



8TH ANNUAL JOINING VOICES CONFERENCE

NATIVE AMERICAN PREVENTION PROGRAM SHARING

July 16-18, 2007 • Mahnomen, MN

Shooting Star Casino, Hotel & Event Center



U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES
Substance Abuse and Mental Health Services Administration
Center for Substance Abuse Prevention
www.samhsa.gov



CONFERENCE OVERVIEW

This 8th Annual Native American Prevention Program Sharing Conference provides both YOUTH and ADULT participants alike an opportunity to meet and learn about substance abuse prevention. The conference begins on the evening of July 16 with motivational speaker and comedian, JR Redwater. Breakout sessions, keynote speakers, talking circles and speaker panels on July 17 and 18 give participants opportunities to:

- Learn about specific prevention programs and strategies that are being implemented with Native American youth audiences.
- Learn about evidence-based programs, principles and practices.
- Talk with others who are interested in making prevention programs work efficiently and effectively.
- Strengthen a good path of life for youth.
- Strengthen connections among prevention programs throughout the Native American Nations.
- Prepare youth to become good elders.
- Learn about wellbriety programs and strategies for Native American youth.

You can't afford to miss this conference! The fee is only \$30 and up to **three youth** can attend for free with a paid adult.

CONFERENCE PLANNING COMMITTEE

JEFF BARWICK
Community Resource Center
Keshena, Wisconsin

BRITANY BUCKMAN
Youth Representative from
Wagner, South Dakota

MARLA BULL BEAR
Native American Advocacy
Program
Winner, South Dakota

SIMONE COURNOYER
Youth Representative from
Wagner, South Dakota

DENISE ESTEY LINDQUIST
Minnesota Department of
Human Services
St. Paul, Minnesota

JAMIE FAASEN
Ojibwe Substance Abuse Services
Mount Pleasant, Michigan

MEGAN GARCIA
Native American Advocacy
Program
Winner, South Dakota

WILMA HENRY
Elder Representative from
Michigan

JOHN JOHNSON
Ojibwe Substance Abuse Services
Mount Pleasant, Michigan

KRYSTIN JUAREZ
Youth Representative from
Red Lake Nation

MARK LOMURRAY
Outreach Services, Inc.
Bismarck, North Dakota

CYNTHIA MADIGAN
Minnesota Department of
Human Services
St. Paul, Minnesota

BETTY R. POITRA
Minnesota Department of
Human Services
St. Paul, Minnesota

MARIAN PRENTICE
Elder Representative from
Red Lake Nation

PATRICIA PRENTICE
Red Lake Nation Central CAPT Associate
Red Lake Nation

SHAWNIE RECHTENBAUGH
Division of Alcohol and
Drug Abuse
Pierre, South Dakota

ROBERT SMITH
Boys & Girls Club of the Yankton Sioux
Wagner, South Dakota

CHARLENE STANDING CLOUD
Elder Representative from
Wagner, South Dakota

ANTONIA TAMAYO
Youth Representative from
Winner, South Dakota

LINDSEY WESTBROOK
Youth Representative from
Red Lake Nation

CSAP's CENTRAL CAPT Staff

The planning committee would like to give a special thank you to the Minnesota Department of Human Services Chemical Health Division, American Indian Section for their generous support of this conference.

CONFERENCE AGENDA

MONDAY, JULY 16, 2007

- 6:30 p.m. – 7:00 p.m. Registration and Reception
- 7:00 p.m. – 8:30 p.m. Keynote - JR Redwater, Native American Comedian & Speaker, H2F Comedy Productions, Inc.

TUESDAY, JULY 17, 2007

- 7:30 a.m. – 8:30 a.m. Breakfast and Registration
- 8:00 a.m. – 4:30 p.m. Exhibit Booths Open
- 8:30 a.m. – 9:00 a.m. Traditional Opening Ceremonies/Prayer
Remarks by Director of Minnesota Department of Human Services, Chemical Health Division
- 9:00 a.m. – 9:30 a.m. Announcements and Energizer
- 9:30 a.m. – 10:45 a.m. Keynote - Clayton Small, Ph.D.
Native H.O.P.E. (Helping Our People Endure)
- 11:00 a.m. – 12:00 p.m. Breakout Session 1
- 12:00 p.m. – 1:30 p.m. Lunch
- 1:00 p.m. – 1:30 p.m. *Traditional vs Commercial Tobacco Use Youth Skit*
Joy Rivera & Lisa Skjefstke, Indigenous Peoples Task Force
- 1:30 p.m. – 2:30 p.m. Talking Circles & Elder/Youth Panel
- 2:45 p.m. – 4:00 p.m. Breakout Session 2
- 5:00 p.m. – 10:00 p.m. Transportation provided to Seven Clans Casino Waterpark – Thief River Falls
- 7:00 p.m. Social dancing for all attendees – Bring your regalia!

Breakout Session 1 11:00 am – 12:00 pm

Real Warriors Love

This session will show the difference between “thugship” and true akicita/warriorship. Once youth learn this important distinction, they will be able to move from self-esteem to self-actualization. The session can help youth to see that they have all of their virtues within them, but when they misuse their virtues, they become destructive.
Tony Goulet and Joe Brave Heart, Real Warriors Love
Room: Naytahwaush

Diabetes Prevention Strategies: It Takes a Community

This session will show how community-based programs can complement the work done in healthcare settings through education and empowerment that dispels medical myths and folklore. We will showcase several health education activities that lead to increased community awareness, health champions and viable statistics for administrative support.
Sally Van Cise and Sandra Chesebrough, Saginaw Chippewa Indian Tribe
Room: Pine Point

Bii Zin Da De Dah

(Listening to One Another)
Children and parents attending this session will learn about building strong Ojibwa families. The presenter will teach children about the ways alcohol and drugs harm themselves and their families. Parents will have the chance to learn about communicating effectively with their children.
Neily Anderson and Jane Ann Fox, White Earth Chemical Dependency
Room: Roy Lake

Wellbriety Movement of The Ojibwe

This presentation will showcase the grassroots efforts of the Wellbriety Movement of the Ojibwe that began in 2004 when 120 people from the White Earth, Red Lake, and Leech Lake reservations gathered for seven trainings from White Bison Inc. Participants will learn about the Wellbriety Movement and White Bison’s programs and the impact these programs have in our communities in Northern Minnesota. The session will also discuss coalition efforts.
Marlin Farley, Blackstone Consulting
Room: Callaway

Fostering Resiliency in Youth

Some children and teens possess personal resilience that helps them avoid alcohol, tobacco and other drugs. This presentation will help caring adults identify the factors that contribute to resilience. They will also learn how these factors can be promoted in schools and communities. (Dozens of concrete ideas for fostering resilience in children and teens will be shared.)

Kathy Asper, Asperations

Room: White Earth

Crossing the Line

Speakers will give personal testimony on the impact on their lives of the disease of compulsive gambling. They will relate how progressive stages changed their personalities. How they became powerless, and what might be done to prevent others from making poor choices.

Maxine Boswell, White Earth Reservation

Thelma Wang, Indian Child Welfare

Room: Rice Lake

Breakout Session 2

2:45 pm – 4:00 pm

Leech Lake's Winners

This session will be presented by a panel of Leech Lake youth who have been participating in aftercare programs, prevention programs including tobacco prevention, and mentorship opportunities. The panel will describe the program and answer questions about what works with youth.

Tracey Howg and Frances Sherer,

Leech Lake Youth Division

Room: Naytahwaush

Nurturing Knowledge and Growth through Cultural Balance

This presentation involves a medicine wheel teaching that includes the four races, four directions, four stages of life, four elements, and more. The seven grandfathers teaching on values is also included.

Wilma Henry, Elijah Elk Cultural Center

Brian Loney, Saginaw Chippewa Behavioral Health

Room: Pine Point

Using the Seven Sacred Teachings for Prevention

Participants will learn about the seven sacred teachings of life and how to use them and hoop dance in prevention to help their own Native American youth; raise self-esteem; and explain how their own hoops can be broken if one chooses to use and abuse chemical substances and/or break the law.

Monica Raphael and Samantha Callaway, Grand Traverse Band of Ottawa & Chippewa Indians

Room: Roy Lake

"Mino-Mikana" A Good Path Preventing Underage Drinking on the White Earth Reservation

This presentation will explore the damaging effects of underage drinking in tribal communities and will give participants information about the grassroots efforts to stop underage drinking on the White Earth Reservation. The session will also include a showing of the compelling new movie *Our Culture is Prevention*, which was produced on the White Earth Reservation.

Marlin Farley, Blackstone Consulting

Room: Callaway

How to Make a Native American Jingle Dress: Make and Take Session

Champion contest dancer and role model, Denise One Star (Oneida/Seneca) and Marla C. Bull Bear (Rosebud Reservation) offer their expertise as they help youth and adults make a tiny tot size jingle dress. Participants will design and produce a tiny tot size jingle dress. Groups will make and take the dress and pattern so that when they return home, they can share their skills with others. Denise will explain the history and stories of the jingle dress, and the meaning of designs, colors and styles.

Denise One Star, Reclaiming Futures-Sinte Gleska

Marla Bull Bear, Native American Advocacy Program

Room: White Earth

The Northern Plains Dance Bustle: History and How To

Traditional dancer, artisan and expert regalia maker, Steve Tamayo shares his knowledge of the different styles and history of the Northern Plains men's dance bustle. He will display several bustle styles. Participants will learn about the steps and processes required to complete a dance bustle and will create their own small replica dance bustle to take with them.

Steve Tamayo, Lakota Studies Department - Sinte Gleska University

Domingo Tamayo, SGU-Youth Volunteer/Traditional Dancer

Room: Rice Lake

REGISTER TODAY!

Register online at

<http://captus.samhsa.gov/central/joiningvoices.cfm>

or fax the completed registration form to
763-427-7841

or call 1-800-782-1878

CONFERENCE AGENDA

WEDNESDAY, JULY 18, 2007

8:30 a.m. – 9:00 a.m.	Breakfast
8:00 a.m. – 3:30 p.m.	Exhibit Booths Open
9:00 a.m. – 9:30 p.m.	Prayer and Announcements
9:30 a.m. – 10:30 p.m.	Keynote – To be announced
10:45 a.m. – 12:00 p.m.	Breakout Session 3
12:00 p.m. – 1:30 p.m.	Lunch
12:30 p.m. – 1:30 p.m.	<i>Dance Performance</i> Mino Biimaadziwin Youth Dance Company
1:45 p.m. – 3:00 p.m.	Breakout Session 4
3:00 p.m. – 4:00 p.m.	Closing and traveling song

Breakout Session 3 10:45 am – 12:00 pm

Native Dance, Your Way to a Healthy, Fit Lifestyle!

Champion contest dancers and role models, Denise One Star (Oneida/Seneca) and Mike One Star (Lakota) from the Two Strike Community of the Rosebud Reservation describe how youth and adults can use native dance as a health and fitness tool. They will also demonstrate basic steps of various dance categories and encourage audience participation. Come and “keep beat” while learning how to get in shape with native dance as both a good aerobic and cardio workout. Both dancers share their personal stories of how dance helps them stay fit and active and how it can be incorporated into a daily health program for people of any age. Mike offers his personal story of how dance gave him the stamina and strength to survive and recover from major heart surgery.
Mike One Star & Denise One Star, Reclaiming Futures
Room: Pine Point

Healing Through Guided Imagery

Through guided imagery, sacred stones, water, paper cups, music and verbal instruction, participants in this session will become aware of their values and beliefs. They will also learn about caring for their inner child and self, and about building boundaries.
Leanne Eagleman
Room: Roy Lake

North Dakota Tribal - Rural Mentoring Partnership

Participants will hear lessons learned from one of the nation’s largest tribal mentoring efforts. This program involves more than 500 youth in mentoring relationships based on traditional mentoring values. Also covered will be ways to recruit and sustain mentors in tribal communities in school, community, cultural or faith-based settings.
Lynette Dixon, Boys and Girls Club of the Mandan, Hidatsa, Arikara Nation
Room: White Earth

Intuitive vs. Intellectual Discovering an Old Balance

The presenters will use learning exercises, songs and singing to share spiritual stories and their importance. Traditional and contemporary exercises and songs will allow participants to learn to prepare their own spaces. Also discussed, will be the practice of keeping your environment physically and spiritually clean. We will examine positive thinking: intellectual-vs-intuitive Indians living in the 21st century while maintaining a balanced life. These are the essence of Pride Honor Dignity (P.H.D.), a cultural educational exchange program as a means of prevention.
Vernon Foster and Ashleigh Foster, Red Road Journeys
Room: Naytahwaush

Utilizing the Strategic Prevention Framework in Rural, Non-Reservation Tribal Areas

This session will explain how to effectively implement SAMHSA's Strategic Prevention Framework (SPF) in rural areas that have strong tribal influences. The presenter will utilize a historical approach of personal experiences as a prevention professional to help attendees examine potential implementation in their areas.

Levi Keehler, Cherokee Nation Behavioral Health
Room: Rice Lake

Boys & Girls Clubs of America's CLUBService Program (Youth Leadership)

CLUBService is the result of a partnership between Boys & Girls Clubs of America and the Corporation for National and Community Service (AmeriCorps), providing education awards to Club members and alumni ages 17-24 who serve their Clubs and communities in the areas of education assistance, projects, public safety, public service, membership development and youth mentoring. The program helps teens develop the personal skills necessary for successful employment training, leadership and responsibility in work situations. They will also learn the importance of having a proper work ethic. Members have opportunities to gain work, service volunteer, and community-service experience.

Robert Smith and Britany Buckman, Boys & Girls Club of the Yankton Sioux
Room: Callaway

Breakout Session 4 1:45 pm – 3:00 pm

The Meth Factor

Basic information on signs and symptoms of meth use and how to recognize children who may have been exposed, along with related medical concerns will be presented.

Darcy Jensen and Kevin Jensen, Prairie View Prevention Services
Room: Naytahwaush

Planning, Implementation and Evaluation of the Northern Plains Smoke-Free Homes Campaign

The Northern Plains Smoke-Free Homes Campaign utilizes a social marketing strategy to raise awareness of the dangers of secondhand smoke. Social marketing makes use of the media and mobilizes multiple tribal-based tobacco control stakeholders to provide community education.

Rooted in the traditional concept that children are sacred, the campaign has successfully recruited nearly 3,000 tribal members to pledge to maintain smoke-free homes and vehicles. This session will discuss the planning, implementation, and evaluation of this promising practice.

Favian Kennedy, Aberdeen Area Tribal Chairman Health Board
Kendra Red Shirt, Northern Plains Tobacco Prevention Project
Room: Pine Point

Inhalant Abuse

During this session, participants will increase their awareness of short and long term effects, physical symptoms and behavioral signs of inhalant abuse. The presenter will also suggest ways to prevent inhalant abuse.

Leanne Eagleman
Room: Roy Lake

Just Say No to the "Crabs in the Bucket"

The negative mindset of "Crabs in the Bucket" continues to plague native communities. For generations, this self-defeating attitude has kept our people down. Through the traditional custom of storytelling, this presentation will attempt to strengthen a good path for youth, and prepare them to become good elders.

Devery Fairbanks, Leech Lake Tribal College
Room: Rice Lake

Evaluation: Guiding the Development of Prevention Infrastructure

The presenter will discuss the Great Lakes Inter-Tribal Council project goals for building infrastructure and capacity to better prevent substance abuse in the communities it serves. The presentation will feature a discussion of how the project will be evaluated.

TBN, PIRE
Room: Callaway

Passport to Manhood

A partnership between the University of South Dakota and the Boys & Girls Club of the Yankton Sioux helps young Native American boys make the passage from boyhood to manhood. Designed for boys ages 9 to 14, *Passport to Manhood* addresses the critical issues faced by participants including: ethics, decision making, wellness, fatherhood, employment and careers, cooperation and conflict, diversity, relationships and self-esteem. Grants from the Dakota Indian Foundation and the South Dakota Council of the Arts enabled the addition of cultural activities to the program. The *Passport to Manhood* drum group "Morning Star Singers" has performed at several community functions. Last year, they: attended the Sioux Falls School District's Annual powwow and awards banquet; drummed for Governor Mike Rounds at the Wagner Community School's preschool opening ceremony; and performed at the school's Native American Day celebration.

Aaron Poor Bear and Jerome Kills Small, University of South Dakota
Room: White Earth

Youth Breakout Session Information

TUESDAY, JULY 17, 2007

11:00 a.m. – 12:00 p.m. Youth Breakout Session 1

Native Youth Resiliency - Nothing About Me Without Me!

Marla C. Bull Bear, M.A., Director of the Native American Advocacy Program, an accredited prevention services provider in South Dakota, will facilitate strengths – focused youth planning activities whereby youth participants identify their own strengths as well as those of their community and their tribal nation. They will examine how to channel those strengths to meet youth needs and address the issues they identify. This session will include focused, interactive processes and, by the end of the conference, will have written outcome summaries for the youth to share with their respective groups when they go home. To ensure that youth perspectives remain the focus, this session is open to youth only.

*Marla Bull Bear and Megan Garcia,
Native American Advocacy Program*

Room: Ogema/Waubun

2:45 p.m. – 4:00 p.m. Youth Breakout Session 2

It's No Mystery: Rez Inc. (Tobacco Unleashed)

Join the Rez Crew and help solve the mystery of the missing seema (tobacco). This interactive, youth program provides an entertaining combination of clue gathering, suspect questioning, and mystery solving rez-style. It will offer insights for enhancing communication skills while teaching the traditional uses of seema (tobacco). Participants will identify the causes of death, examine clues, and explore the ways people are exposed to tobacco. They will be prepared with effective skills for countering peer pressure and identifying forces that influence young people to misuse traditional tobacco.

*Mary Heintzelman and Leah Markel,
Saginaw Chippewa Indian Tribe*

Room: Ogema/Waubun

WEDNESDAY, JULY 18, 2007

10:45 a.m. – 12:00 p.m. Youth Breakout Session 3

The Game of Drinks, Drugs, Choices (Wheel of Misfortune)

The Wheel of Misfortune game informs players of the physical, mental, and emotional effects that alcohol, tobacco and other drugs can have on a person's life. Attend this session to get the facts regarding real-life consequences of your choices and those of others and to find out how you can help yourself or someone else who is abusing substances.

*Gwen Alwood and Jennifer Crawford,
Saginaw Chippewa Tribe*

Room: Ogema/Waubun

1:45 p.m. – 3:00 p.m. Youth Breakout Session 4

Minobimaadiziwin: Medicine Wheel Teachings for Living the Good Life

Each youth will make a Medicine Wheel while learning Medicine Wheel teachings, cultural values and Ojibwe language. Utilizing puppets and skit activities, information will be given on family and dating violence, sexual harassment and healthy lifestyle choices.

*Marcia Kitto and Julian Kitto,
Fond du Lac Human Services*

Room: Ogema/Waubun

HOTEL LODGING

If you need overnight accommodations, please contact the Shooting Star Casino, Hotel & Event Center directly and be sure to ask for the **Native American Program Sharing Conference** group rate. To secure these rates (\$49/night + tax), reservations must be made by July 2, 2007.

Shooting Star Casino, Hotel & Event Center
777 Casino Lane
Mahnomon, MN 56557-7902
1-800-453-7827

DIRECTIONS

94 (East or West)

- From Hwy 94 Take 59 North
- Follow approx. 79 miles North to Shooting Star Casino
- The Casino, Hotel & Event Center will be on the left side as you drive in to Mahnomon

2 (East or West)

- From Hwy 2 Take 59 South
- Follow approx. 79 miles South to Shooting Star Casino
- The Casino, Hotel & Event Center will be on the right side as you drive in to Mahnomon

CHAPERONES

As you attend the annual Joining Voices Conference, it is important to review some guidelines regarding chaperone responsibilities and youth supervision over the three-day event. As chaperones, you are required to supervise youth participants and monitor their attendance. The chaperone requirement for all activities is one adult per three youth attending.

Summary of Chaperone expectations:

- Manage the whereabouts of the young men and women who arrived with their group.
- Be familiar with the conference schedule; youth may need direction and/or assistance with choosing appropriate activities.
- All youth and chaperones are to arrive and leave as a group.
- Attend and chaperone group's youth at Seven Clans Casino Waterpark and/or PowWow.
- Make certain that no youth (under 18) are on the Shooting Star Casino floor without a guardian.

REGISTRATION FORM - Separate registration forms need to be completed for each participant

- ▶ There is a \$30 fee to attend this conference. Up to three youth attending with one paid adult will have their conference fee waived.
- ▶ There is a \$45 fee to exhibit at this conference (meals and participant materials included). There is a \$30 fee for each additional exhibitor.
- ▶ To register for this conference, please fill out the form below and return it to Sarah Carsello no later than **June 29, 2007**.

A registration refund will be issued if written cancellation is received on or before June 29, 2007. Fees are nonrefundable after this date but registration can be transferred to another person. No confirmations will be sent.

Name (please print)

Organization

Address

City/State/Zip

Day Phone

E-mail

Special Needs (meals, accessibility, etc.)

Check here if you will be bringing your tribal flag

Tribal affiliation

ETHNICITY - mark one (optional)

- Hispanic or Latino Not Hispanic or Latino

RACE - mark one or more (optional)

- American Indian or Alaska Native
 Asian
 Black or African American
 Native Hawaiian or other Pacific Islander
 White

PRIMARY AFFILIATION/REPRESENTATION

Which **one** of the following best describes your primary affiliation?

- | | |
|--|--|
| <input type="checkbox"/> Single State Agency/ATOD | <input type="checkbox"/> Cooperative Extension |
| <input type="checkbox"/> Business | <input type="checkbox"/> Education - K-12 |
| <input type="checkbox"/> Media | <input type="checkbox"/> Education - Higher Ed. |
| <input type="checkbox"/> Criminal Justice | <input type="checkbox"/> Faith Community |
| <input type="checkbox"/> Prevention Program/Org. | <input type="checkbox"/> Health Care Provider |
| <input type="checkbox"/> Military | <input type="checkbox"/> Public Health Agency |
| <input type="checkbox"/> Mental Health Provider | <input type="checkbox"/> Substance Abuse Treatment |
| <input type="checkbox"/> Welfare Agency | <input type="checkbox"/> Other Social Services |
| <input type="checkbox"/> Other Govt. Agency/
Elected Official | <input type="checkbox"/> Youth Representative |
| | <input type="checkbox"/> Other: _____ |

ATTENDANCE: - mark one (required)

- Adult (\$30)
 Youth - Name of adult (your chaperone): _____
 Exhibitor (\$45)
 Second Exhibitor (\$30)

Days attending the conference (required):

- July 16th July 17th July 18th

Tuesday's optional activity you would like to participate in:
Seven Clans Casino Waterpark (waterpark price approx \$10)

- Yes, free shuttle to waterpark
 No shuttle, but will be going to waterpark
 Not attending

PAYMENT METHOD

- Enclosed is my check payable to CSAP's Central CAPT
 Charge Card: Visa Mastercard

Card # _____ Exp. Date: _____

Name (exactly as on card): _____

Address (exactly as on card): _____

Signature: _____

MAIL Native American Prevention Program Sharing Conference, 2720 Hwy 10 NE, Mounds View, MN 55112-4092

ONLINE <http://captus.samhsa.gov/central/joiningvoices.cfm>

PHONE 800-782-1878

FAX 763-427-7841

The 8th Annual Native American Prevention Program Sharing Conference may be audio recorded and/or video recorded by members of the conference planning committee. Registration and attendance of each participant of this conference acknowledges that as a participant you willingly give your permission to be video and/or audio recorded, and that the recordings are the property of the conference planning committee, the Minnesota Institute of Public Health, CSAP's Central CAPT and the Minnesota Department of Human Services.