



Northwest Native Adolescent Health Alliance

Friday, October 1, 2010



Sponsored by the Northwest Portland Area Indian Health Board
Hosted by the Tulalip Tribes — Tulalip, WA

Tribal Introductions and Updates

The meeting in Tulalip, WA was attended by 17 people representing 8 NW Tribes.

Handout Attached: Meeting PowerPoint Slides

Participants included: Ann Dahl, Spokane Tribes; Steph Carpenter, Port Gamble S’Klallam Tribe (PGST) ASK program manager; Kelly Baze, PGST; Dennis Jones, PGST; Nellie Morning Owl Decker, Spokane Tribes; LaRee White, Spokane Tribes; Becky Fischer, Suquamish; Alison Bowen, Tulalip Tribes; June LaMarr, Tulalip Tribes; Daniel Felizardo, Puyallup Tribal Health Authority; Nevin McSpadden, Puyallup Tribal Health Authority; Shelley Wallace, Puyallup; Zekkethal Vargas-Thomas, Colville; Lucinda Ewing, Lummi Tribal Health; Hamen Ides, Lummi; Jim Straight, Samish; Benjamin Jojola, Samish; Colbie Van Eynde, NPAIHB Project THRIVE, and Stephanie Craig Rushing, NPAIHB Project Red Talon.

A few Tribal Prevention Highlights (many others were discussed):

Port Gamble S’Klallam Tribe (PGST) received a Drug Free Communities Grant, which focuses on making environmental changes related to drug and alcohol use. The tribe formed a coalition, created a “Take Back the Rez” media campaign, and passed a zero tolerance proclamation law for underage drinking and substance use. The tribe has created an anonymous tip line for drug and alcohol use, and new laws are being actively enforced. The community has been very involved with the process of creating and enacting new policies.

Samish Indian Tribe will be hosting a Gang Prevention training on October 15th.

Several of the NW tribes have been involved in recent SafeTalk and ASIST trainings for their staff and community members.

Tulalip is working with Volunteers of America to create policies and procedures for a new 24/7 Cell Phone Care Line. 4-5 therapists will rotate taking critical calls, and 10 volunteer/helpers will be trained to take less critical calls.

Spokane Tribes: The Indian Health Clinic, health services department, and schools are working together to implement the “Teen Screen” (suicide screening) program. It is being implemented for teen visits to the health clinic, and will be utilized once a year at the school. The Teen Screen program is a short questionnaire filled out by youth (in a clinic or school setting), which is then scored by a counselor. The screening questionnaire assesses for depression, suicidal thoughts, and other mental health conditions.

Project THRIVE Update: Northwest Substance Abuse Tribal Action Plan

Handout Attached: Updated Draft Action Plan for 2011-2015

Alliance attendees reviewed a draft of the Northwest Substance Abuse Tribal Action Plan and made suggestions for proposed goals and objectives. NPAIHB will continue to seek input and feedback on the plan at upcoming tribal meetings and trainings. A final draft will be reviewed at the January 18, 2010 Alliance meeting and shared with the 43 NPAIHB delegates during the January Quarterly Board Meeting.

Project THRIVE Update: Suicide Prevention Media Campaign

Handouts: Media Mockups (see pages 4-5)

Project THRIVE (Tribal Health: Reaching Out InVolves Everyone) has been working with G & G Media to create a logo, slogan, and suicide prevention media campaign for the NW Tribes. The slogan is "Community is the Healer that Breaks the Silence" and a picture of the logo is included (at right).



The campaign revolves around three murals that were completed by local Native artists. One mural was painted in each state: Coquille/Coos Bay, OR; Tulalip, WA; and Fort Hall, ID. The murals were photographed with live local "talent." The photos will be used for the campaign's posters and print ads. The photos are meant to show that NW youth have support around them from their community, and that communities must work together to break the silence that surrounds suicide.

Project Red Talon Update: Multimedia STD/HIV Prevention Strategy

This summer, Project Red Talon received several new grants that will allow it to implement a Multimedia STD/HIV Prevention Strategy targeting NW Native youth:

- Received \$655,000 for a media project with the National IHS HIV Program
- Received \$640,000 for *VOICES* adaptation from NARCH
- Received \$140,000 for *It's Your Game* adaptation from Texas PRC

Three new positions were announced, and closed on October 8th. Project announcements will be forthcoming.

Additional Information

For **SafeTALK** information please visit www.livingworks.net or contact Colbie Van Eynde (at cvaneynde@npaihb.org) or contact Sue Eastgard with the WA Youth Suicide Prevention Project (at suee@yspp.org) for specific trainer information or to request a community workshop.

Native STAND Video DVD's are available on "YouTube" as well as through Project Red Talon. If you would like a copy of this DVD please email Lisa Griggs at: lgriggs@npaihb.org.

To receive a copy of the **Native STAND healthy decision-making curricula**, please contact Scott Tulloch at the Indian Health Service:

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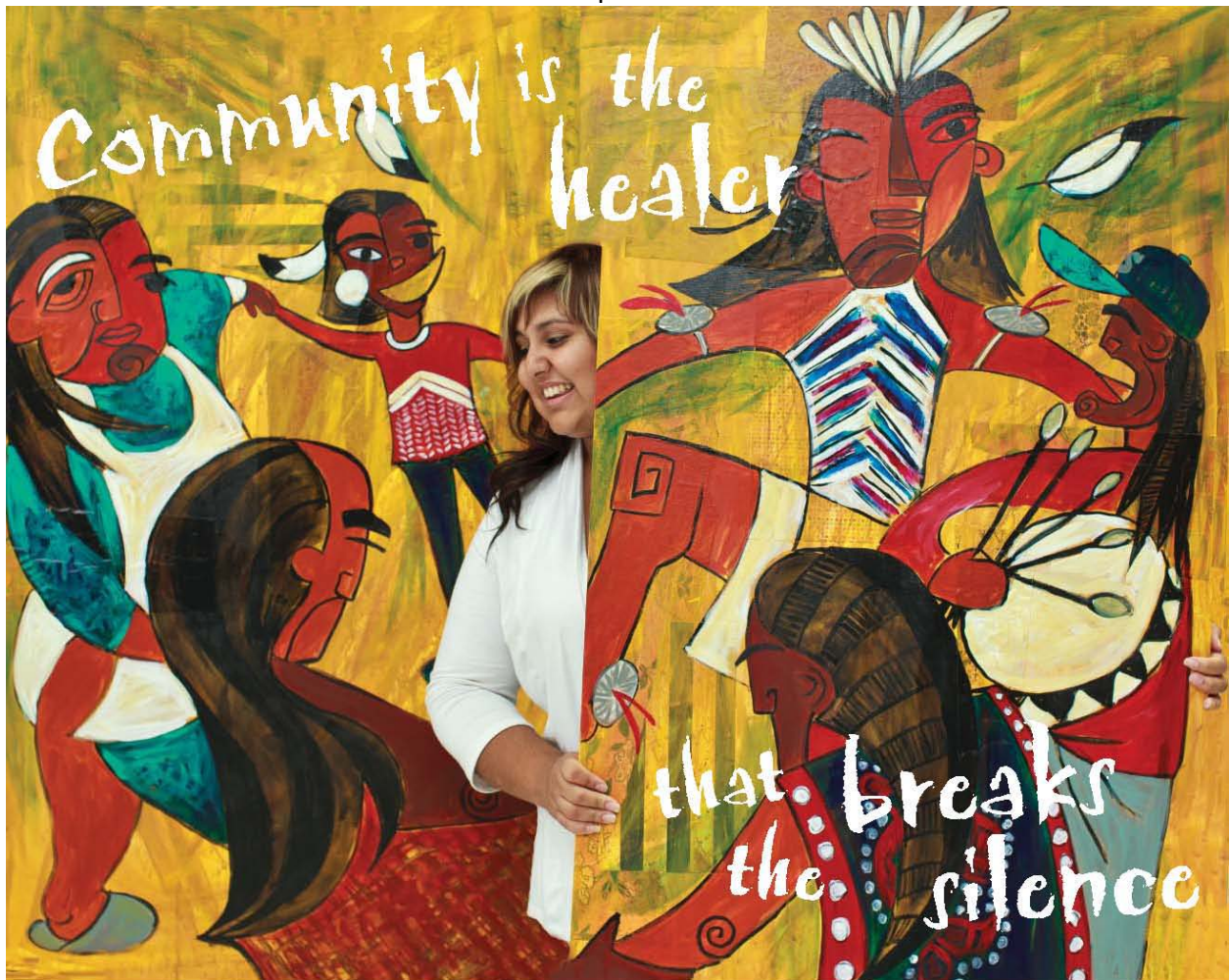


Coquille & Coos Bay Tribes



Shoshone Bannock Tribes

Tulalip Tribes



The history of Native American people has always represented unity and strength. We must continue on with this tradition and come together to help those in need.

Suicide has become a serious issue in Indian Country, but the causes for suicide are treatable and you can help. Learn more about the warning signs and how you are able to make a difference and help those in need.

For more information...



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