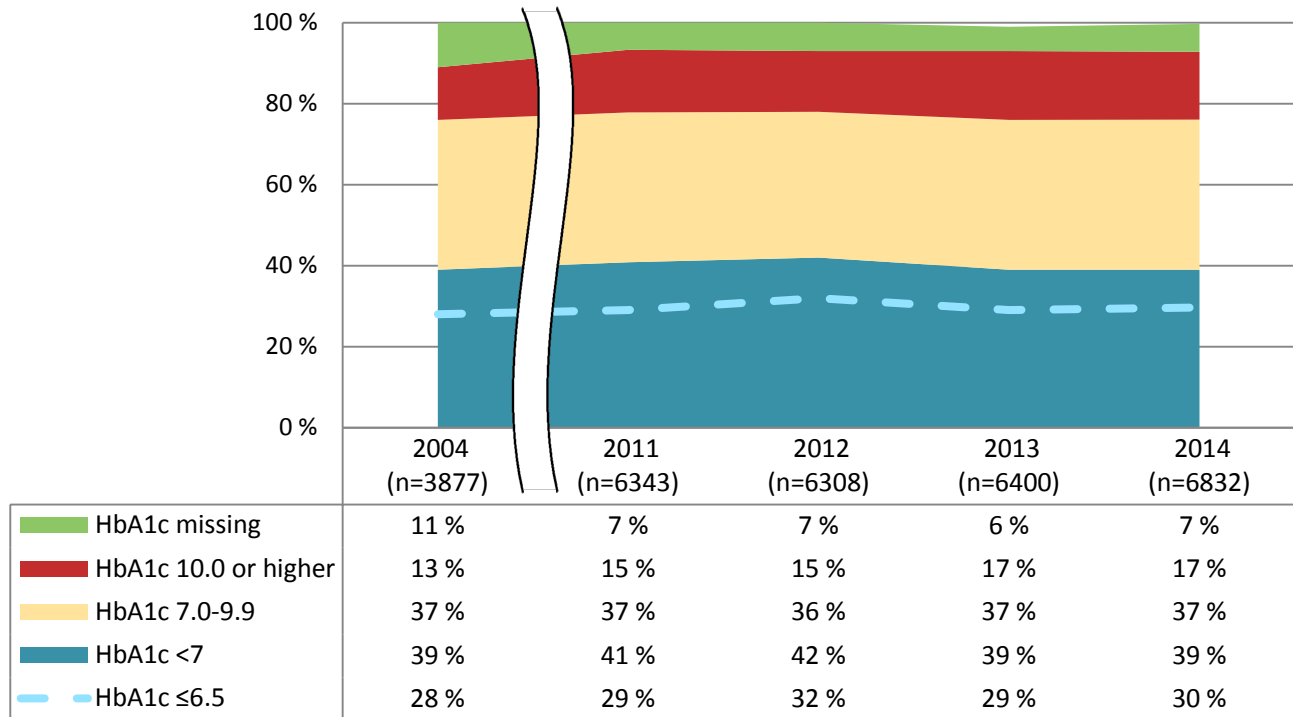
$$\text{BMI} = \text{weight (lbs)} \div \text{height (inches)} \div \text{height (inches)} \times 703$$

Before 2005, overweight and obesity were reported from the audit using cutoffs from the National Health and Nutrition Examination Survey (NHANES). Women were considered overweight with a BMI of 27.3 or higher and obese with BMI 32.3 or higher. Men were overweight at a BMI of 27.8 and obese at 31.1 or higher. These results are still calculated from audit data but are not presented here for the sake of clarity in the chart.

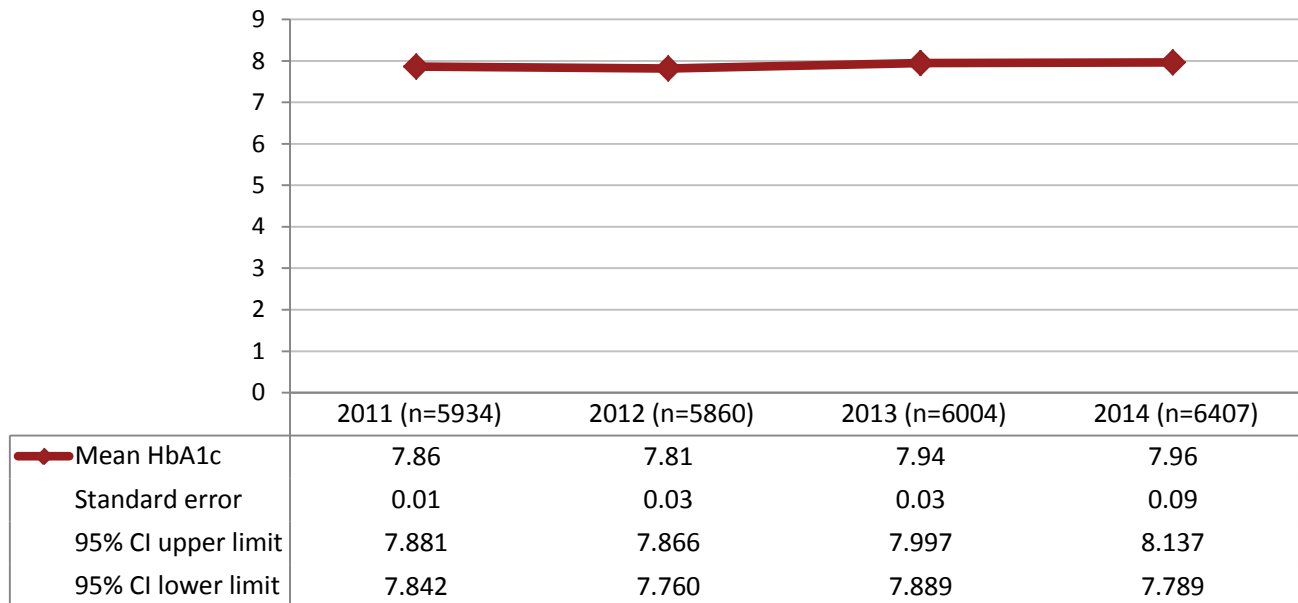
The bars in the graph reflect current cutoffs, which are the same for men and women. Overweight is defined as a BMI of 25 or higher and obesity is 30 or higher. Using these standards, more patients are considered overweight than with the older standards.

Diabetes Audit Results, Portland Area, 2004-2014

Hemoglobin A1c



Average Hemoglobin A1C



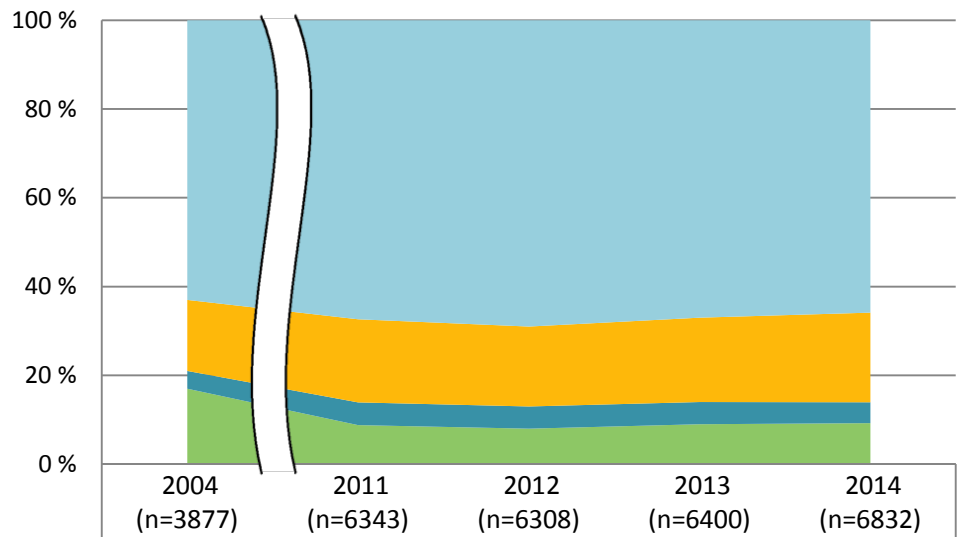
A blank indicates a category not reported on in a given year; FY = Fiscal Year, the year in which data were submitted.

Diabetes Audit Results, Portland Area, 2004-2014

Before 2010: Based on the average of the last 3 blood pressure measurements taken within the audit year. If <3 measurements were taken, blood pressure control is undetermined.

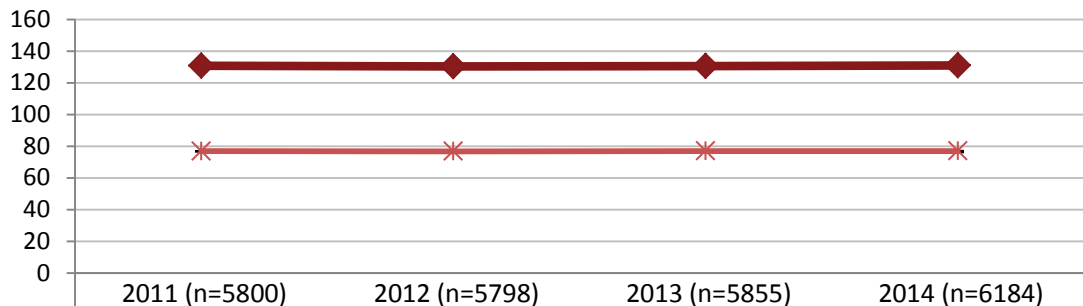
After 2010: Based on the average of the last 2 or 3 blood pressure measurements taken within the audit year. If <2 measurements were taken, blood pressure control is undetermined.

Blood Pressure



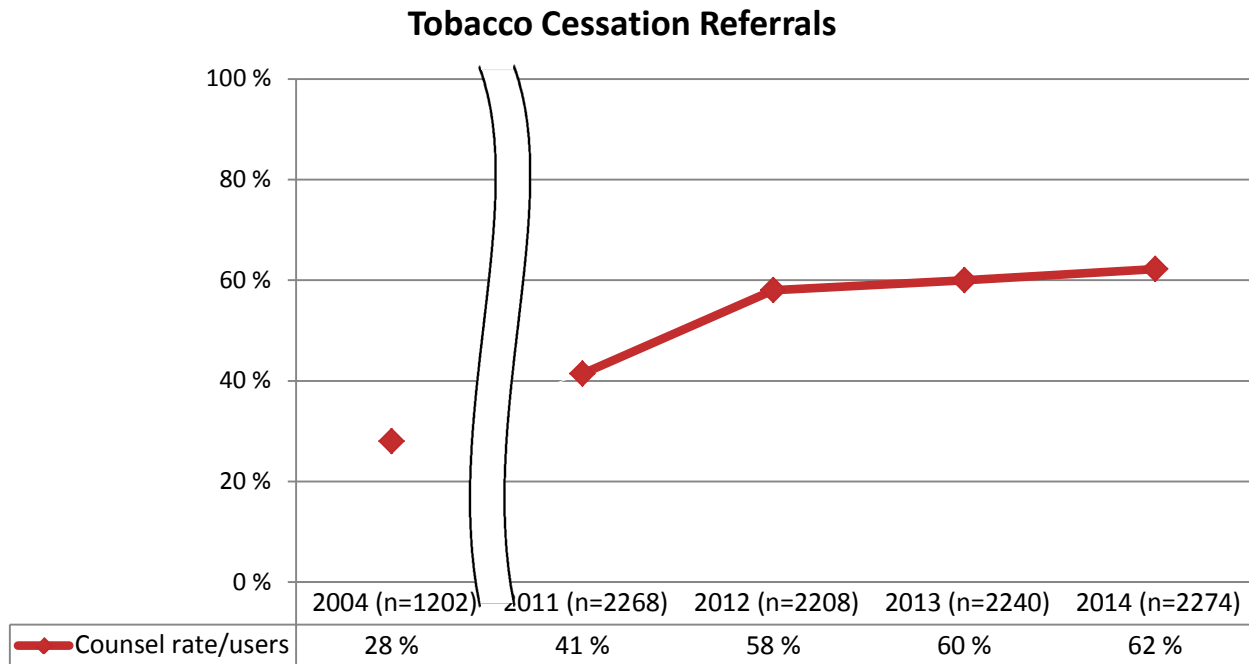
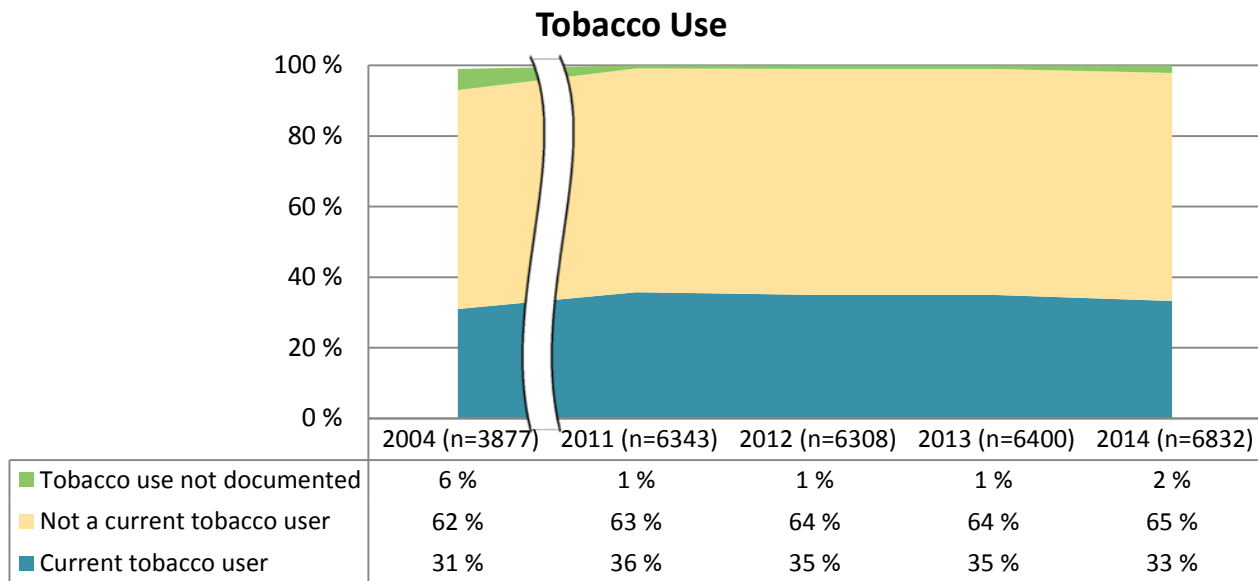
■ Adequate BP <140/<90	63 %	67 %	69 %	68 %	66 %
■ Inadequate (140/90 - <160/<95)	16 %	19 %	18 %	19 %	20 %
■ Markedly poor (160/95 or higher)	4 %	5 %	5 %	5 %	5 %
■ BP control undetermined	17 %	9 %	8 %	9 %	9 %

Average Blood Pressure



◆ Mean systolic BP	130.78	130.35	130.65	130.98
◆ Standard error	0.07	0.18	0.18	0.55
◆ 95% CI upper limit	130.922	130.701	131.004	132.056
◆ 95% CI lower limit	130.646	130.003	130.294	129.908
* Mean diastolic BP	76.87	76.79	76.99	77.06
* Standard error	0.05	0.12	0.12	0.36
* 95% CI upper limit	76.960	77.031	77.230	77.774
* 95% CI lower limit	76.782	76.559	76.755	76.350

Diabetes Audit Results, Portland Area, 2004-2014

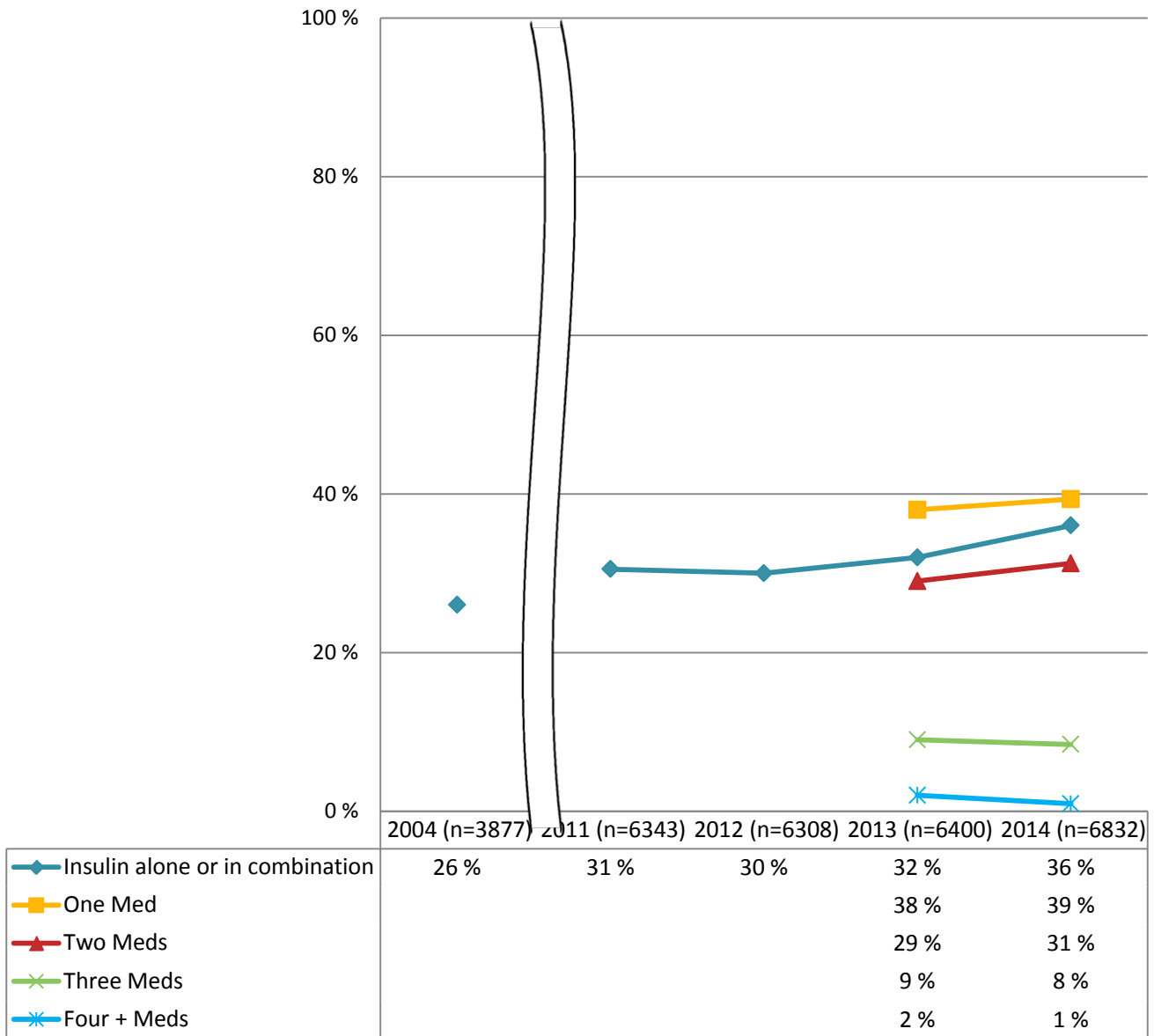


Note: The 'n' in this graph refers to the total number of tobacco users included in the audit.

A blank indicates a category not reported on in a given year; FY = Fiscal Year, the year in which data were submitted.

Diabetes Audit Results, Portland Area, 2004-2014

Diabetes Medications

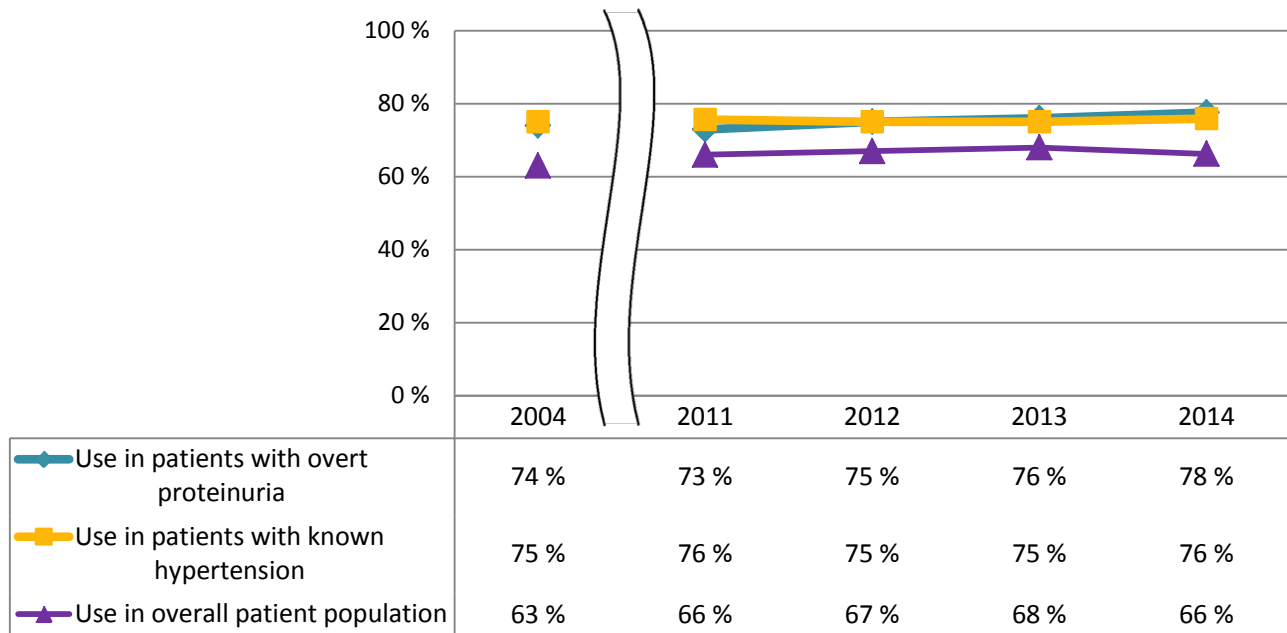


Notes

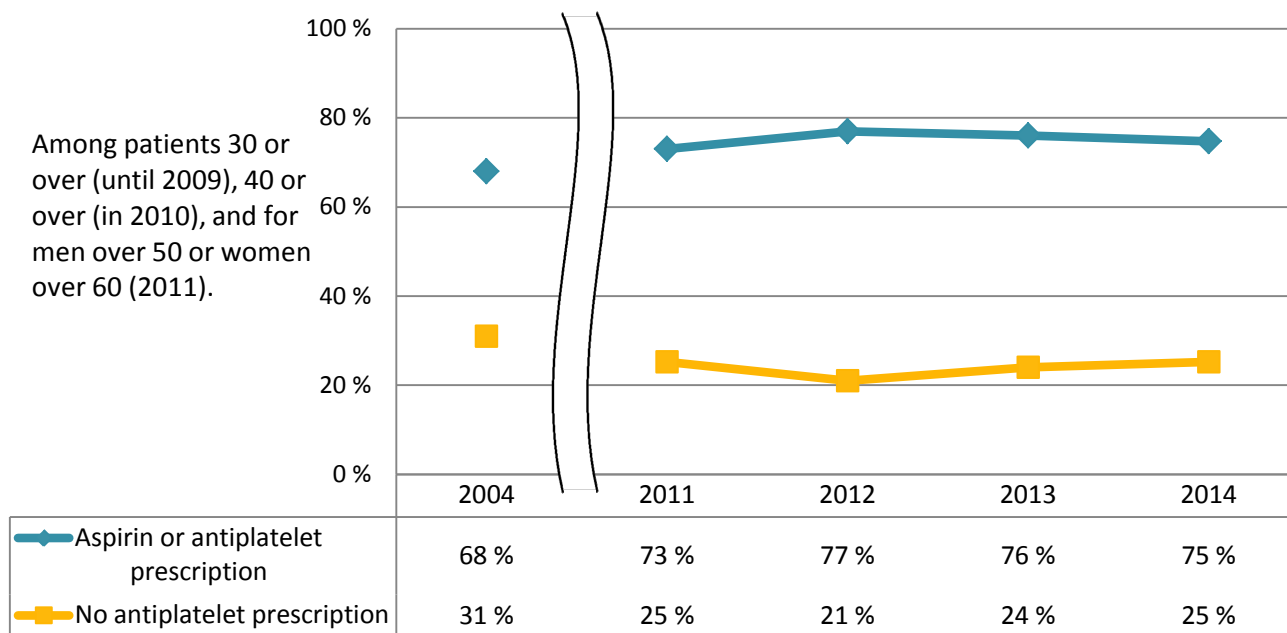
"Diet and exercise alone" is the default selection in RPMS. If no records are found in the patient's chart of medications prescribed or dispensed in the last six months of the audit year, the patient is classified as being treated with "diet and exercise alone." The percentages for this category may be inflated if patients did not refill their prescriptions at the clinic in the last six months of the audit year. You can enter medication reviews as historical RXs so that the audit report will reflect those prescriptions.

Diabetes Audit Results, Portland Area, 2004-2014

ACE Inhibitor or ARB Prescriptions



Antiplatelet Therapy

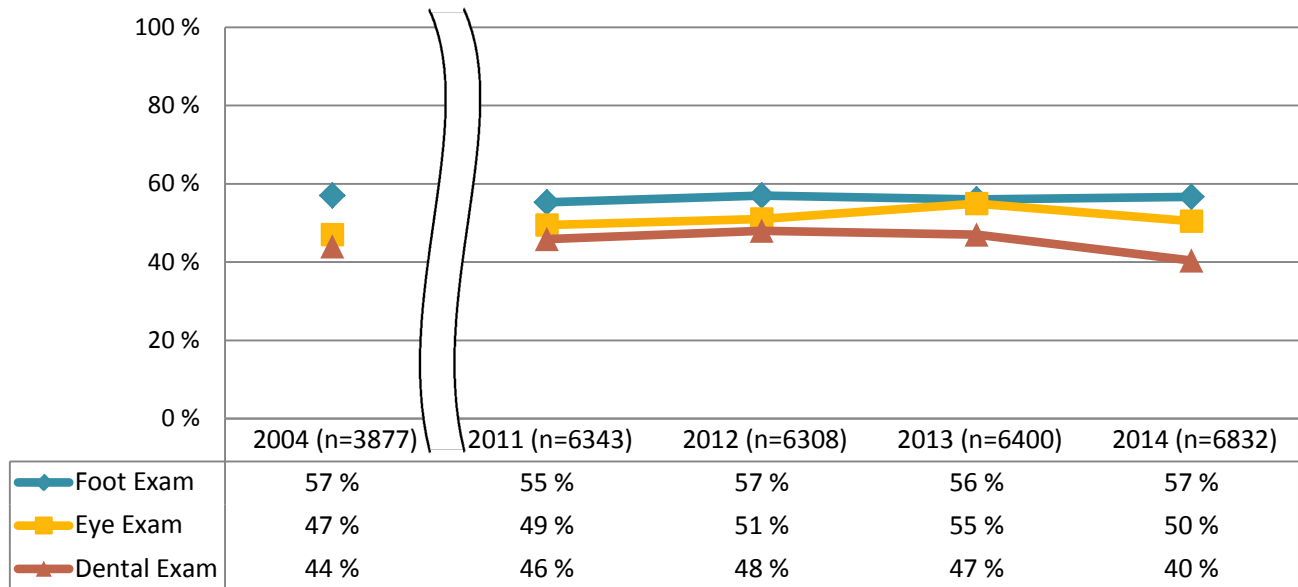


Denominators (n=) are not displayed on this page. These charts represent various subsets of patients, and not the entire population included in the audit.

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Diabetes Audit Results, Portland Area, 2004-2014

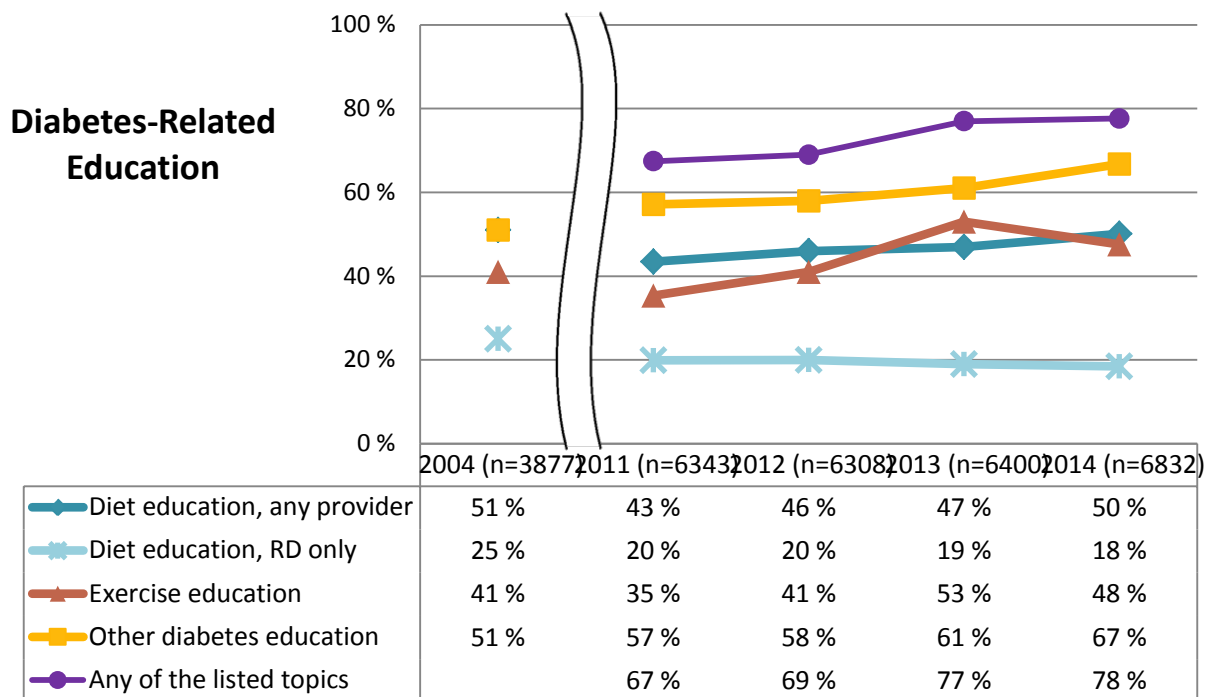
Annual Examinations



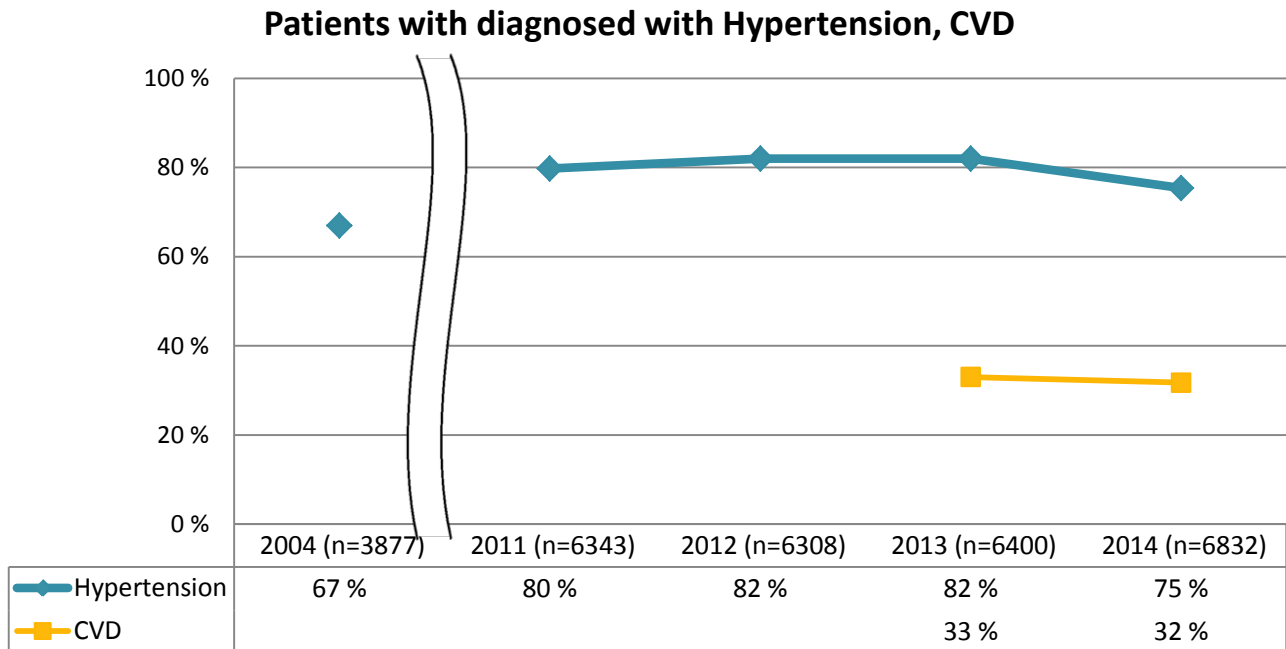
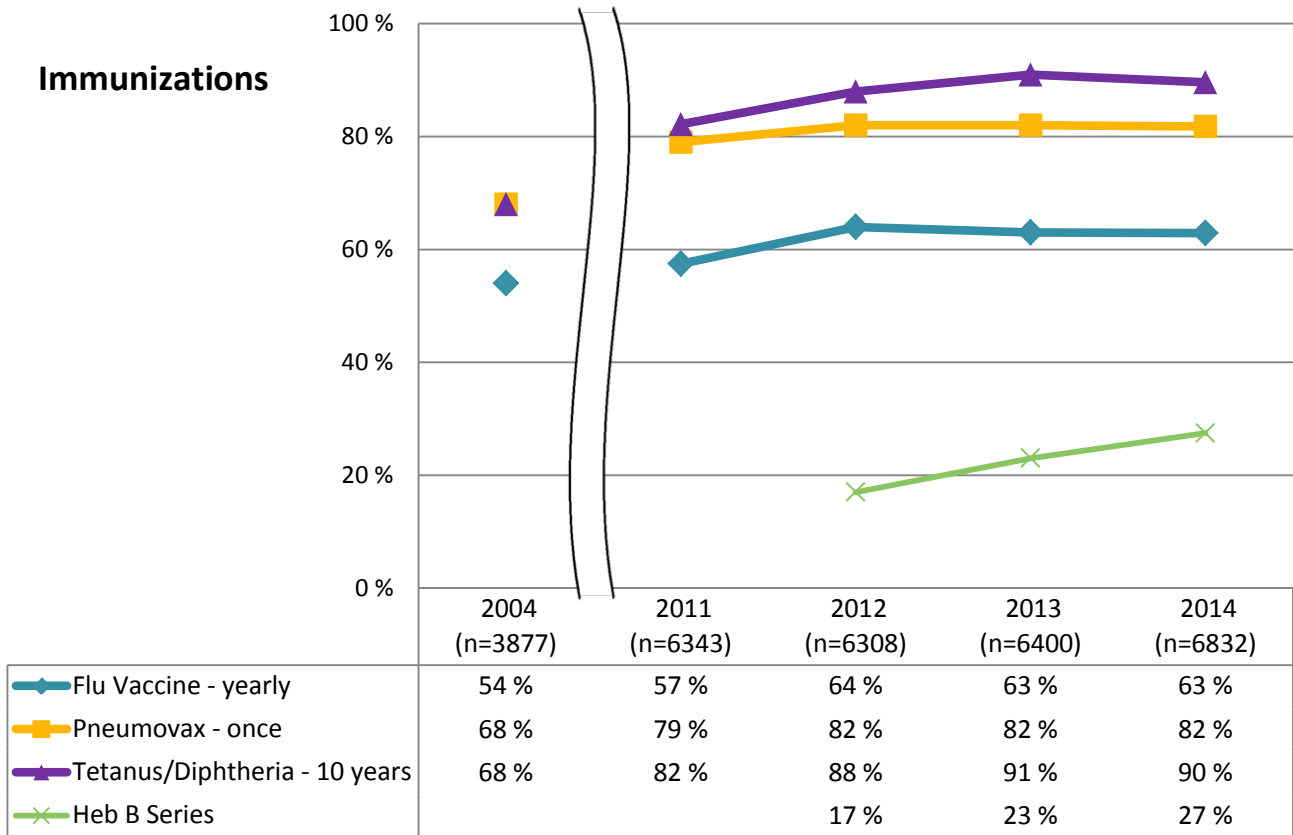
Eye Exam: A dilated fundoscopic exam conducted by a primary care provider, optometrist or ophthalmologist, or fundoscopic photographs reviewed by an ophthalmologist.

Foot Exam: An examination of the feet that includes neurologic and vascular evaluation as well as visual inspection for deformities or lesions.

Dental Exam: The dental examination is one that includes evaluation of the teeth (if present), gingiva and mucosal surfaces.



Diabetes Audit Results, Portland Area, 2004-2014



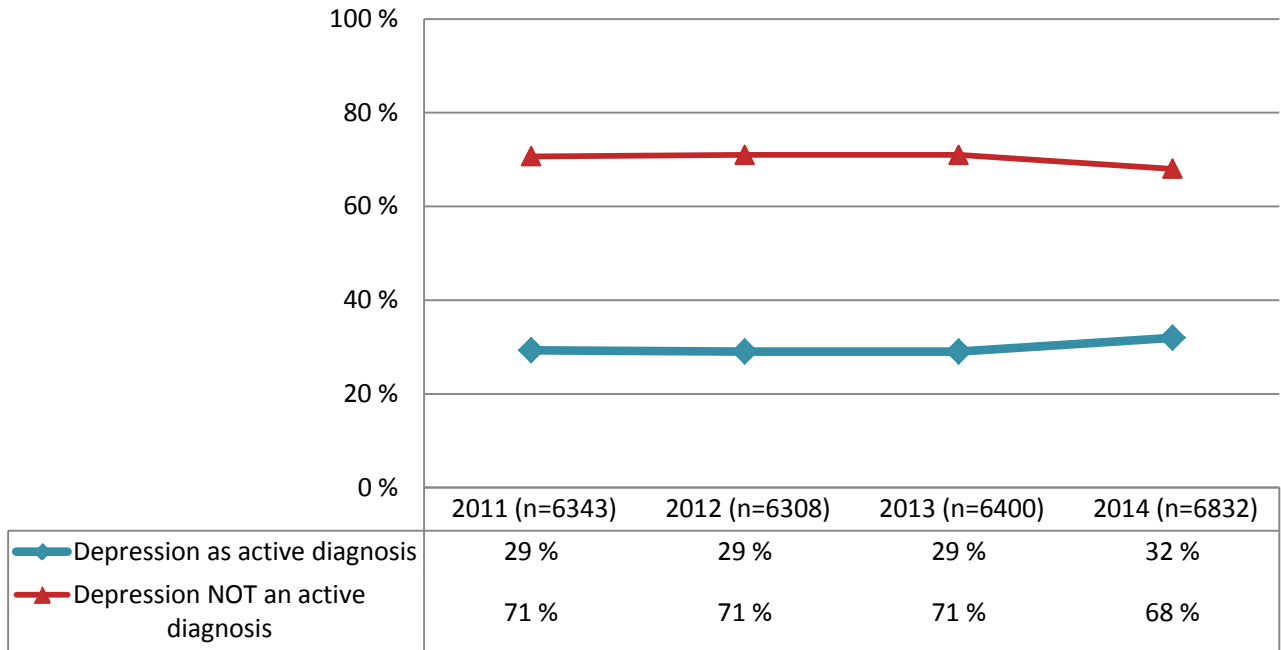
Patient has "known hypertension" if hypertension is on the problem list or the patient has had at least 3 visits with a diagnosis of hypertension.

Patient has CVD if CVD is found on the problems list or patient had at least two diagnoses ever of CVD.

A blank indicates a category not reported on in a given year; FY = Fiscal Year, the year in which data were submitted.

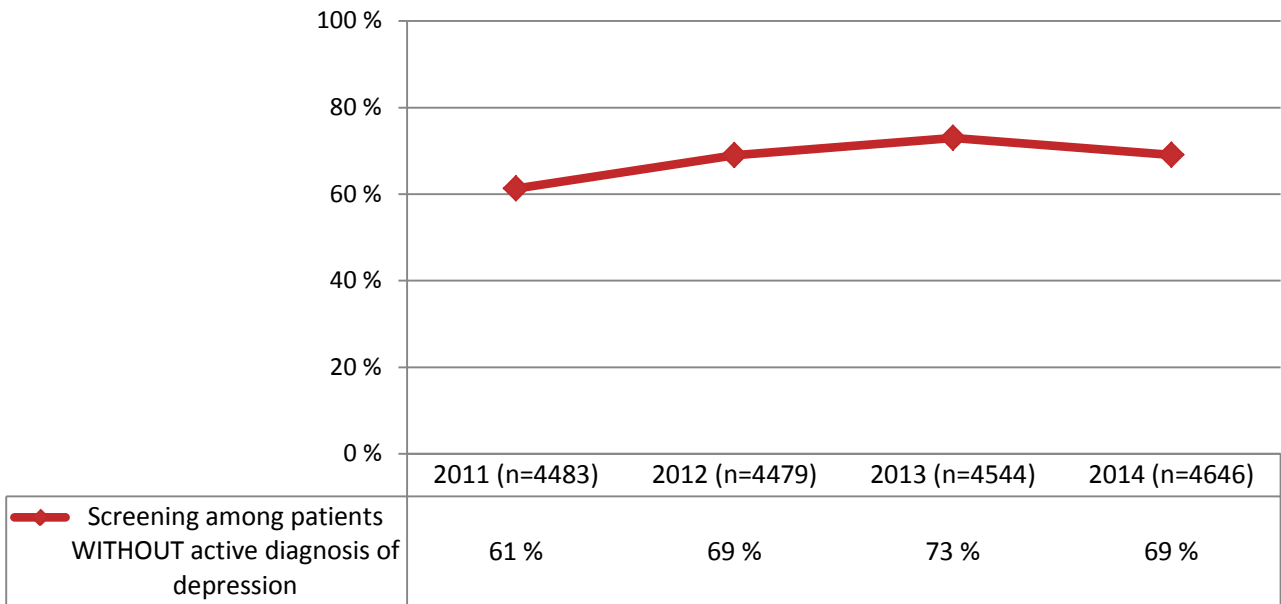
Diabetes Audit Results, Portland Area, 2004-2014

Diagnosed Depression

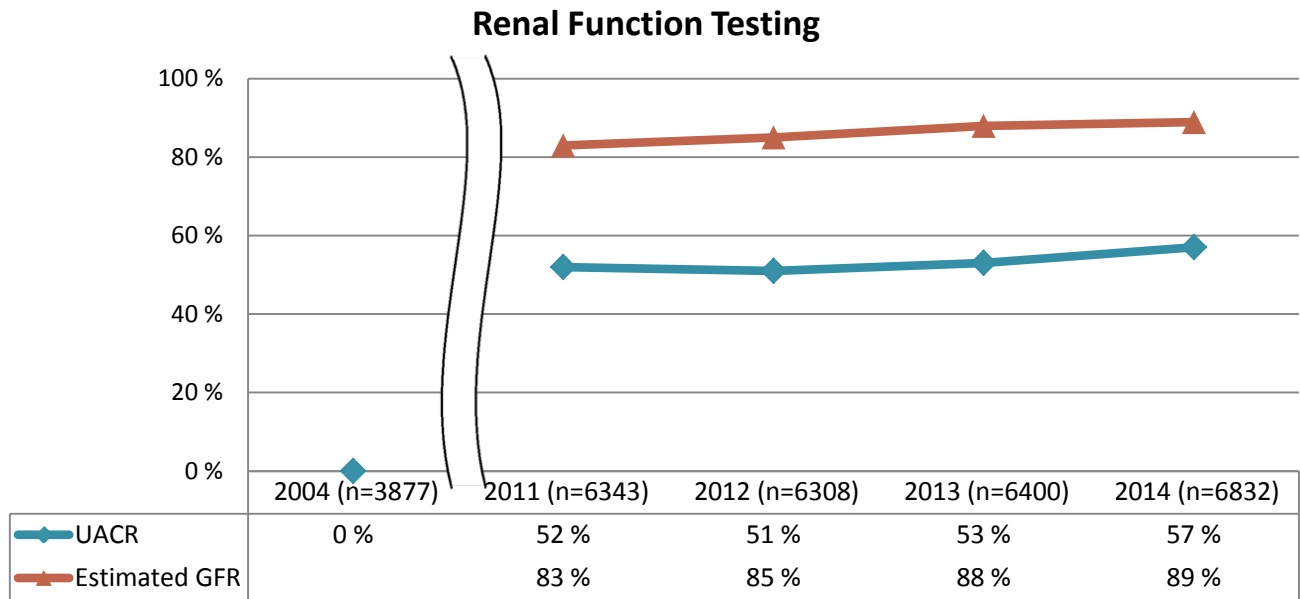


Note: Depression and depression screening were added to the audit in FY2005.

Depression Screening among Patients without Active Depression Diagnoses

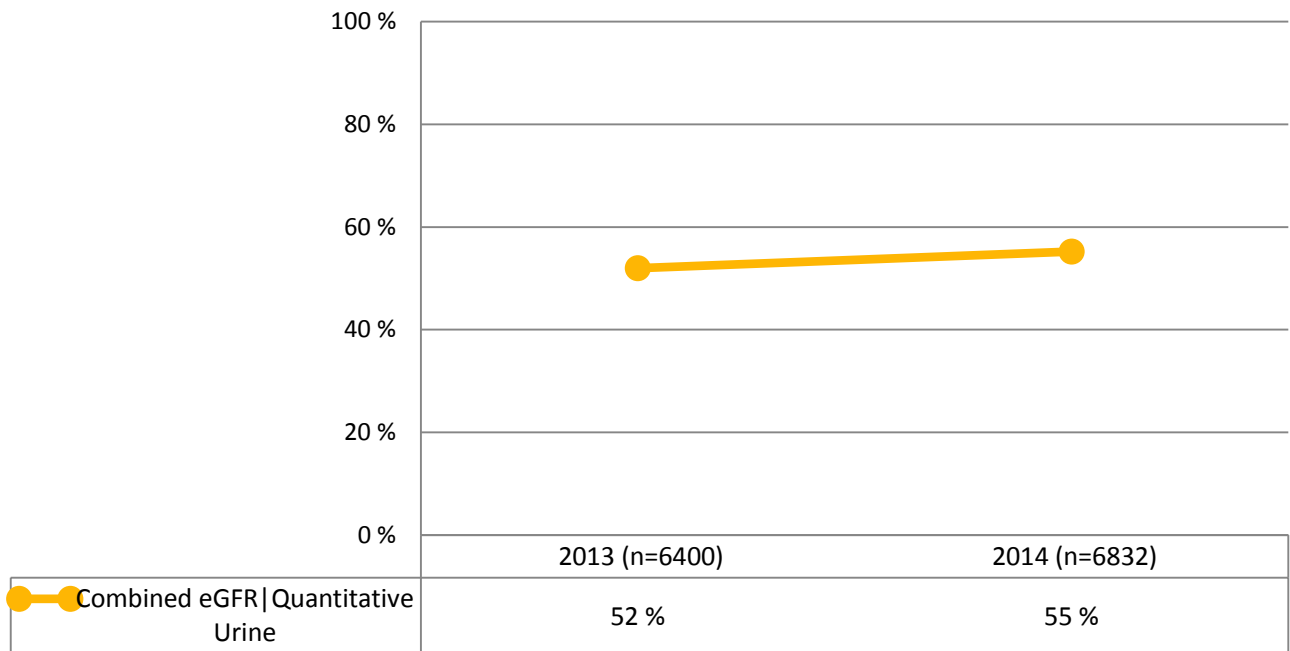


Diabetes Audit Results, Portland Area, 2004-2014



Urinalysis results before 2014 included what type of urine protein testing was conducted. In 2014, tracking the types of urinalysis was discontinued and replaced by tracking whether the patient has had a urine albumin/creatinine ratio.

Renal Function Testing: Combined Outcome Measures

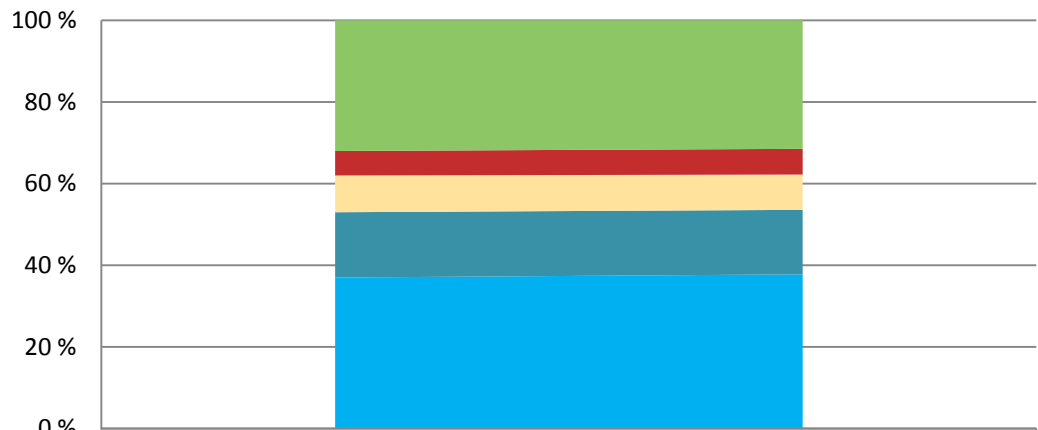


For this measure, these are records with both an eGFR and a quantitative urine protein test.

A blank indicates a category not reported on in a given year; FY = Fiscal Year, the year in which data were submitted.

Diabetes Audit Results, Portland Area, 2004-2014

non-HDL Cholesterol



	2013 (n=6400)	2014 (n=6832)
Non-HDL no test or result	32 %	31 %
Non-HDL >190	6 %	6 %
Non-HDL 160-190	9 %	9 %
Non-HDL 130-159	16 %	16 %
Non-HDL <130	37 %	38 %

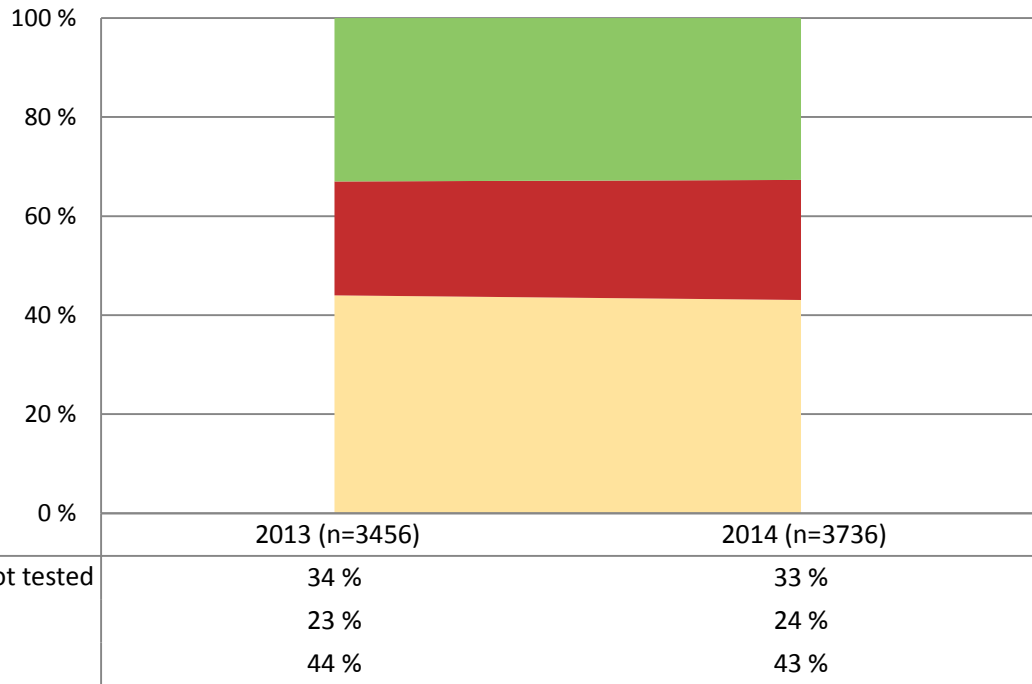
Average non-HDL Cholesterol



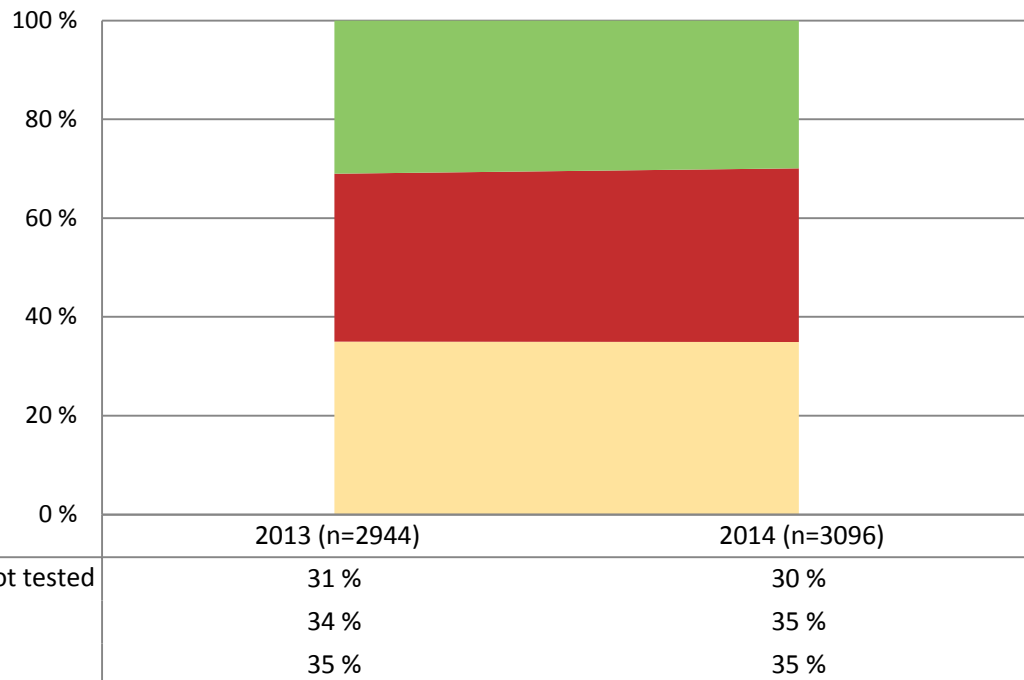
	2013 (n=4328)	2014 (n=4631)
Mean non-HDL cholesterol	130.58	129.80
Standard error	0.64	1.29
95% CI upper limit	131.839	132.321
95% CI lower limit	129.325	127.276

Diabetes Audit Results, Portland Area, 2004-2014

HDL Cholesterol (Females)



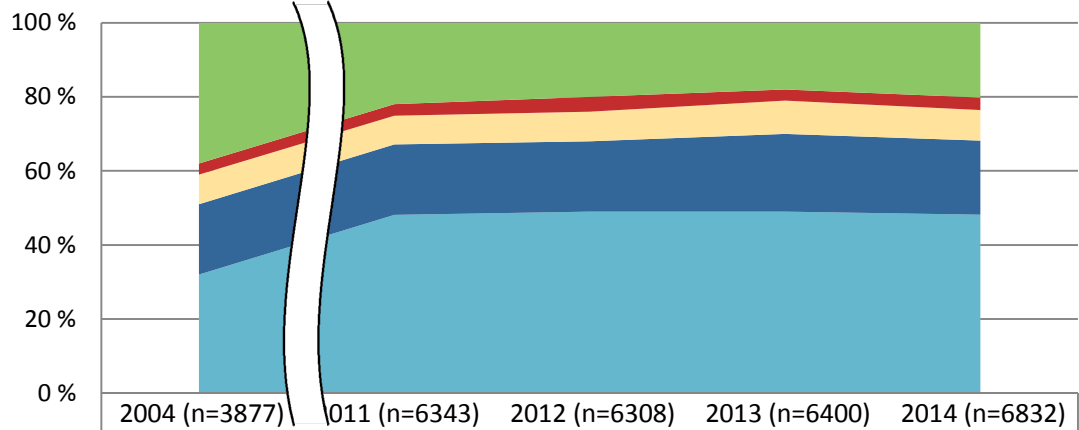
HDL Cholesterol (Males)



A blank indicates a category not reported on in a given year; FY = Fiscal Year, the year in which data were submitted.

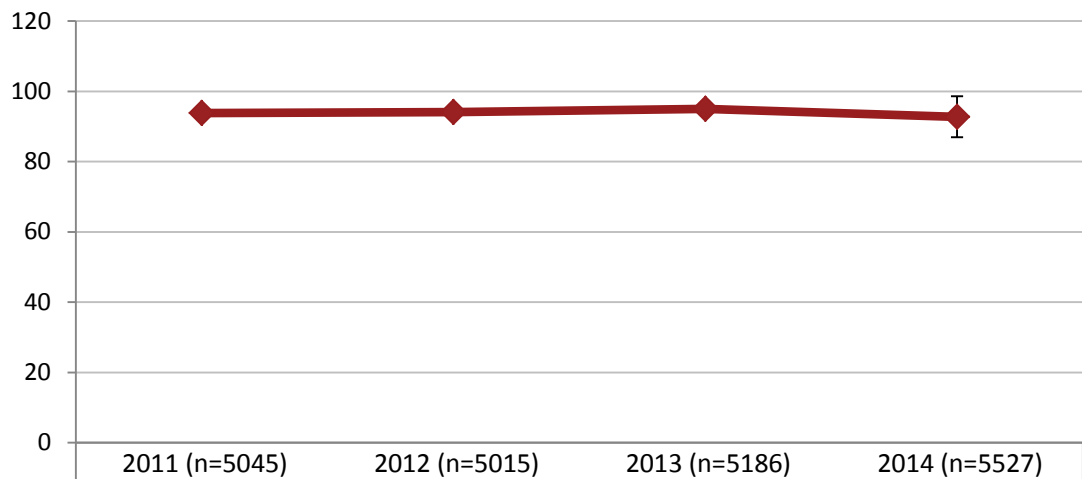
Diabetes Audit Results, Portland Area, 2004-2014

Low-Density Lipoprotein (LDL) Cholesterol



	2004 (n=3877)	2011 (n=6343)	2012 (n=6308)	2013 (n=6400)	2014 (n=6832)
Not tested	38 %	22 %	20 %	19 %	20 %
LDL >160	3 %	3 %	4 %	3 %	3 %
LDL 130-160 mg/dl	8 %	8 %	8 %	9 %	8 %
LDL 100-129 mg/dl	19 %	19 %	19 %	21 %	20 %
Desirable (<100 mg/dl)	32 %	48 %	49 %	49 %	48 %

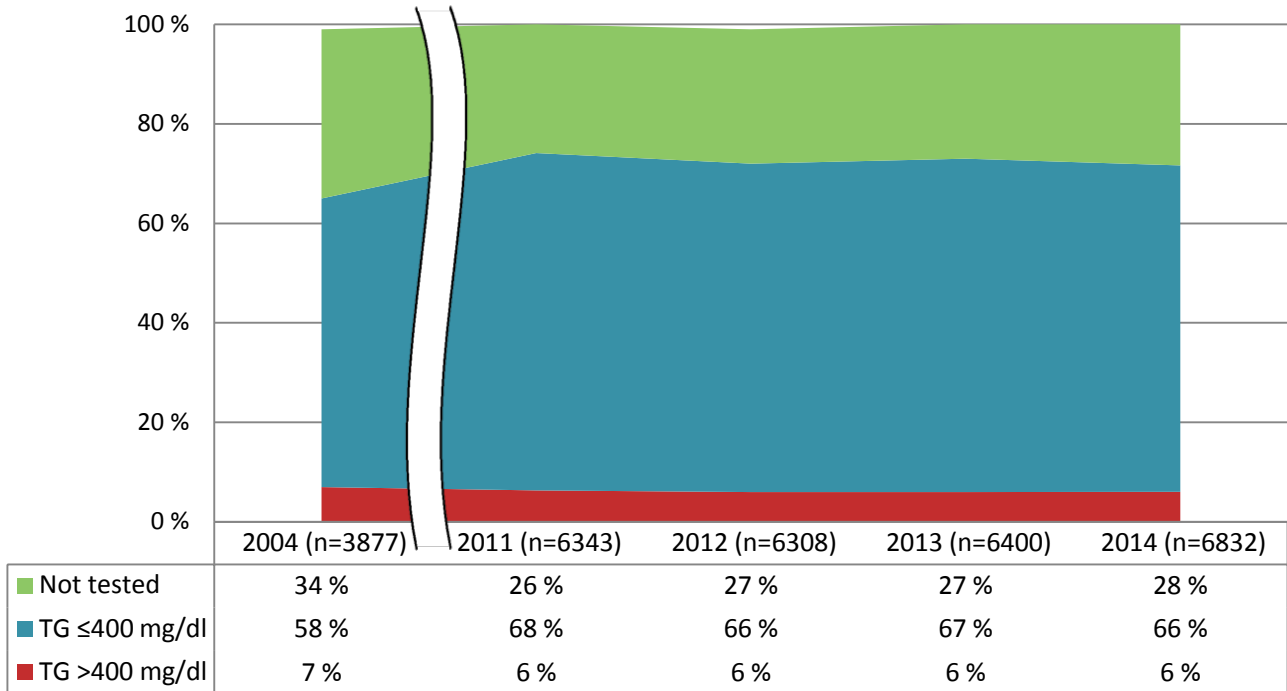
Average LDL Cholesterol



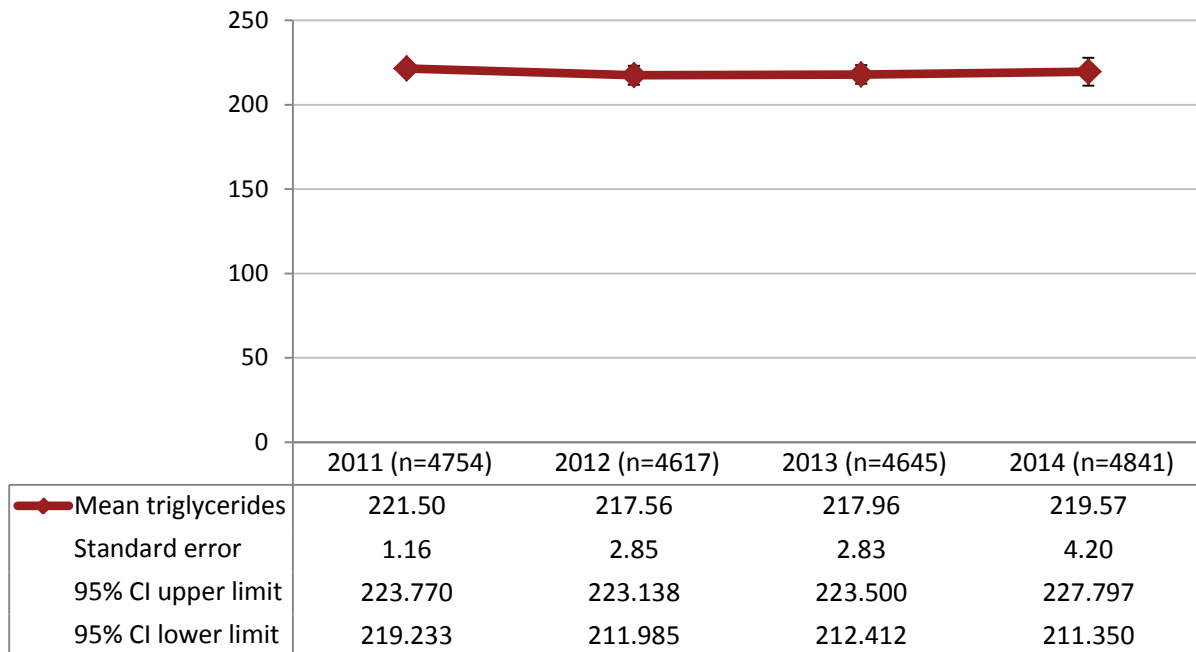
	2011 (n=5045)	2012 (n=5015)	2013 (n=5186)	2014 (n=5527)
Mean LDL	93.78	94.05	95.04	92.75
Standard error	0.17	0.49	0.47	2.98
95% CI upper limit	94.112	95.004	95.955	98.597
95% CI lower limit	93.441	93.100	94.126	86.902

Diabetes Audit Results, Portland Area, 2004-2014

Triglycerides



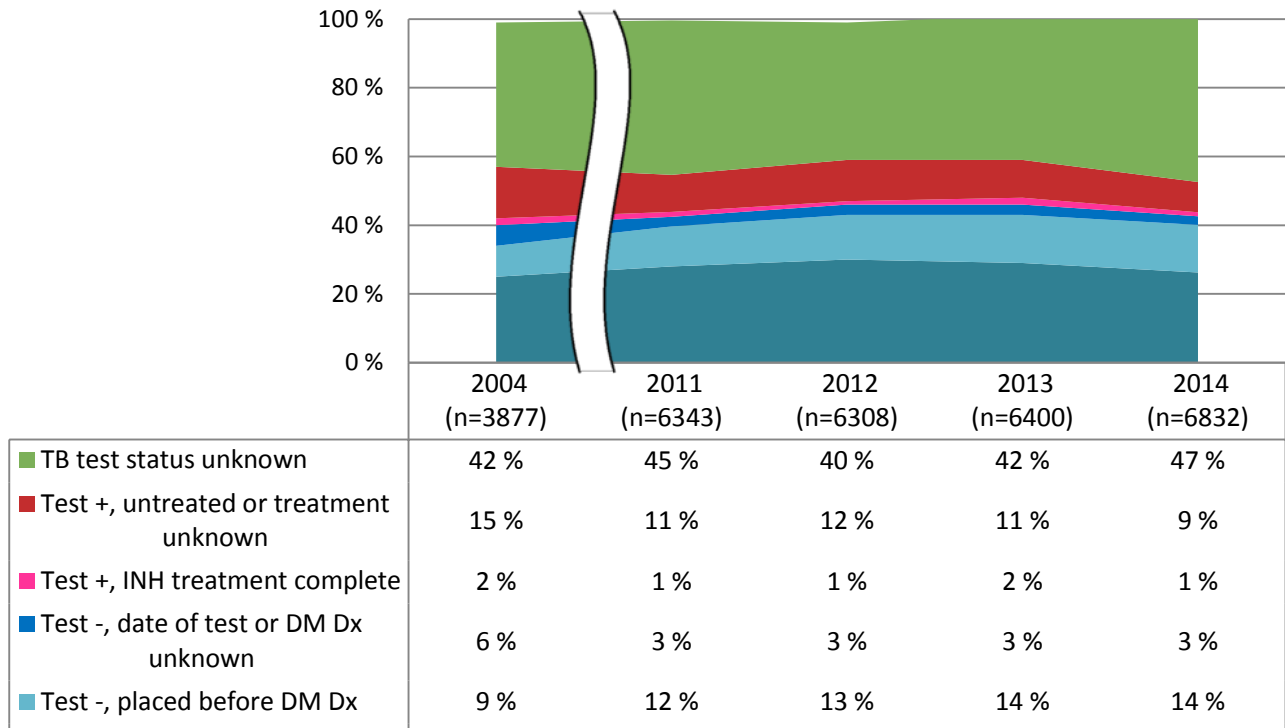
Average Triglyceride Levels



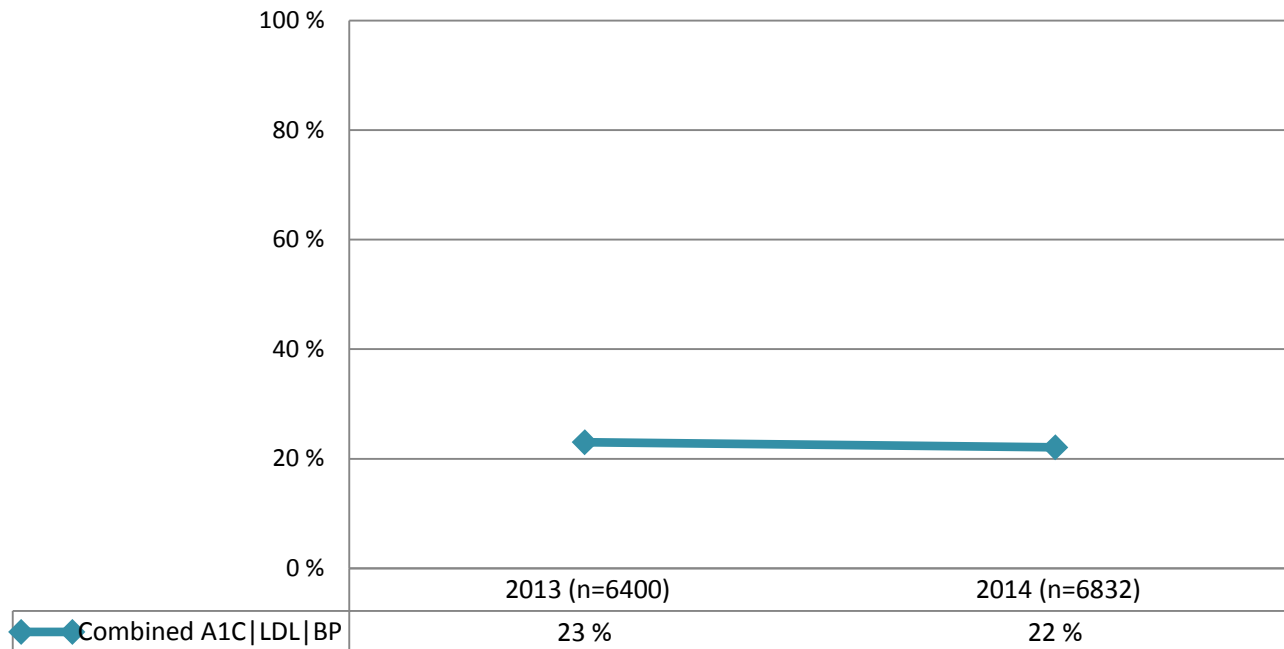
A blank indicates a category not reported on in a given year; FY = Fiscal Year, the year in which data were submitted.

Diabetes Audit Results, Portland Area, 2004-2014

Tuberculosis or PPD History



Pilot Element: Combined Outcome Measure



For the first measure, the following criteria have been met: Hemoglobin A1c < 8.0, LDL < 100, BP <140/<90.

2014 Diabetes Audit: Dates of Service Calendar Year 2013

This information is for the following groups:

Portland Area (n=6832 patients)

All IHS Areas (n=115724 patients)

6832 sampled from 8004 active patients with diabetes (85%)

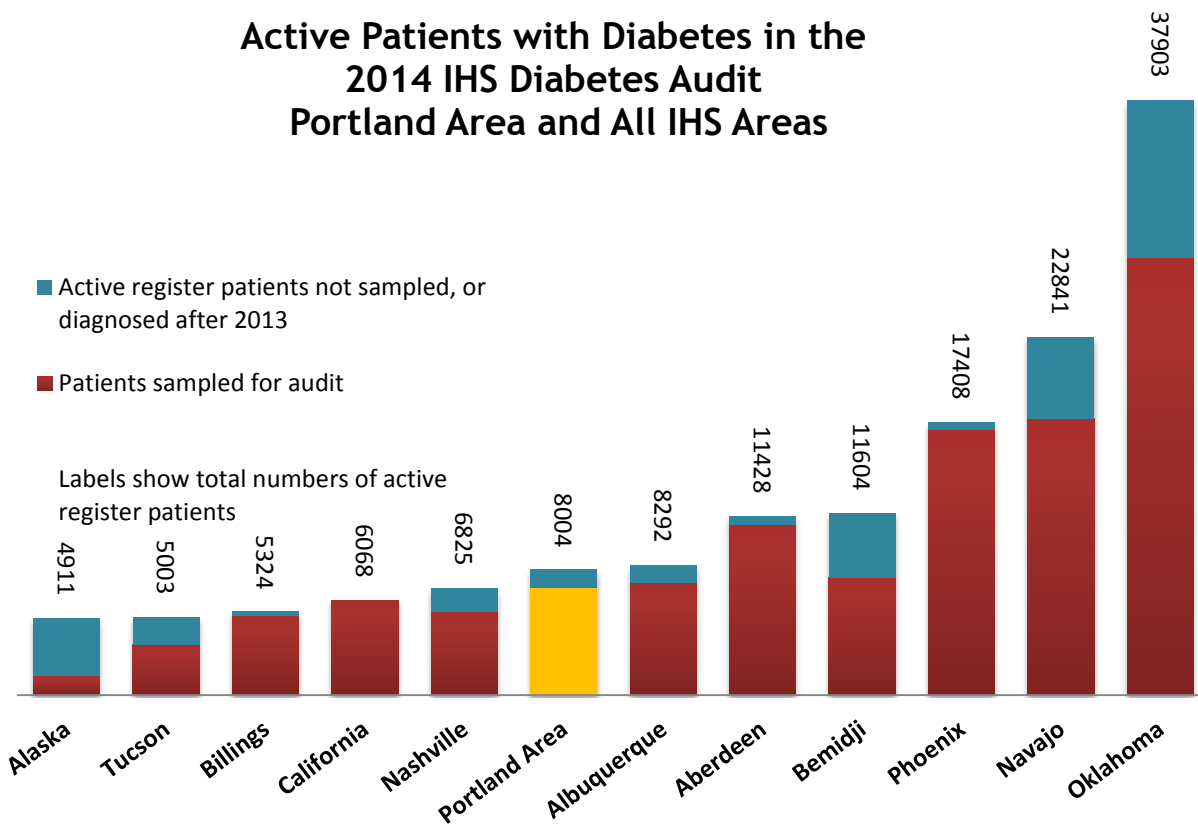
115724 sampled from 145611 active patients with diabetes (79%)

The following report contains information from your clinic’s Annual IHS Diabetes Audit submission. It also includes summary data from all reporting tribal, IHS and urban facilities in the Portland Area. The audit information is displayed side by side so that you can see how your site compares to the overall Portland Area. If you have any questions about the report, please contact the Western Tribal Diabetes Project at (800) 862-5497.

Who is this report about?

Patients identified by local Diabetes Program staff as having **type 1** or **type 2** diabetes and part of the active patient load, with **at least one primary care visit** in the calendar year. Only **American Indian and Alaska Native** patients are included in the audit.

Active Patients with Diabetes in the 2014 IHS Diabetes Audit Portland Area and All IHS Areas



*The chart audit performed in 2014 covers services delivered in 2012

2014 Diabetes Audit: Dates of Service Calendar Year 2013

This information is for the following groups:

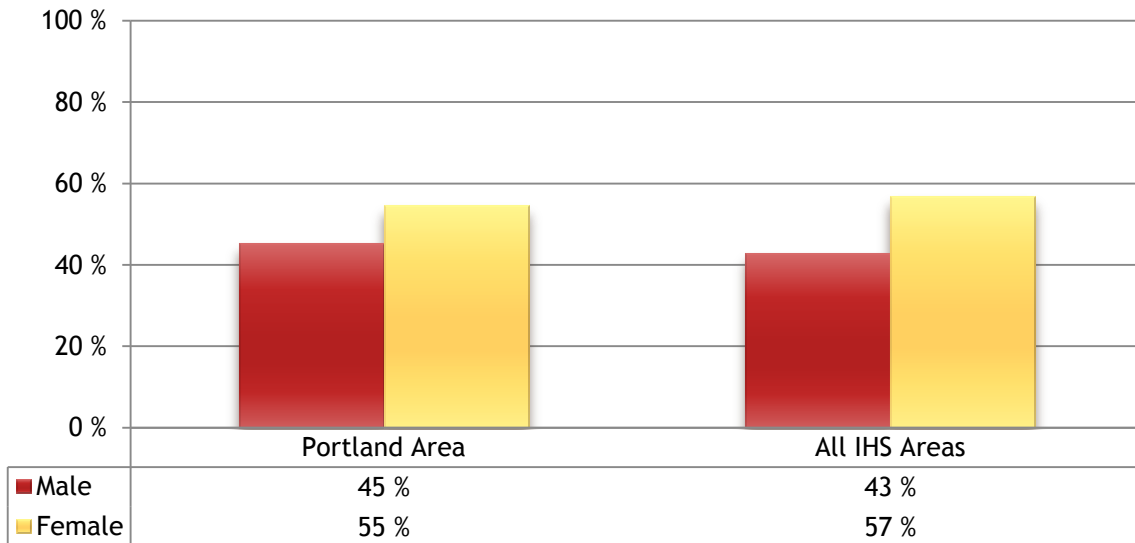
Portland Area (n=6832 patients)

All IHS Areas (n=115724 patients)

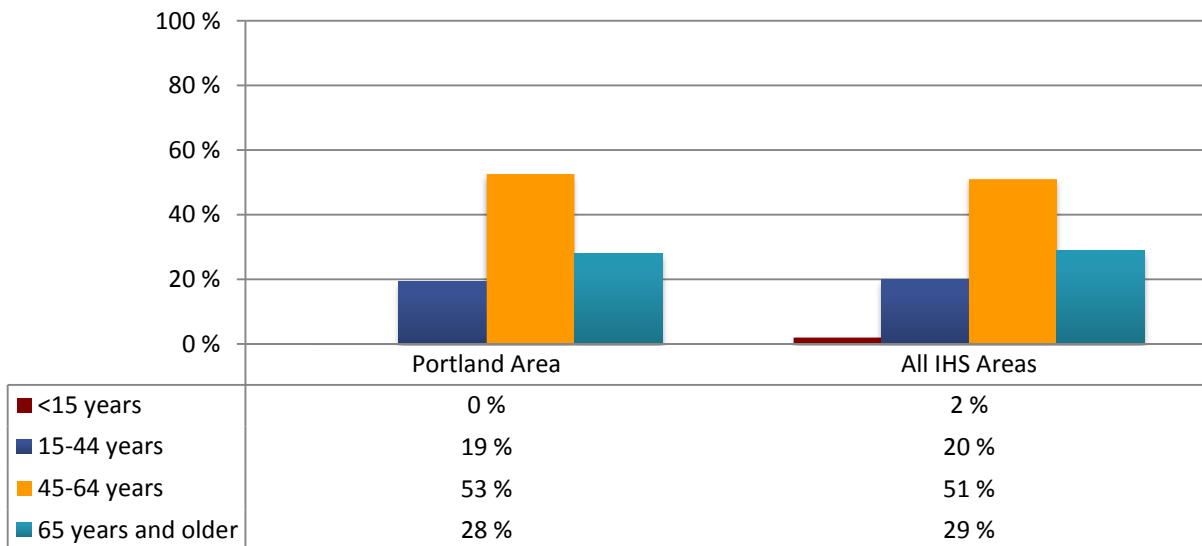
6832 sampled from 8004 active patients with diabetes (85%)

115724 sampled from 145611 active patients with diabetes (79%)

Gender of Patients with Diabetes



Age Distribution of Patients with Diabetes



2014 Diabetes Audit: Dates of Service Calendar Year 2013

This information is for the following groups:

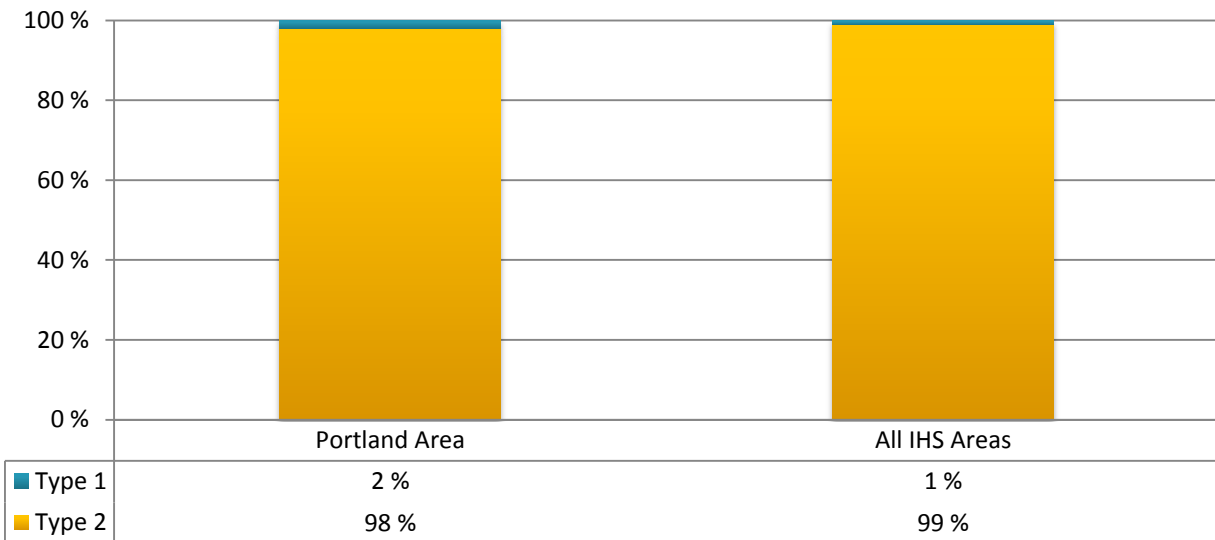
Portland Area (n=6832 patients)

All IHS Areas (n=115724 patients)

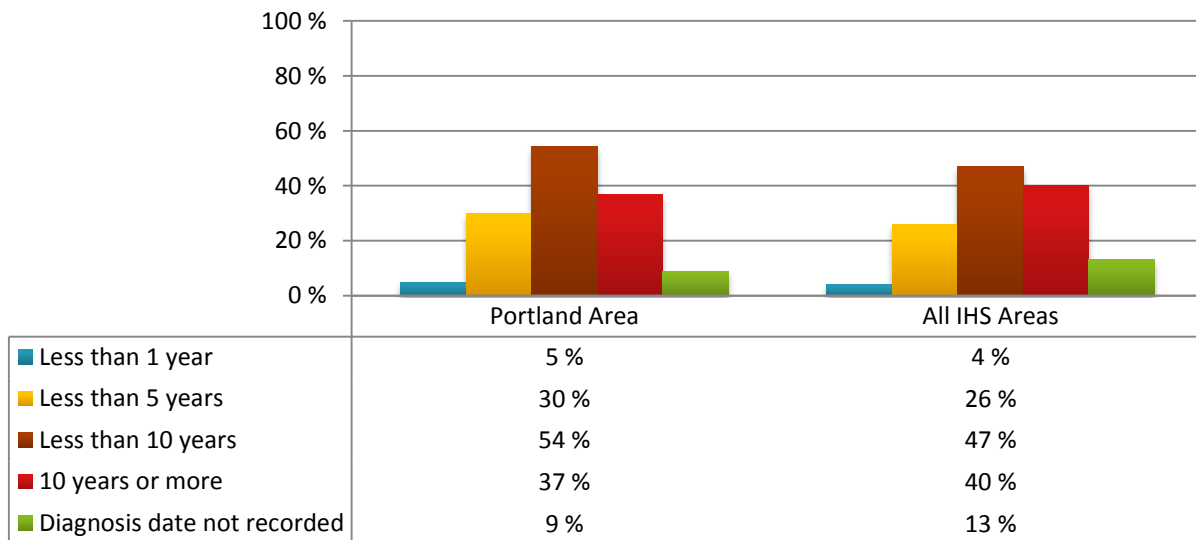
6832 sampled from 8004 active patients with diabetes (85%)

115724 sampled from 145611 active patients with diabetes (79%)

Type of Diabetes Diagnosed



Duration of Diabetes



2014 Diabetes Audit: Dates of Service Calendar Year 2013

This information is for the following groups:

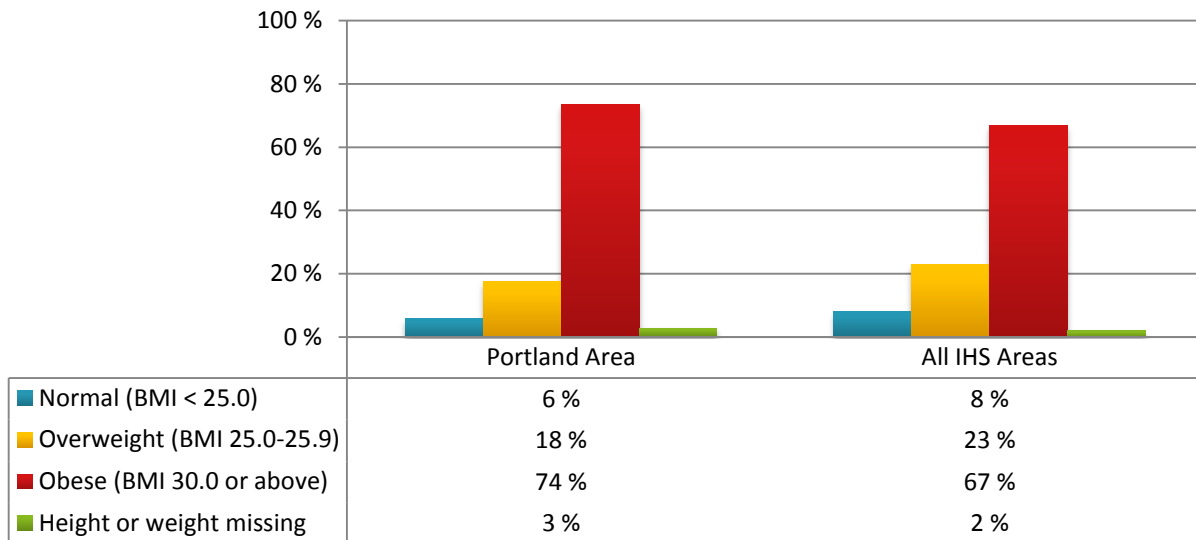
Portland Area (n=6832 patients)

All IHS Areas (n=115724 patients)

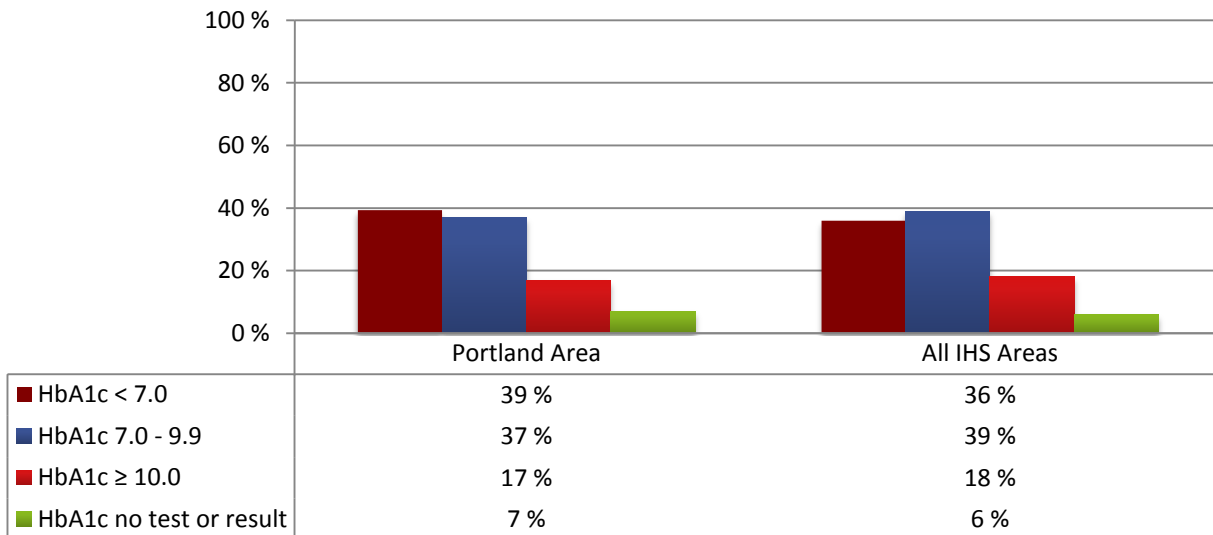
6832 sampled from 8004 active patients with diabetes (85%)

115724 sampled from 145611 active patients with diabetes (79%)

Weight (Body Mass Index)



Hemoglobin A1C



2014 Diabetes Audit: Dates of Service Calendar Year 2013

This information is for the following groups:

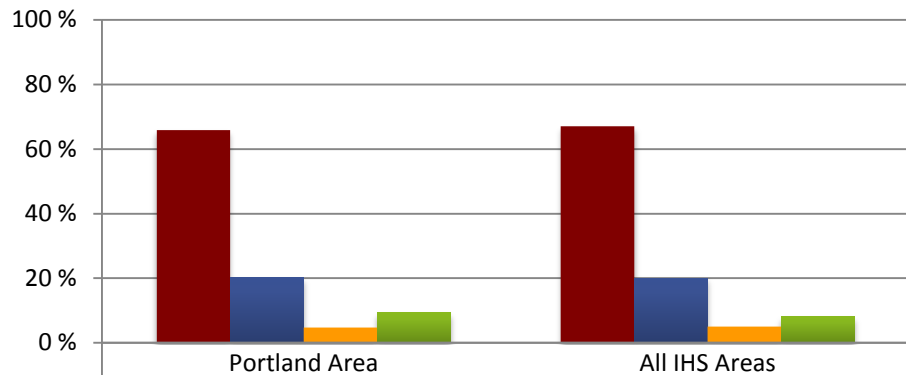
Portland Area (n=6832 patients)

All IHS Areas (n=115724 patients)

6832 sampled from 8004 active patients with diabetes (85%)

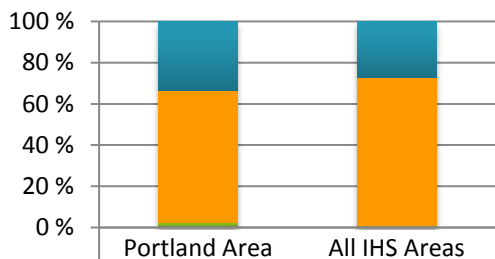
115724 sampled from 145611 active patients with diabetes (79%)

Blood Pressure



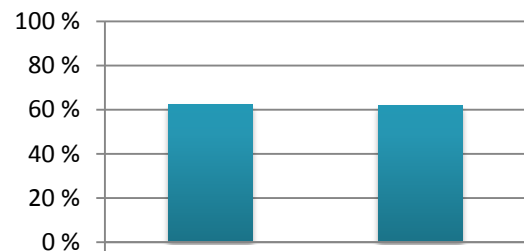
■ Blood Pressure (<140/<90)	66 %	67 %
■ Blood Pressure (140/90 - <160/<95)	20 %	20 %
■ Blood Pressure (160/95 or higher)	5 %	5 %
■ BP control undetermined	9 %	8 %

Tobacco Use



■ Current tobacco user	33 %	27 %
■ Not a current tobacco user	65 %	72 %
■ Tobacco use not documented	2 %	1 %

Tobacco Cessation Counseling for Current Tobacco Users



■ Counselor - Yes	62 %	62 %
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2014 Diabetes Audit: Dates of Service Calendar Year 2013

This information is for the following groups:

Portland Area (n=6832 patients)

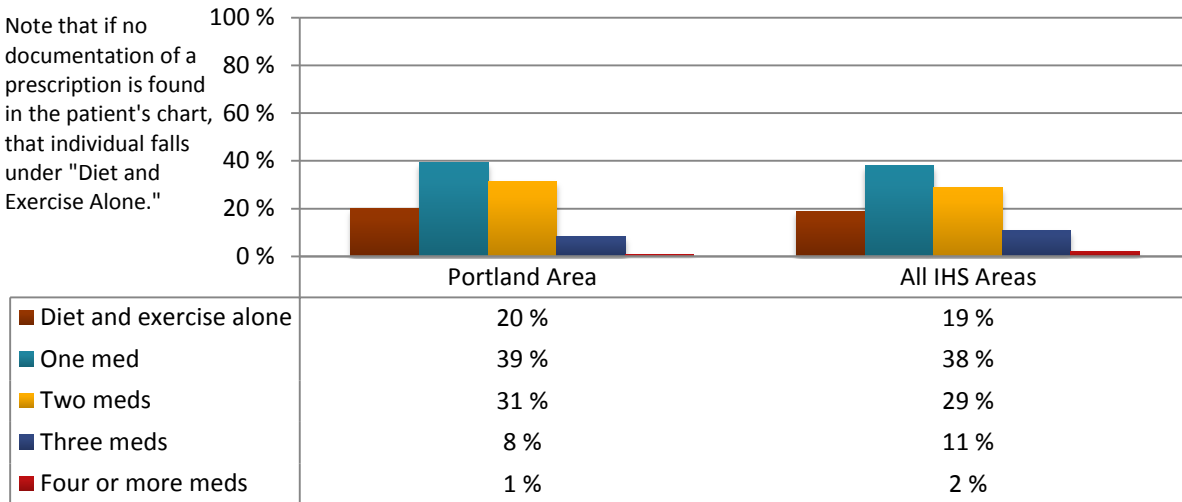
All IHS Areas (n=115724 patients)

6832 sampled from 8004 active patients with diabetes (85%)

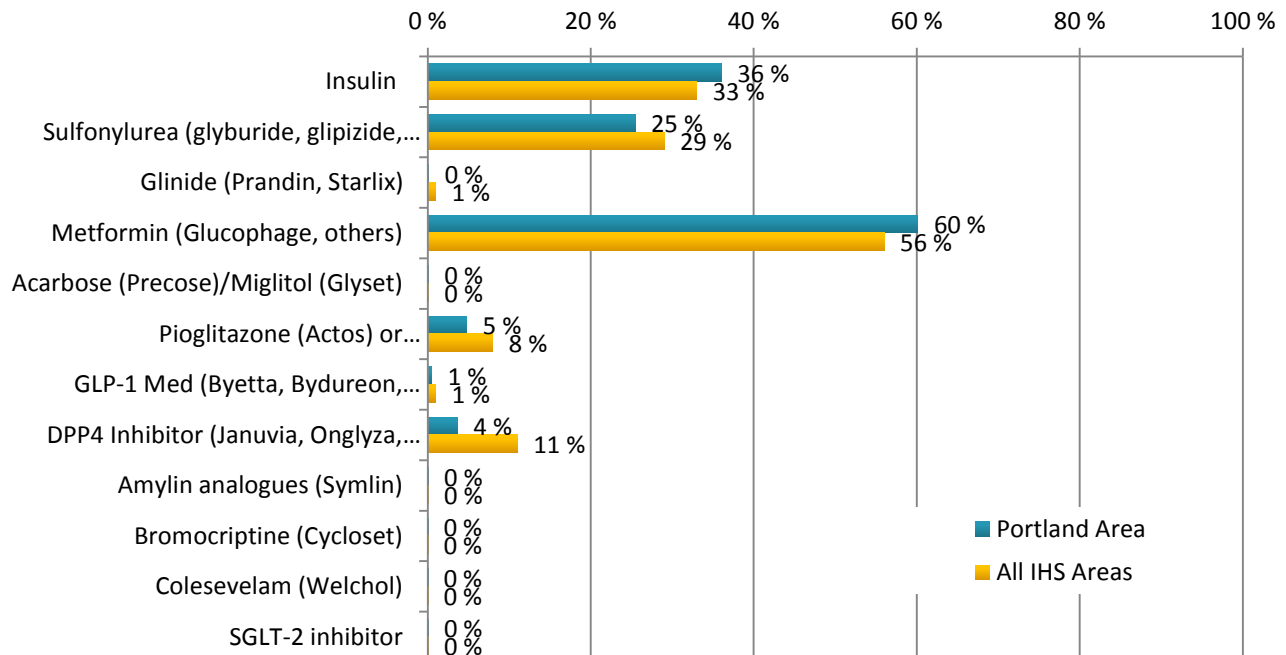
115724 sampled from 145611 active patients with diabetes (79%)

Patients with Diabetes-Related Prescriptions

Note that if no documentation of a prescription is found in the patient's chart, that individual falls under "Diet and Exercise Alone."



Diabetes Medications, Alone or in Combination



2014 Diabetes Audit: Dates of Service Calendar Year 2013

This information is for the following groups:

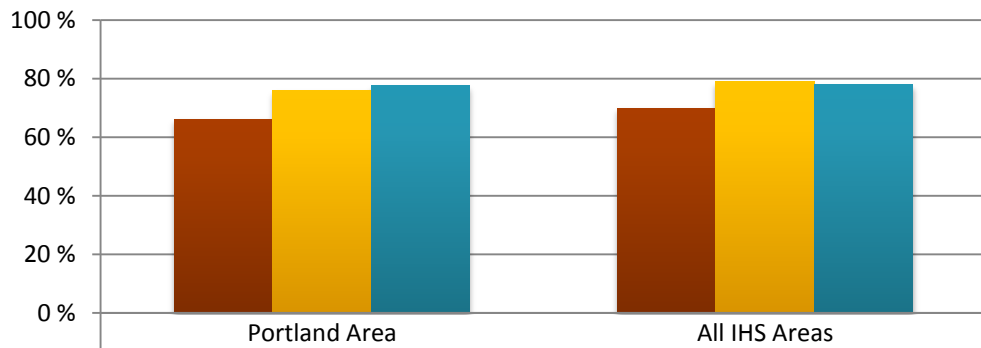
Portland Area (n=6832 patients)

All IHS Areas (n=115724 patients)

6832 sampled from 8004 active patients with diabetes (85%)

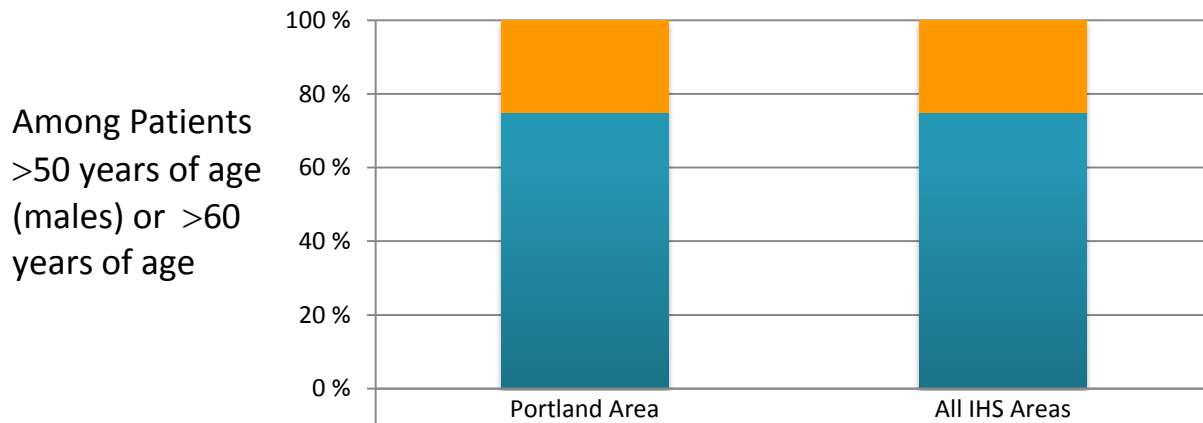
115724 sampled from 145611 active patients with diabetes (79%)

Ace Inhibitor (or ARB) Prescriptions



■	ACE or ARB Rx [overall]	66 %	70 %
■	As a % of pts with known hypertension	76 %	79 %
■	As a % of pts with elevated albuminuria	78 %	78 %

Anti-Platelet Therapy



■	ASA None (CVD dx)	25 %	25 %
■	Aspirin/Antiplatelet Prescription (CVD dx)	75 %	75 %

2014 Diabetes Audit: Dates of Service Calendar Year 2013

This information is for the following groups:

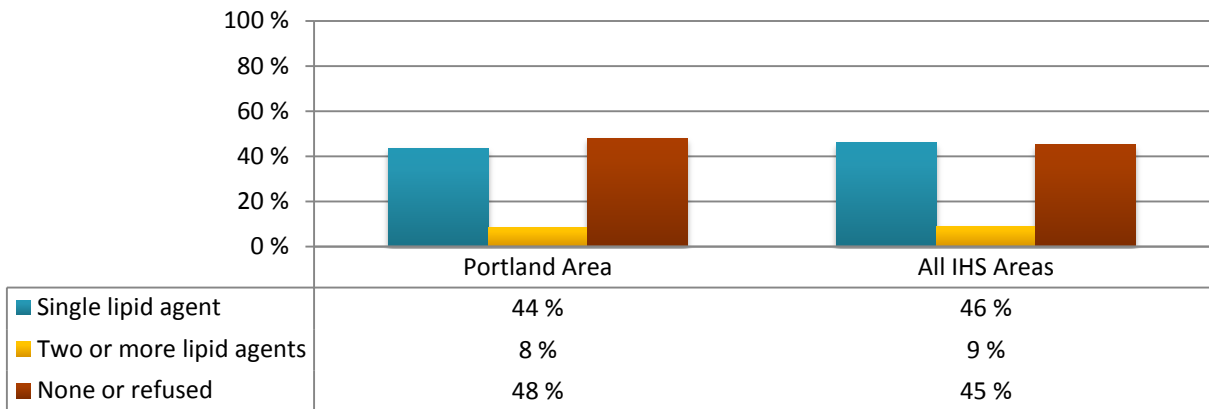
Portland Area (n=6832 patients)

All IHS Areas (n=115724 patients)

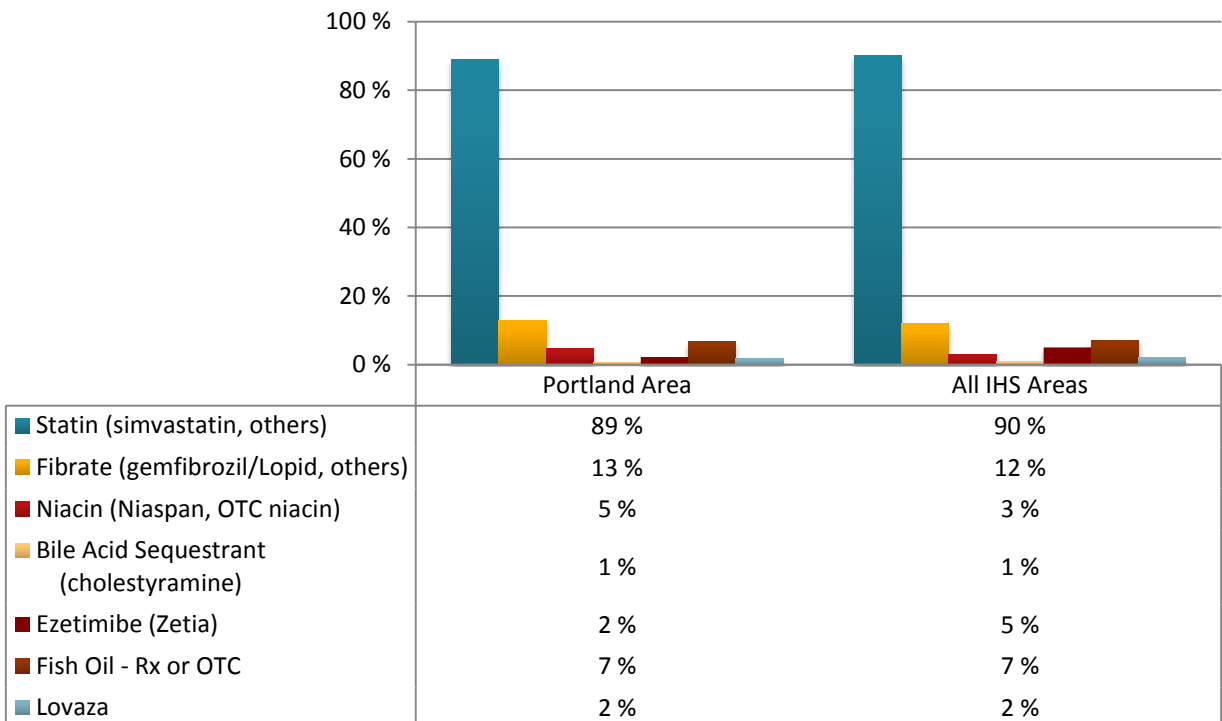
6832 sampled from 8004 active patients with diabetes (85%)

115724 sampled from 145611 active patients with diabetes (79%)

Lipid Lowering Agent Prescribed



Type of Lipid-Lowering Agent Prescribed



2014 Diabetes Audit: Dates of Service Calendar Year 2013

This information is for the following groups:

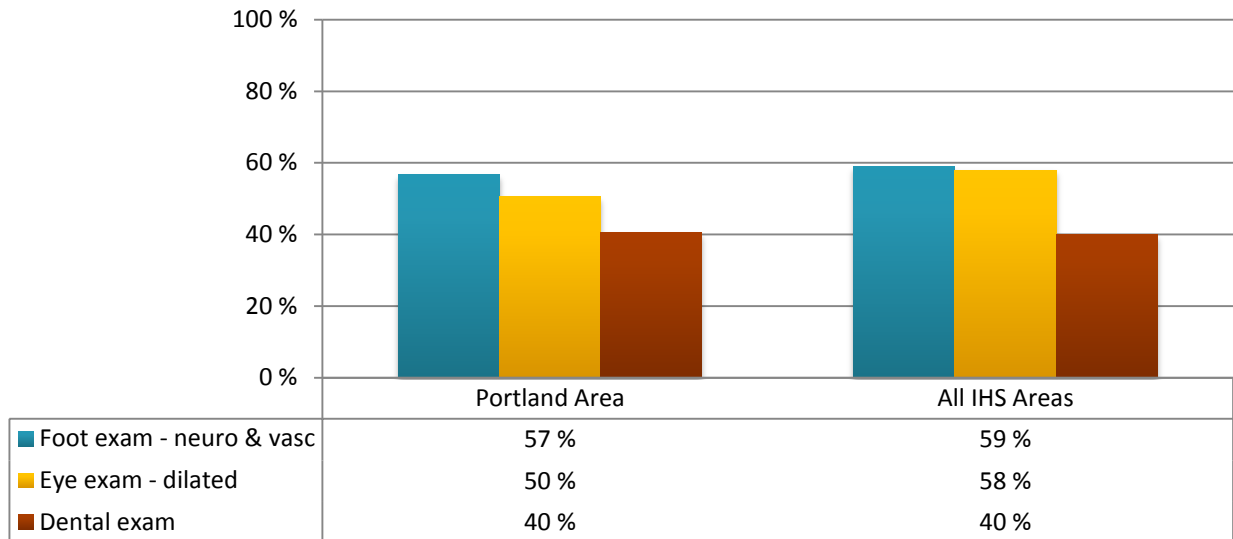
Portland Area (n=6832 patients)

All IHS Areas (n=115724 patients)

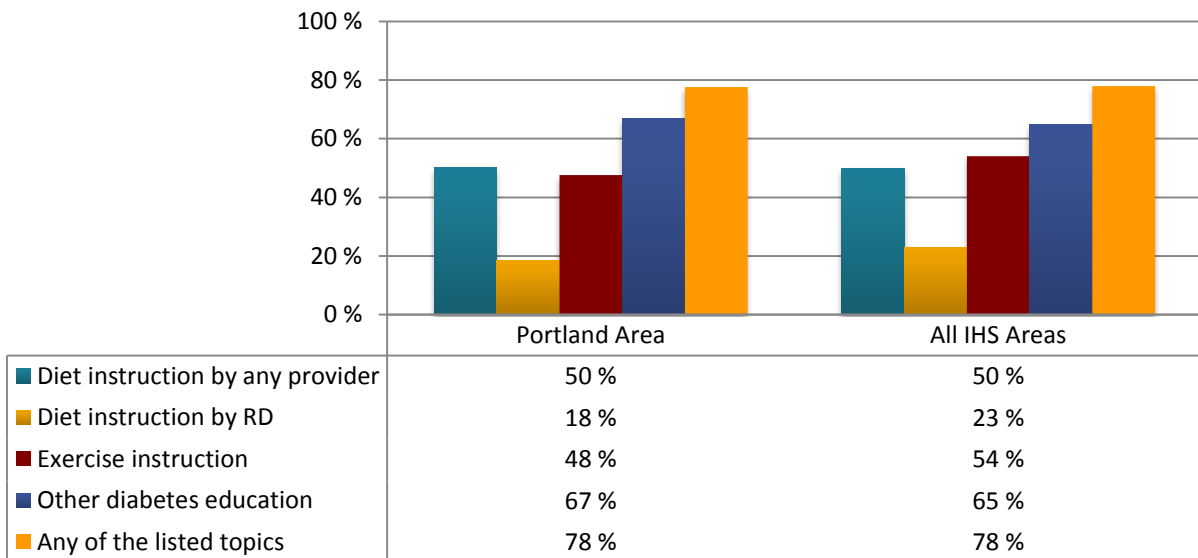
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Yearly Exams



Yearly Diabetes Education



2014 Diabetes Audit: Dates of Service Calendar Year 2013

This information is for the following groups:

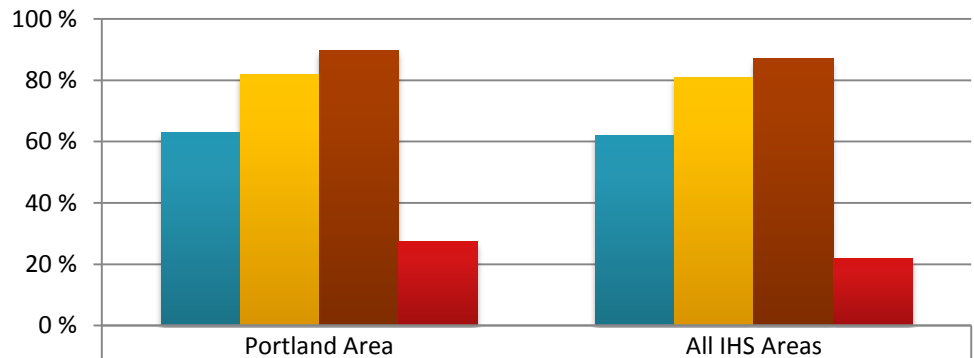
Portland Area (n=6832 patients)

All IHS Areas (n=115724 patients)

6832 sampled from 8004 active patients with diabetes (85%)

115724 sampled from 145611 active patients with diabetes (79%)

Immunizations



■ Flu Vaccine - yearly	63 %	62 %
■ Pneumovax - once	82 %	81 %
■ Tetanus/Diphtheria (q 10 yrs)	90 %	87 %
■ Hepatitis B series ever	27 %	22 %

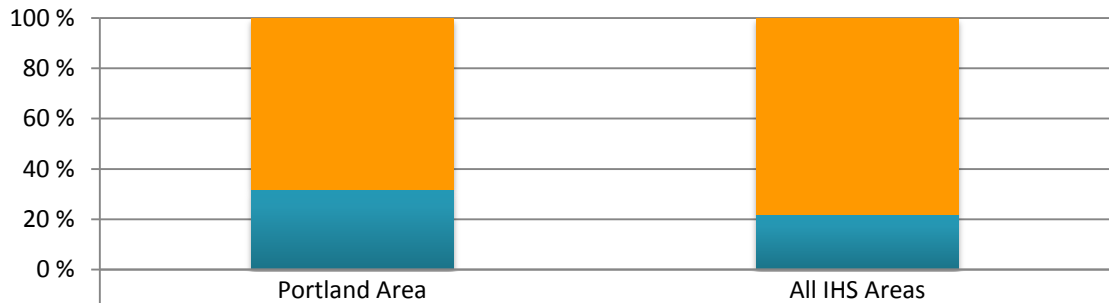
Portland Area

Flu Vaccine refused: 8%
 Pneumovax refused: 4%
 Tetanus/Diphtheria refused: 3%
 Hepatitis B series refused: 2%

All IHS Areas

Flu Vaccine refused: 8%
 Pneumovax refused: 3%
 Tetanus/Diphtheria refused: 2%
 Hepatitis B series refused: 1%

Depression Identified as Active Diagnosis



■ Depression No	68 %	78 %
■ Depression Yes	32 %	22 %

2014 Diabetes Audit: Dates of Service Calendar Year 2013

This information is for the following groups:

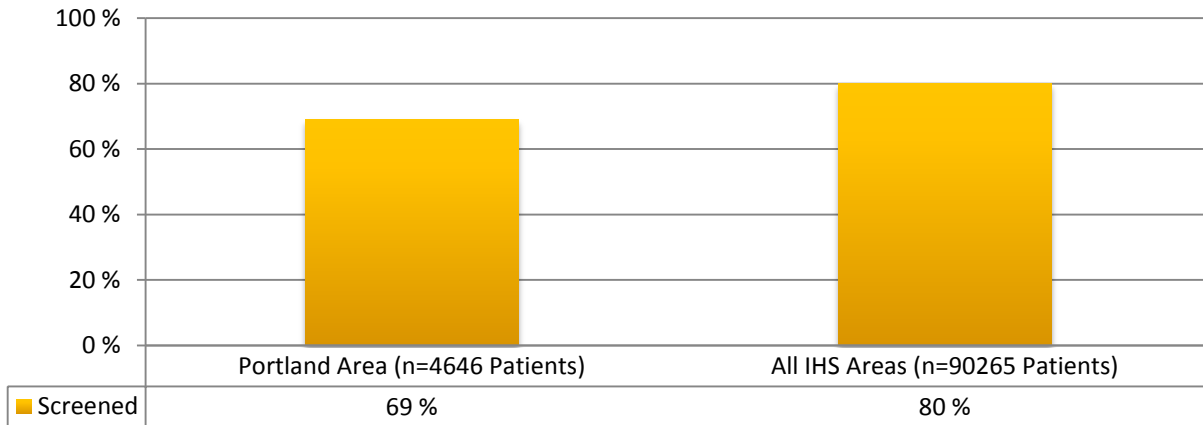
Portland Area (n=6832 patients)

All IHS Areas (n=115724 patients)

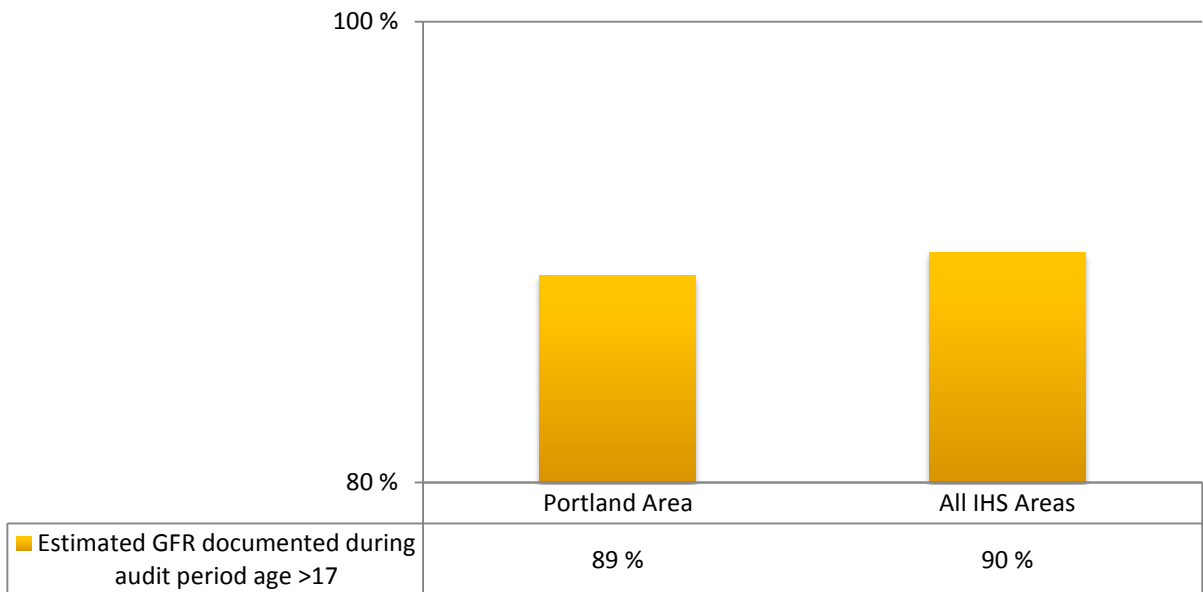
6832 sampled from 8004 active patients with diabetes (85%)

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Of Patients Without Active Depression Diagnosis, Proportion Screened for Depression in Past Year



Estimated GFR Testing



2014 Diabetes Audit: Dates of Service Calendar Year 2013

This information is for the following groups:

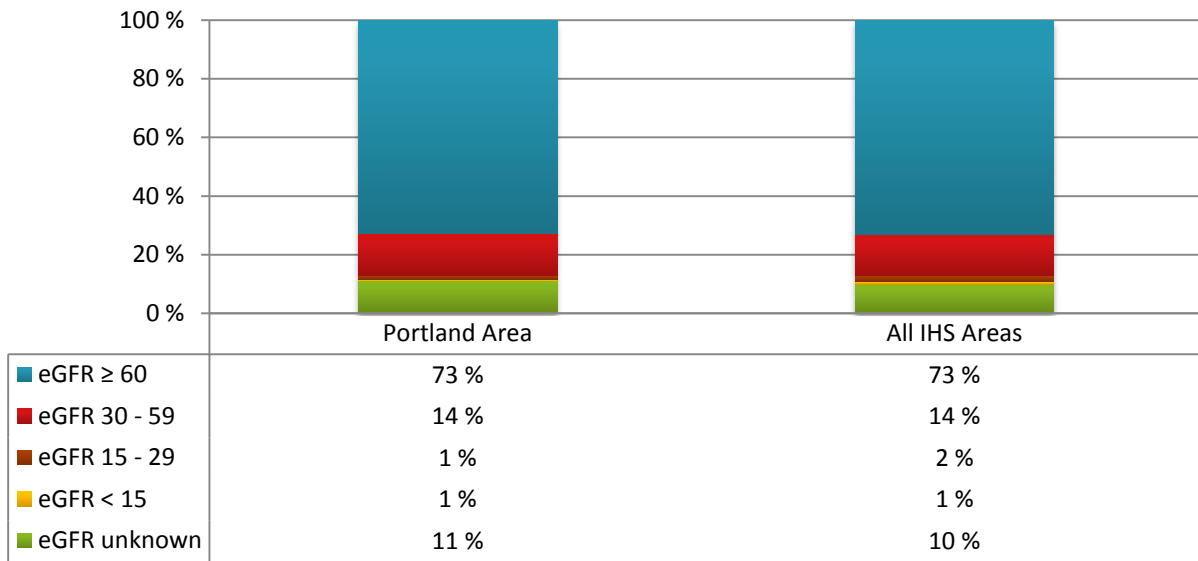
Portland Area (n=6832 patients)

All IHS Areas (n=115724 patients)

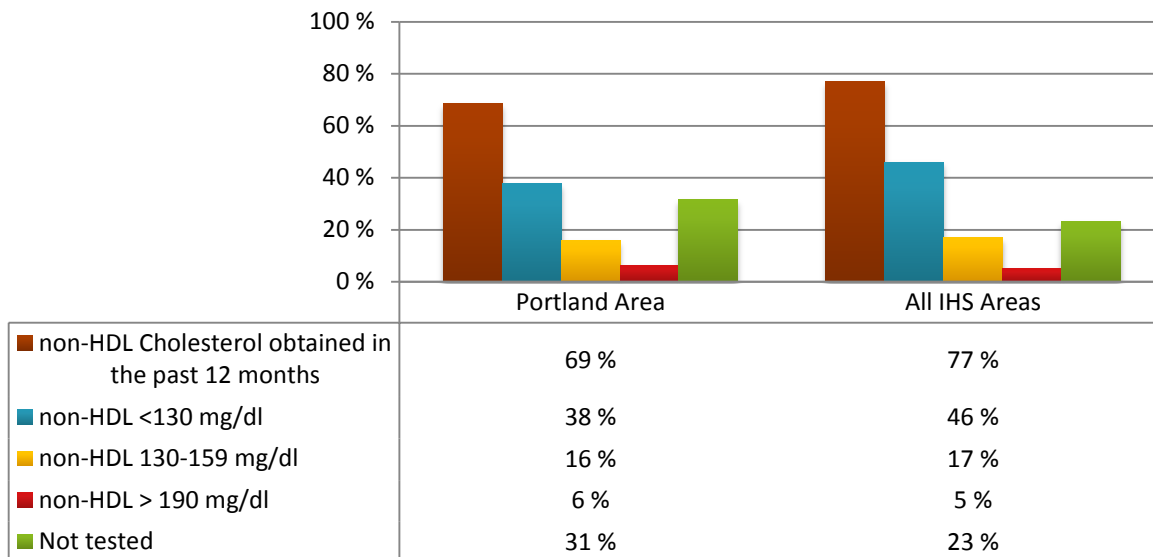
6832 sampled from 8004 active patients with diabetes (85%)

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Estimated GFR results



Non-HDL Cholesterol



2014 Diabetes Audit: Dates of Service Calendar Year 2013

This information is for the following groups:

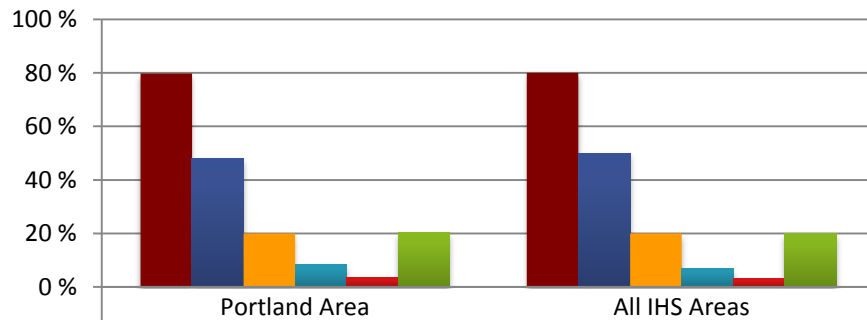
Portland Area (n=6832 patients)

All IHS Areas (n=115724 patients)

6832 sampled from 8004 active patients with diabetes (85%)

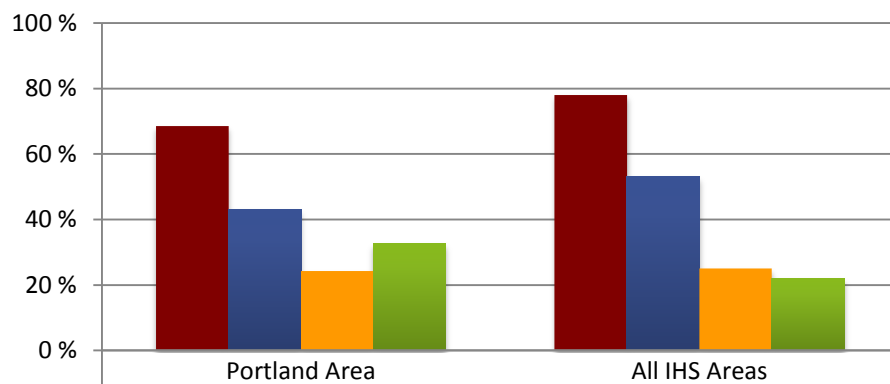
115724 sampled from 145611 active patients with diabetes (79%)

LDL Cholesterol



■ LDL obtained in the past 12 months	80 %	80 %
■ LDL <100 mg/dl	48 %	50 %
■ LDL 100-129 mg/dl	20 %	20 %
■ LDL 130-160 mg/dl	8 %	7 %
■ LDL >160	3 %	3 %
■ Not tested	20 %	20 %

HDL Cholesterol Females



■ HDL obtained in the past 12 months (all patients)	69 %	78 %
■ HDL ≤ 50 mg/dl	43 %	53 %
■ HDL > 50 mg/dl	24 %	25 %
■ HDL not done	33 %	22 %

2014 Diabetes Audit: Dates of Service Calendar Year 2013

This information is for the following groups:

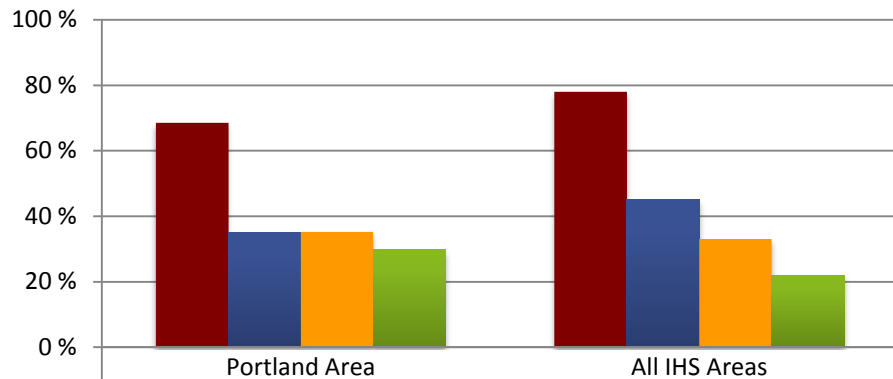
Portland Area (n=6832 patients)

All IHS Areas (n=115724 patients)

6832 sampled from 8004 active patients with diabetes (85%)

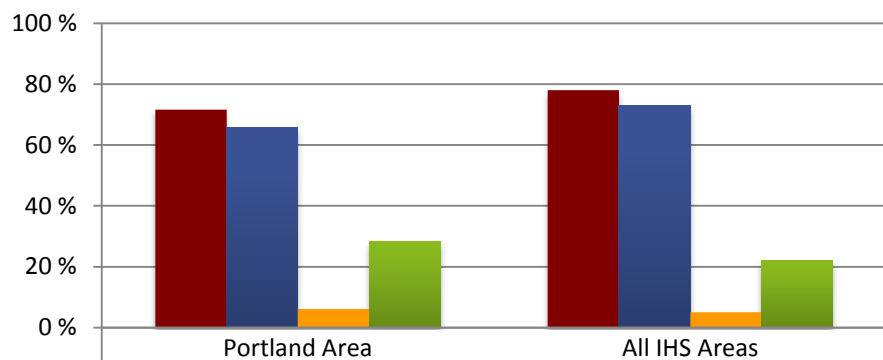
115724 sampled from 145611 active patients with diabetes (79%)

HDL Cholesterol Males



<div style="display: flex; align-items: center;"> <div style="width: 15px; height: 15px; background-color: #8B0000; margin-right: 5px;"></div> HDL obtained in the past 12 months (all patients) </div>	69 %	78 %
<div style="display: flex; align-items: center;"> <div style="width: 15px; height: 15px; background-color: #191970; margin-right: 5px;"></div> HDL ≤ 40 mg/dl </div>	35 %	45 %
<div style="display: flex; align-items: center;"> <div style="width: 15px; height: 15px; background-color: #FF8C00; margin-right: 5px;"></div> HDL > 40 mg/dl </div>	35 %	33 %
<div style="display: flex; align-items: center;"> <div style="width: 15px; height: 15px; background-color: #70AD47; margin-right: 5px;"></div> HDL not done </div>	30 %	22 %

Triglyceride Distribution



<div style="display: flex; align-items: center;"> <div style="width: 15px; height: 15px; background-color: #8B0000; margin-right: 5px;"></div> Triglycerides obtained in the past 12 months </div>	72 %	78 %
<div style="display: flex; align-items: center;"> <div style="width: 15px; height: 15px; background-color: #191970; margin-right: 5px;"></div> TG ≤ 400 mg/dl </div>	66 %	73 %
<div style="display: flex; align-items: center;"> <div style="width: 15px; height: 15px; background-color: #FF8C00; margin-right: 5px;"></div> TG > 400 mg/dl </div>	6 %	5 %
<div style="display: flex; align-items: center;"> <div style="width: 15px; height: 15px; background-color: #70AD47; margin-right: 5px;"></div> TG not tested </div>	28 %	22 %

2014 Diabetes Audit: Dates of Service Calendar Year 2013

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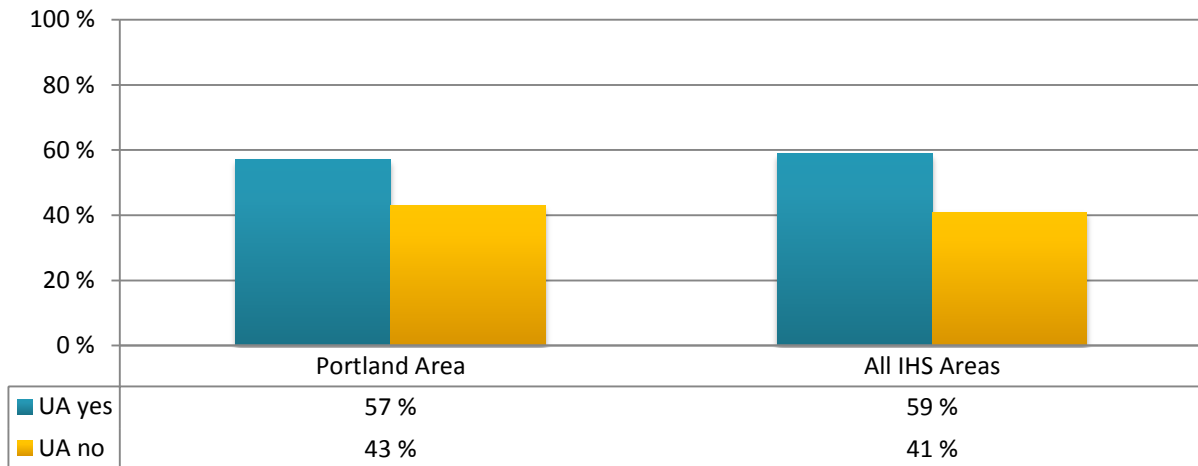
Portland Area (n=6832 patients)

All IHS Areas (n=115724 patients)

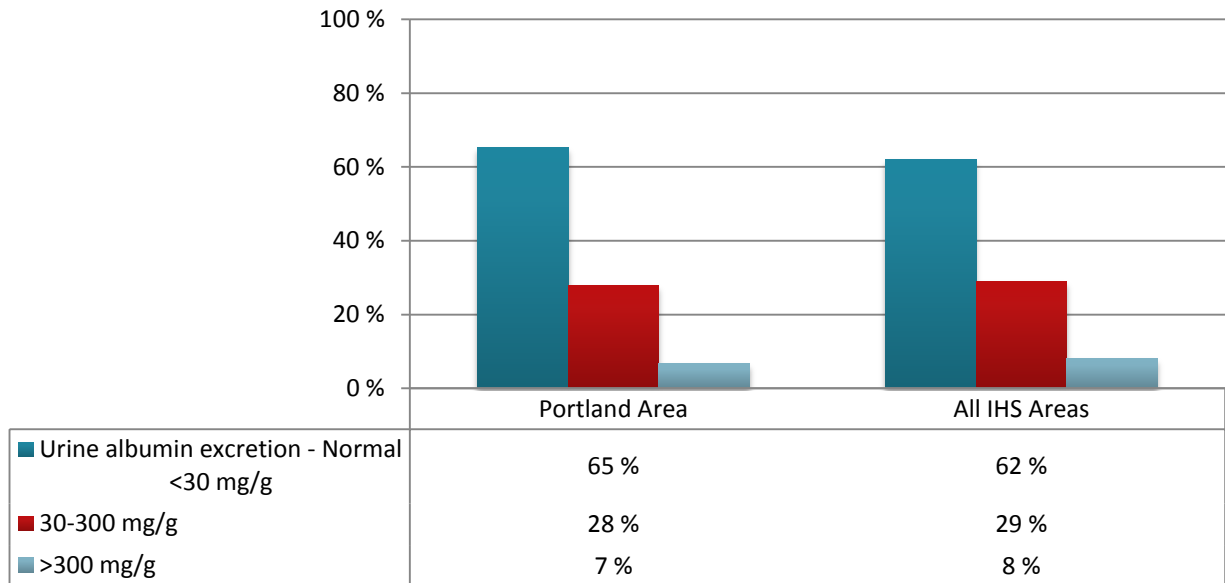
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Urinalysis Performed



Type of Urine Protein Testing



2014 Diabetes Audit: Dates of Service Calendar Year 2013

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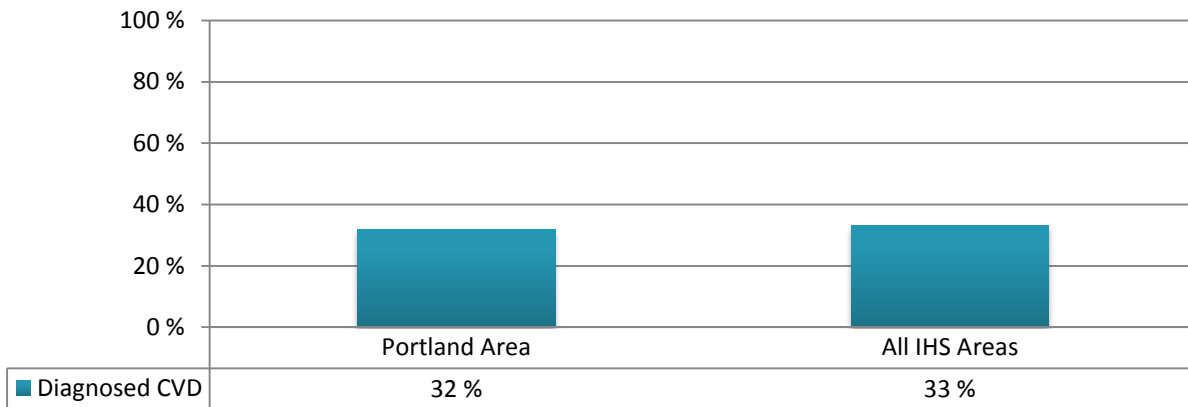
Portland Area (n=6832 patients)

All IHS Areas (n=115724 patients)

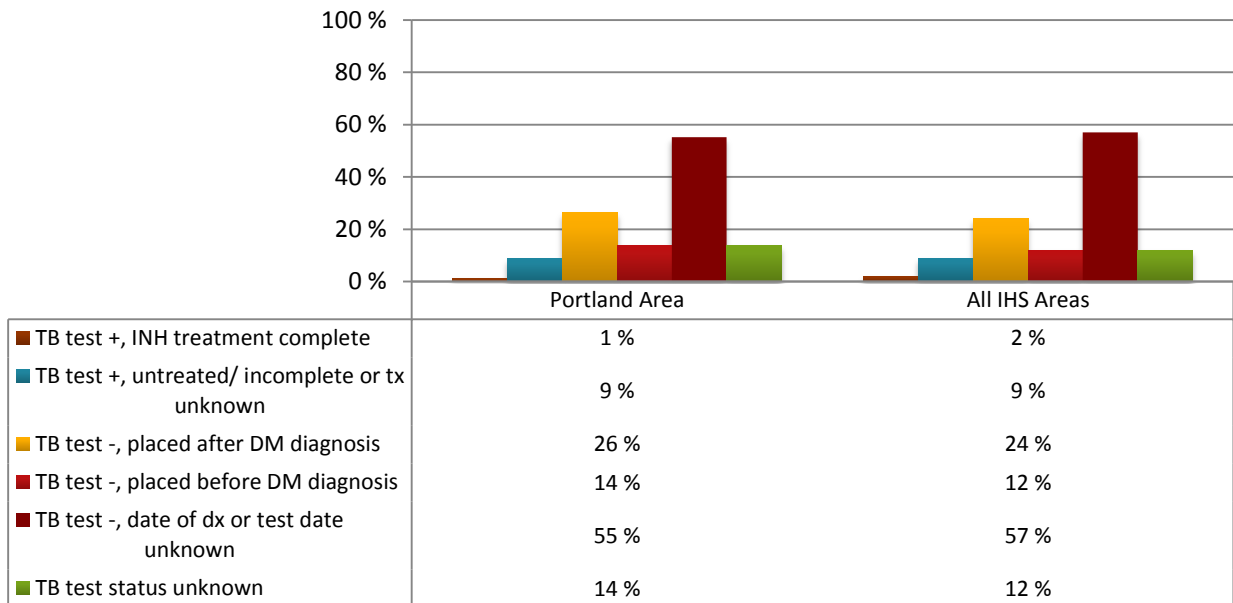
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Patients diagnosed with CVD



Tuberculosis Status



2014 Diabetes Audit: Dates of Service Calendar Year 2013

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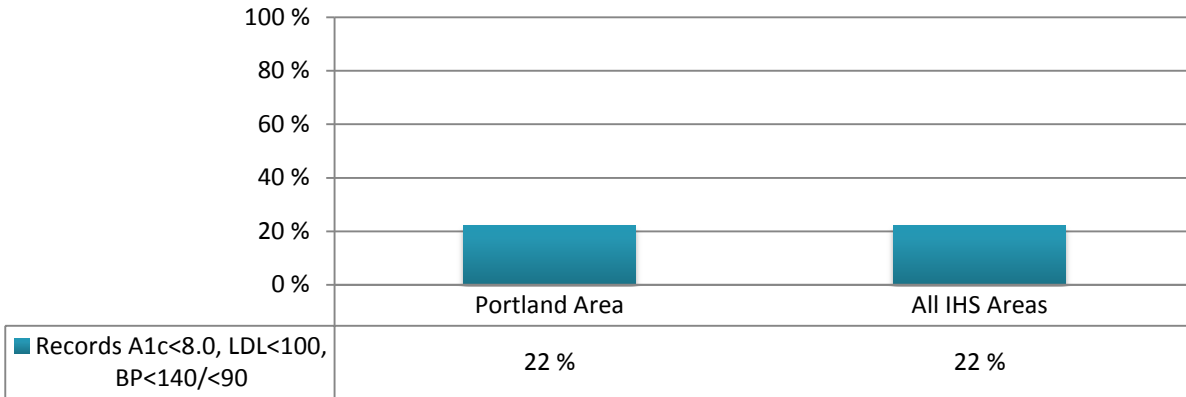
Portland Area (n=6832 patients)

All IHS Areas (n=115724 patients)

6832 sampled from 8004 active patients with diabetes (85%)

115724 sampled from 145611 active patients with diabetes (79%)

Records meeting ALL of the criteria: A1c < 8.0, LDL < 100, and mean BP <140/<90



Records with eGFR and quantitative protein test

