

Survey on Media Technology Use

Consent

You are being asked to participate in a survey research project that is being conducted by Stephanie Craig Rushing, a staff member at the Northwest Portland Area Indian Health Board and a student at Portland State University. The survey will take about 20 minutes to complete.

The information you provide will help us understand how Native teens and young adults most often use the internet, social networking sites, and cell phones. The information collected may not benefit you directly, but what we learn from this study will be used to improve the quality of health information available to young Natives living in Oregon, Washington, and Idaho.

This survey is anonymous. No one, including me, will be able to connect your responses to you.

Your participation is voluntary. You may choose not to take the survey, you may stop responding at any time, or you may skip any questions that you do not want to answer. Your completion of the survey serves as your voluntary agreement to participate in this research project. Questions about the purpose of the research can be directed to me, at 503-228-4185 or scraig@npaih.org.

This study has been reviewed by the Portland Area Indian Health Services' Institutional Review Board, a tribal committee that is responsible for protecting the rights and welfare of research participants and NW tribal members. If you have concerns or questions about your rights in this study, you may contact the IRB Coordinator at 503-416-3256 or chudson@npaih.org.

Instructions

Please circle your responses like this:

1. The sky is...

a. Yellow

b. Blue

Or check your responses like this:

	Often	Sometimes	Never	Don't Know
Happy		X		

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If you would like, you can tear off this cover sheet to keep.

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1. Are you male or female? (Circle one)

- a. Male
- b. Female

2. How old are you? _____ (years)

3. What state do you live in most of the time? (Circle one)

- a. Oregon
- b. Washington
- c. Idaho
- d. Other: _____

4. Most of the time, do you live in... (Circle one)

- a. A large urban area
 - like Portland or Salem
 - like Seattle, Tacoma, Bremerton, or Spokane
 - like Boise
- b. A more rural area
 - like eastern Oregon, central Washington, or the Olympic peninsula
- c. Other: _____

5. What is your race or ethnicity? (Circle all that apply)

- a. American Indian or Alaska Native
- b. Black or African American
- c. White or Caucasian
- d. Asian or Pacific Islander
- e. Hispanic / Latino
- f. Other: _____

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6. How often do you use the following technologies? (Check the appropriate boxes)

	Every day or Almost Every Day	A few times a Week	A few times a Month	Less Often	Never
a. Cell Phone					
b. Computer					
c. The Internet					
d. iPod or other MP3 player					
e. Game consoles like X-box, Playstation, or Wii					
f. Digital Camera					
g. Digital Camcorder					
h. Webcam					

7. Thinking about all the different ways that you socialize or communicate with your friends, about how often do you... (Check the appropriate boxes)

	Every day or Almost Every Day	A few times a Week	A few times a Month	Less Often	Never
a. Send text messages to each other (via cell phone)					
b. Send instant messages to each other (IM - via computer)					
c. Send email to each other					
d. Send messages through a social networking site like MySpace or Facebook					
e. Talk to each other on a cell phone					

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8. Do you: (Check the appropriate boxes)

	Yes	No	Don't Know
a. Have a profile on a social-networking site (like MySpace or Facebook)			
b. View other people's profiles/pictures posted on a social-networking site (like MySpace or Facebook)			
c. Write or update a personal blog			
d. Regularly read other people's personal blogs			
e. Send or receive pictures or videos on a cell phone			
f. Send or receive pictures or videos on a computer			
g. Post photos online where others can see them			
h. Post videos online (like on YouTube) where others can see them			
i. Watch TV shows online or on your MP3 Player/iPod			
j. Watch videos posted online (like on YouTube)			
k. Use the Internet to get news or information about movies, TV shows, music groups, or sports stars you are interested in			
l. Use the Internet to get news or information about current events or politics			
m. Use the Internet to get news or information about American Indian events, politics, culture, or your tribe			

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9. Thinking about text messages, about how many do you send and receive per day? (Circle one)

- a. No cell phone
- b. I have a cell phone, but I don't send text messages
- c. 1-10 messages
- d. 11-20 messages
- e. 21-40 messages
- f. 41-60 messages
- g. More than 60 messages per day

10. If you play video games, on average, about how much time do you spend playing per day? (Circle one)

- a. Never play
- b. Less than $\frac{1}{2}$ hour
- c. $\frac{1}{2}$ hour – 1 hour
- d. 1 hour – 2 hours
- e. 2 hours – 4 hours
- f. More than 4 hours

11. Do you play any *Massively Multiplayer Online Role Playing Games* (MMORPGs) like World of Warcraft, EverQuest, Second Life, Sims, Webkinz, or similar types of games? (Circle one)

- a. Yes
- b. No
- c. Don't know

If so, which do you play most often?

12. If you use the Internet, how much privacy do you usually have? (Circle one)

- a. It is *usually* private
- b. It is *sometimes* private
- c. It is *usually* not private

13. If you use the Internet, on average, about how much time do you spend online per day? (Circle one)

- a. Never use the Internet
- b. Less than $\frac{1}{2}$ hour
- c. $\frac{1}{2}$ hour – 1 hour
- d. 1 hour – 2 hours
- e. 2 hours – 4 hours
- f. More than 4 hours

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14. If you use the Internet, where do you go to access it? (Check the appropriate boxes)

	Once a week or more	Less than once a week	Never
a. Home			
b. Someone else's house			
c. School			
d. Tribal Center/Building			
e. A Library			
f. A cell phone			
Other locations (please specify):			

15. We would also like to know if you've ever searched the Internet or visited websites to get more information about health and wellness. Specifically, how many times have you looked for information online about...

(Check the appropriate boxes)

	Five or more times	Less than five times	Never	Don't Know
a. A specific illness or medical problem				
b. Diet, nutrition, exercise, or fitness				
c. Tobacco products				
d. Drugs or alcohol				
e. Depression, anxiety, stress, or suicide				
f. Sexual health, sexually transmitted infections (STDs), or HIV				
g. Dating				
h. Contraception or birth control				
i. Pregnancy				
j. Violence, sexual assault, or bullying				
k. Our bodies, body parts, or anatomy				
What websites or search engines do you use most often to find this information:				

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16. Which of the following resources would you feel most comfortable using to get more information about a sexual health topic like birth control, STDs, or pregnancy?

(Circle up to 4 preferences)

- a. Talking to a parent
- b. Talking to another trusted adult (aunt, uncle, teacher)
- c. Talking to a doctor, nurse, or health educator
- d. Talking to a friend or sibling
- e. Reading print materials (books, magazines, brochures, posters)
- f. Searching the Internet or visiting a website
- g. Text messaging an expert (via cell phone)
- h. Instant messaging an expert (via computer)
- i. Watching TV or a DVD
- j. Watching a video from a site like YouTube
- k. Downloading information to an iPod or MP3 player
- l. Playing a multiplayer role-playing game (using a fictional character or an avatar)
- m. Other: _____

17. If you were going to use the Internet to get more information about a sexual health topic (like birth control, STDs, or pregnancy), which of the following sites would you feel most comfortable visiting...

A website designed for: (Circle one)

- a. American Indian teens and young adults that only covered sexual health topics
- b. All teens and young adults that that only covered sexual health topics
- c. American Indian teens and young adults that covered a lot of different health topics
- d. All teens and young adults that covered a lot of different health topics

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18. If you were going to visit a webpage about health and wellness, what types of features would you like it to have?

(Circle all that apply)

- a. Instant messaging
- b. Blogs, message boards, or places to post and read personal stories
- c. An “ask the experts” section to get questions answered
- d. Numbers or statistics
- e. Video games
- f. Multiplayer role-playing games (with a fictional character or an avatar)
- g. Animations or Flash Player Technology
- h. Music or audio
- i. Videos
- j. Pictures
- k. Photos or videos of people who are the same age as you, going through the same types of life issues
- l. Native American graphics, symbols, and design
- m. Large fonts and bold colors
- n. Links to other websites
- o. Please describe any other features that you would like it to have:

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19. If you were going to visit a webpage about health and wellness for teens and young adults, what information would you like it to cover?

(Circle all that apply)

- | | |
|---|---|
| a. Current Events | n. Violence or Bullying |
| b. School and Academics | o. Tobacco Use |
| c. Physical Fitness and exercise | p. Drug and Alcohol Use |
| d. Weight and body image | q. Puberty (physical changes, periods, etc) |
| e. Nutrition | r. Dating and relationships |
| f. Diabetes | s. Virginitiy |
| g. Native American Culture, Stories, Values, or History | t. Male and Female body parts |
| h. Religion/Spiritual Beliefs | u. Sexual expression & sexual identity |
| i. Traditional Methods of Healing for American Indians and Alaska Natives | v. Pregnancy |
| j. Depression | w. Birth control and condoms |
| k. Stress | x. Sexually Transmitted Diseases (STD) and HIV/AIDS |
| l. Suicide | y. Sexual assault |
| m. Confidence and Self esteem | z. Please list any other topics that you would like to see or are interested in learning about: |

20. Which of the following best describes how you feel right now about sexual health: (Circle one)

- a. I currently do not think about any sexual health topics (like birth control, STDs, or pregnancy) – These topics are not important to me.
- b. I sometimes think about sexual health topics like birth control, STDs, or pregnancy – Someday I think I would like to learn more.
- c. I think about sexual health topics like birth control, STDs, or pregnancy – I would like to start getting more information right now.
- d. I recently started looking for more information about sexual health topics like birth control, STDs, or pregnancy – These topics are important to me and I'd like to learn more.
- e. I feel pretty confident that I know a lot about sexual health topics like birth control, STDs, or pregnancy – I don't really need to know much more right now.

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21. Do you ever converse with people that you've only met online (not in person) using email, IM, or chat rooms? (Circle one)
- Yes
 - No
 - Don't know
22. If you have an online profile (like on MySpace or Facebook), are you friends with anyone that you have not met in person (ie. people that you've only met online)? (Circle one)
- Yes
 - No
 - Don't know
23. If you have an online profile, how easy do you think it would be for someone visiting your profile to find out who you are, where you live, or where you go to school? (Circle one)
- It would be pretty easy
 - They would have to work at it, but they could figure it out eventually
 - It would be very difficult for someone to find out who I am from my profile
 - Don't Know
24. If you have an online profile, do you restrict access to your full profile so that only friends can view it? (Circle one)
- Yes
 - No
 - Don't know
25. Other than SPAM emails or advertisements, have you ever been contacted online by someone with no connection to you or any of your friends – a stranger? (Circle one)
- Yes
 - No
 - Don't know
26. If you have been contacted by a stranger online, has that contact ever made you feel scared or uncomfortable? (Circle one)
- Yes
 - No
 - Don't know

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For the remaining questions, it is important that you understand what we mean so that we can interpret your answers correctly. Please keep the following in mind as you read and answer each question:

Any time that we ask about **“sexy images – picture or video”** we are talking about sexually suggestive, intimate, or nude personal pictures or videos taken of someone (alone or by a friend). Some people call this “sexting.”

* **NOT** those found on the internet or received from a stranger (like spam or advertisements).

Any time we say **“sexy messages”** we are talking about sexually suggestive written personal texts, emails, IMs, etc.

* **NOT** those you might receive from a stranger (like spam or advertisements).

27. Which of the following, if any, have you *personally* ever done?

(Circle all that apply)

- a. I have received a sexy message from someone else (on email, IM, or text)
- b. I have sent a sexy message to someone else (using email, IM, or text)
- c. I have received a sexy picture or video from someone else (of himself/herself)
- d. I have sent a sexy picture or video of myself to someone else (via email, cell phone, etc.)
- e. I have received a sexually suggestive message on my online profile (like on MySpace or Facebook)
- f. I have posted a sexually suggestive message to someone else’s online profile (like on MySpace or Facebook)

28. If you have sent a sexy message, photo, or video of yourself to someone else, who did you send it to? (Circle all that apply)

- a. Boyfriend/Girlfriend
- b. Someone I had a crush on
- c. Someone I dated or hooked up with
- d. Someone I just met
- e. Someone I wanted to date or hook up with
- f. One or more good friends
- g. Someone I only knew online
- h. Other: _____

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29. How much do you agree or disagree with each of the following statements?

(Check the appropriate boxes)

	Strongly Disagree	Somewhat Disagree	Neither Agree nor Disagree	Somewhat Agree	Strongly Agree	Don't Know
a. There is pressure among people my age to post sexy pictures, videos, or messages in their online profiles						
b. People who exchange sexy messages or images are <u>more likely</u> to date or hook up in real life						
c. People who exchange sexy messages or images are <u>expected</u> to date or hook up in real life						
d. Sending sexually suggestive messages or images can have serious negative consequences						

Thank you for taking the time to complete this survey!

Your answers are completely anonymous and will be kept private.

Taken together, results from all of the surveys will be used to improve health services for Native Teens and Young Adults living in Oregon, Washington, and Idaho.